



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

evaluación detallada

Künstner, Jörn

Asociación: LG Mauerweg Berlin e.V.

Dorsal: 126

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M45 (45-49 Jahre)

tiempo total: 18:24:32

velocidad: 8.75 km/h

rendimiento en carrera: 6:49 min/km

posición en el recorrido/Total: 12 (de 319)

posición en el recorrido/Men: 11 (de 257)

mejor tiempo del recorrido: 15:20:48

posición en la categoría: 6(de 59)

mejor tiempo en la categoría: 17:12:46

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total | | | | | | | |
|---------------------|-------------|-----------------|------------------------|---------|----------|---------|-------|--------|----------|------|----|---------|----|----------|
| | | | | retraso | posición | retraso | km | tiempo | min/km | | | | | |
| VP1 - Brandenbu | 7.30 | 44:08 | 6:02 | 14 | 9:17 | 48 | 10:51 | 7.30 | 44:08 | 6:02 | 14 | 9:17 | 48 | 10:51 |
| VP2 - East Side C | 6.46 | 36:39 | 5:40 | 6 | 6:33 | 22 | 6:33 | 13.76 | 1:20:47 | 5:52 | 11 | 15:43 | 41 | 17:09 |
| VP3 - Dammweg | 5.90 | 35:09 | 5:57 | 11 | 7:34 | 47 | 7:34 | 19.66 | 1:55:56 | 5:53 | 12 | 23:15 | 46 | 23:15 |
| VP4 - Johannisth | 5.64 | 33:03 | 5:51 | 8 | 6:28 | 36 | 6:28 | 25.30 | 2:28:59 | 5:53 | 10 | 29:43 | 43 | 29:43 |
| VP5 - U-Bahnhof | 5.90 | 36:16 | 6:08 | 10 | 7:22 | 41 | 7:22 | 31.20 | 3:05:15 | 5:56 | 10 | 36:43 | 42 | 36:43 |
| VP6 - Buckow | 4.92 | 30:55 | 6:17 | 12 | 6:17 | 43 | 6:17 | 36.12 | 3:36:10 | 5:59 | 9 | 43:00 | 42 | 43:00 |
| VP7 - Kirchhainer | 6.17 | 38:19 | 6:12 | 9 | 7:15 | 30 | 7:15 | 42.29 | 4:14:29 | 6:01 | 9 | 50:15 | 40 | 50:15 |
| VP8 - Lichtenradi | 4.37 | 26:13 | 5:59 | 6 | 4:08 | 24 | 4:08 | 46.66 | 4:40:42 | 6:00 | 6 | 54:23 | 31 | 54:23 |
| VP9 - Osdorfer St | 5.71 | 33:47 | 5:54 | 8 | 4:15 | 26 | 4:15 | 52.37 | 5:14:29 | 6:00 | 7 | 58:38 | 32 | 58:38 |
| VP10 - Sportplatz | 6.50 | 41:51 | 6:26 | 5 | 7:01 | 17 | 7:01 | 58.87 | 5:56:20 | 6:03 | 5 | 1:05:39 | 24 | 1:05:39 |
| VP11 - Königsw | 6.22 | 1:00:36 | 9:44 | 41 | 25:31 | 173 | 26:26 | 65.09 | 6:56:56 | 6:24 | 10 | 1:24:43 | 37 | 1:24:43 |
| VP12 - Gedenkst | 6.85 | 45:44 | 6:40 | 6 | 5:11 | 18 | 7:21 | 71.94 | 7:42:40 | 6:25 | 7 | 1:27:55 | 28 | 1:27:55 |
| VP13 - Brauhaus | 6.88 | 45:07 | 6:33 | 3 | 2:38 | 11 | 6:27 | 78.82 | 8:27:47 | 6:26 | 7 | 1:29:22 | 27 | 1:29:22 |
| VP14 - Revierförs | 5.70 | 38:18 | 6:43 | 2 | 3:58 | 6 | 6:14 | 84.52 | 9:06:05 | 6:27 | 7 | 1:33:20 | 24 | 1:33:20 |
| VP15 - Schloss S | 6.24 | 44:52 | 7:11 | 4 | 5:38 | 12 | 8:21 | 90.76 | 9:50:57 | 6:30 | 7 | 1:38:58 | 21 | 1:38:58 |
| VP16 - Pagel & Fi | 7.60 | 1:00:54 | 8:00 | 11 | 12:41 | 34 | 17:11 | 98.36 | 10:51:51 | 6:37 | 7 | 1:51:39 | 22 | 1:51:39 |
| VP17 - Karolinenl | 4.91 | 32:59 | 6:43 | 3 | 1:18 | 8 | 4:32 | 103.27 | 11:24:50 | 6:37 | 7 | 1:51:41 | 21 | 1:53:15 |
| VP18 - Falkensee | 6.60 | 46:19 | 7:01 | 4 | 3:48 | 13 | 7:57 | 109.87 | 12:11:09 | 6:39 | 7 | 1:51:11 | 20 | 2:00:14 |
| VP19 - Schönwal | 5.95 | 45:21 | 7:37 | 7 | 7:10 | 18 | 10:05 | 115.82 | 12:56:30 | 6:42 | 7 | 1:54:33 | 19 | 2:10:19 |
| VP20 - Grenzturn | 7.60 | 57:20 | 7:32 | 6 | 10:19 | 15 | 14:09 | 123.42 | 13:53:50 | 6:45 | 6 | 1:55:58 | 19 | 2:24:28 |
| VP21 - Ruderclub | 4.78 | 36:08 | 7:33 | 6 | 3:38 | 12 | 8:53 | 128.20 | 14:29:58 | 6:47 | 6 | 1:53:43 | 18 | 2:33:21 |
| VP22 - Frohnau | 4.07 | 27:11 | 6:40 | 2 | 0:02 | 5 | 2:42 | 132.27 | 14:57:09 | 6:46 | 6 | 1:52:33 | 16 | 2:35:57 |
| VP23 - Naturschu | 6.61 | 46:51 | 7:05 | 2 | 0:06 | 7 | 7:12 | 138.88 | 15:44:00 | 6:47 | 6 | 1:50:45 | 14 | 2:41:42 |
| VP24 - Oranienbu | 4.98 | 35:57 | 7:13 | 3 | 3:36 | 7 | 6:11 | 143.86 | 16:19:57 | 6:48 | 6 | 1:46:13 | 14 | 2:46:58 |
| VP25 - Laufftreff l | 5.34 | 39:54 | 7:28 | 4 | 9:57 | 11 | 9:57 | 149.20 | 16:59:51 | 6:50 | 6 | 1:35:32 | 14 | 2:54:02 |
| VP26 - Wilhelmsr | 5.72 | 36:21 | 6:21 | 3 | 2:49 | 7 | 4:13 | 154.92 | 17:36:12 | 6:49 | 6 | 1:20:18 | 12 | 2:57:45 |
| VP27 - Wollankst | 3.02 | 22:40 | 7:30 | 5 | 4:18 | 13 | 13:05 | 157.94 | 17:58:52 | 6:49 | 6 | 1:11:37 | 12 | 10:27:43 |
| Friedrich-Ludwig | 3.96 | 25:40 | 6:28 | 9 | 5:15 | 24 | 5:15 | 161.90 | 18:24:32 | 6:49 | 6 | 1:11:46 | 11 | 3:03:44 |