



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

evaluación detallada

ROUCKA, Armin

Asociación: Team Klinikum Nürnberg

Dorsal: 131

recorrido: 161.70 km

100MeilenBerlin

categoría:

Senioren M50 (50-54 Jahre)

tiempo total: 23:25:41

velocidad: 6.87 km/h

rendimiento en carrera: 8:41 min/km

posición en el recorrido/Total: 223 (de 459)

posición en el recorrido/Men: 133 (de 302)

mejor tiempo del recorrido: 13:39:56

posición en la categoría: 27(de 58)

mejor tiempo en la categoría: 15:32:56

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total km | Total tiempo | Total min/km | retraso | | | |
|--------------------|-------------|-----------------|------------------------|----------|---------|----------|-------------|-----------------|-----------------|----------|---------|----------|---------|
| | | | | posición | retraso | posición | | | | posición | retraso | posición | |
| VP1 - Wilhelmsru | 6.94 | 37:21 | 5:22 | 6 | 3:55 | 27 | 6.94 | 37:21 | 5:22 | 6 | 3:55 | 27 | 6:20 |
| VP2 - Lauftreff Li | 5.69 | 31:33 | 5:32 | 5 | 3:52 | 27 | 12.63 | 1:08:54 | 5:27 | 6 | 7:47 | 28 | 13:48 |
| VP3 - Oranienbur | 5.74 | 30:57 | 5:23 | 8 | 3:48 | 41 | 18.37 | 1:39:51 | 5:26 | 6 | 11:35 | 30 | 20:39 |
| VP4 - Naturschut | 4.70 | 30:22 | 6:27 | 13 | 5:00 | 64 | 23.07 | 2:10:13 | 5:38 | 7 | 16:35 | 35 | 28:35 |
| VP5 - Frohnau | 6.80 | 40:03 | 5:53 | 12 | 6:15 | 58 | 29.87 | 2:50:16 | 5:42 | 8 | 22:50 | 37 | 39:43 |
| VP6 - Ruderclub | 4.06 | 24:51 | 6:07 | 8 | 3:27 | 37 | 33.93 | 3:15:07 | 5:45 | 8 | 25:33 | 38 | 46:24 |
| VP7 - Grenzturm | 4.75 | 29:24 | 6:11 | 13 | 5:16 | 60 | 38.68 | 3:44:31 | 5:48 | 8 | 30:30 | 38 | 54:05 |
| VP8 - Schönwald | 7.52 | 48:32 | 6:27 | 15 | 9:21 | 80 | 46.20 | 4:33:03 | 5:54 | 8 | 36:01 | 41 | 1:06:23 |
| VP9 - Falkenseer | 5.76 | 41:55 | 7:16 | 17 | 10:32 | 91 | 51.96 | 5:14:58 | 6:03 | 9 | 46:21 | 47 | 1:19:30 |
| VP10 - Karolinenl | 6.54 | 47:26 | 7:15 | 21 | 12:45 | 95 | 58.50 | 6:02:24 | 6:11 | 12 | 56:44 | 57 | 1:34:44 |
| VP11 - Pagel & Fi | 4.90 | 35:32 | 7:15 | 18 | 8:36 | 87 | 63.40 | 6:37:56 | 6:16 | 13 | 1:03:22 | 58 | 1:47:13 |
| VP12 - Schloss S | 7.62 | 59:25 | 7:47 | 18 | 18:22 | 86 | 71.02 | 7:37:21 | 6:26 | 12 | 1:18:56 | 59 | 2:09:45 |
| VP13 - Revierförs | 6.21 | 51:19 | 8:15 | 32 | 16:03 | 143 | 77.23 | 8:28:40 | 6:35 | 15 | 1:34:41 | 65 | 2:32:14 |
| VP14 - Brauhaus | 6.00 | 51:02 | 8:30 | 37 | 18:42 | 171 | 83.23 | 9:19:42 | 6:43 | 17 | 1:48:48 | 75 | 2:54:43 |
| VP15 - Gedenkst. | 6.90 | 1:03:44 | 9:14 | 45 | 25:26 | 200 | 90.13 | 10:23:26 | 6:55 | 17 | 2:13:51 | 80 | 3:25:32 |
| VP16 - Königswe | 6.87 | 1:10:43 | 10:17 | 40 | 27:16 | 172 | 97.00 | 11:34:09 | 7:09 | 17 | 2:39:52 | 90 | 4:01:30 |
| VP17 - Sportplatz | 6.20 | 1:15:09 | 12:07 | 32 | 37:18 | 150 | 103.20 | 12:49:18 | 7:27 | 20 | 3:17:10 | 105 | 4:42:54 |
| VP18 - Osdorfer | 6.50 | 1:02:33 | 9:37 | 36 | 24:40 | 151 | 109.70 | 13:51:51 | 7:34 | 21 | 3:41:50 | 104 | 5:08:43 |
| VP19 - Lichtenra | 5.70 | 1:06:04 | 11:35 | 38 | 26:39 | 173 | 115.40 | 14:57:55 | 7:46 | 25 | 4:08:29 | 112 | 5:38:50 |
| VP20 - Kirchhain | 4.37 | 41:21 | 9:27 | 35 | 17:33 | 151 | 119.77 | 15:39:16 | 7:50 | 24 | 4:26:02 | 115 | 6:01:21 |
| VP21 - Buckow | 6.43 | 1:03:00 | 9:47 | 34 | 26:33 | 147 | 126.20 | 16:42:16 | 7:56 | 25 | 4:52:35 | 120 | 6:30:45 |
| VP22 - Rudow | 4.90 | 52:10 | 10:38 | 33 | 22:07 | 150 | 131.10 | 17:34:26 | 8:02 | 25 | 5:14:42 | 121 | 6:56:56 |
| VP23 - Johannistl | 5.90 | 1:05:58 | 11:10 | 37 | 30:36 | 154 | 137.00 | 18:40:24 | 8:10 | 25 | 5:45:18 | 119 | 7:31:19 |
| VP24 - Dammwe | 5.70 | 59:44 | 10:28 | 28 | 24:46 | 127 | 142.70 | 19:40:08 | 8:16 | 26 | 6:10:04 | 120 | 7:59:23 |
| VP25 - East Side | 5.80 | 1:10:37 | 12:10 | 31 | 30:59 | 136 | 148.50 | 20:50:45 | 8:25 | 26 | 6:41:03 | 121 | 8:30:32 |
| VP26 - Checkpoir | 5.28 | 52:44 | 9:59 | 43 | 27:52 | 188 | 153.78 | 21:43:29 | 8:28 | 27 | 7:08:55 | 129 | 8:59:13 |
| VP27 - Gedenkst. | 3.32 | 53:37 | 16:08 | 37 | 27:07 | 169 | 157.10 | 22:37:06 | 8:38 | 27 | 7:36:02 | 131 | 9:26:03 |
| Friedrich-Ludwig | 4.60 | 48:35 | 10:33 | 33 | 20:50 | 137 | 161.70 | 23:25:41 | 8:41 | 27 | 7:52:45 | 133 | 9:45:45 |