



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## evaluación detallada

**HÖSL, Patrick**

Asociación: LG Ultralauf

Dorsal: 2

recorrido: 161.70 km

100MeilenBerlin

categoría:

Senioren M40 (40-44 Jahre)

tiempo total: 14:40:41

velocidad: 10.97 km/h

rendimiento en carrera: 5:27 min/km

posición en el recorrido/Total: 17 (de 459)

posición en el recorrido/Men: 3 (de 302)

mejor tiempo del recorrido: 13:39:56

posición en la categoría: 2(de 36)

mejor tiempo en la categoría: 14:37:35

## tiempos parciales

## stage score

## Total score

| control             | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso |          |           | Total<br>km | Total<br>tiempo | Total<br>min/km | retraso |          |           | Total<br>Men | Total<br>Men |
|---------------------|-------------|-----------------|------------------------|---------|----------|-----------|-------------|-----------------|-----------------|---------|----------|-----------|--------------|--------------|
|                     |             |                 |                        | retraso | posición | categoría |             |                 |                 | retraso | posición | categoría |              |              |
| VP1 - Wilhelmsru    | 6.94        | 37:08           | 5:21                   | 5       | 3:46     | 25        | 6.94        | 37:08           | 5:21            | 5       | 3:46     | 25        | 6:07         |              |
| VP2 - Laufftreff Li | 5.69        | 30:46           | 5:24                   | 5       | 4:02     | 20        | 12.63       | 1:07:54         | 5:22            | 5       | 7:48     | 21        | 6:41         | 12:48        |
| VP3 - Oranienbur    | 5.74        | 29:39           | 5:09                   | 6       | 4:28     | 26        | 18.37       | 1:37:33         | 5:18            | 5       | 12:16    | 22        | 5:33         | 18:21        |
| VP4 - Naturschut    | 4.70        | 26:08           | 5:33                   | 5       | 2:14     | 16        | 23.07       | 2:03:41         | 5:21            | 5       | 14:30    | 19        | 3:42         | 22:03        |
| VP5 - Frohnau       | 6.80        | 34:04           | 5:00                   | 5       | 1:27     | 12        | 29.87       | 2:37:45         | 5:16            | 5       | 15:57    | 19        | 5:09         | 27:12        |
| VP6 - Ruderclub     | 4.06        | 21:47           | 5:21                   | 6       | 1:24     | 14        | 33.93       | 2:59:32         | 5:17            | 5       | 17:21    | 17        | 3:40         | 30:49        |
| VP7 - Grenzturm     | 4.75        | 25:04           | 5:16                   | 5       | 0:48     | 13        | 38.68       | 3:24:36         | 5:17            | 5       | 17:50    | 17        | 3:21         | 34:10        |
| VP8 - Schönwald     | 7.52        | 41:17           | 5:29                   | 6       | 2:13     | 18        | 46.20       | 4:05:53         | 5:19            | 5       | 18:19    | 16        | 5:27         | 39:13        |
| VP9 - Falkenseer    | 5.76        | 31:37           | 5:29                   | 4       | 0:59     | 11        | 51.96       | 4:37:30         | 5:20            | 5       | 14:56    | 17        | 3:17         | 42:02        |
| VP10 - Karolinenl   | 6.54        | 37:00           | 5:39                   | 3       | 1:27     | 15        | 58.50       | 5:14:30         | 5:22            | 5       | 14:49    | 16        | 4:48         | 46:50        |
| VP11 - Pagel & Fi   | 4.90        | 27:00           | 5:30                   | 4       | 1:31     | 12        | 63.40       | 5:41:30         | 5:23            | 5       | 15:26    | 15        | 3:57         | 50:47        |
| VP12 - Schloss S    | 7.62        | 40:19           | 5:17                   | 1       | -        | 3         | 71.02       | 6:21:49         | 5:22            | 5       | 13:41    | 14        | 3:26         | 54:13        |
| VP13 - Revierförs   | 6.21        | 33:42           | 5:25                   | 3       | 2:09     | 6         | 77.23       | 6:55:31         | 5:22            | 4       | 12:22    | 12        | 4:52         | 59:05        |
| VP14 - Brauhaus     | 6.00        | 31:50           | 5:18                   | 3       | 1:00     | 7         | 83.23       | 7:27:21         | 5:22            | 4       | 13:08    | 11        | 3:17         | 1:02:22      |
| VP15 - Gedenkst.    | 6.90        | 35:46           | 5:11                   | 3       | 1:33     | 5         | 90.13       | 8:03:07         | 5:21            | 4       | 14:15    | 9         | 2:51         | 1:05:13      |
| VP16 - Königswe     | 6.87        | 38:04           | 5:32                   | 1       | -        | 2         | 97.00       | 8:41:11         | 5:22            | 3       | 13:05    | 7         | 3:19         | 1:08:32      |
| VP17 - Sportplatz   | 6.20        | 34:00           | 5:29                   | 1       | -        | 2         | 103.20      | 9:15:11         | 5:22            | 3       | 12:59    | 7         | 0:15         | 1:08:47      |
| VP18 - Osdorfer     | 6.50        | 35:00           | 5:23                   | 2       | 0:20     | 3         | 109.70      | 9:50:11         | 5:22            | 3       | 13:19    | 7         | 0:33         | 1:07:03      |
| VP19 - Lichtenra    | 5.70        | 35:32           | 6:14                   | 2       | 1:14     | 3         | 115.40      | 10:25:43        | 5:25            | 2       | 14:33    | 5         | 1:22         | 1:06:38      |
| VP20 - Kirchhain    | 4.37        | 21:37           | 4:56                   | 2       | 1:02     | 3         | 119.77      | 10:47:20        | 5:24            | 2       | 15:35    | 5         | 2:47         | 1:09:25      |
| VP21 - Buckow       | 6.43        | 34:02           | 5:17                   | 1       | -        | 2         | 126.20      | 11:21:22        | 5:23            | 2       | 15:02    | 5         | 0:26         | 1:09:51      |
| VP22 - Rudow        | 4.90        | 27:17           | 5:34                   | 1       | -        | 3         | 131.10      | 11:48:39        | 5:24            | 2       | 13:25    | 4         | 1:18         | 1:11:09      |
| VP23 - Johannistl   | 5.90        | 31:53           | 5:24                   | 1       | -        | 2         | 137.00      | 12:20:32        | 5:24            | 2       | 10:41    | 4         | 0:18         | 1:11:27      |
| VP24 - Dammwe       | 5.70        | 32:03           | 5:37                   | 1       | -        | 3         | 142.70      | 12:52:35        | 5:24            | 2       | 9:52     | 4         | 0:52         | 1:11:50      |
| VP25 - East Side    | 5.80        | 37:31           | 6:28                   | 2       | 0:34     | 2         | 148.50      | 13:30:06        | 5:27            | 2       | 10:26    | 3         | 0:34         | 1:09:53      |
| VP26 - Checkpoir    | 5.28        | 21:33           | 4:04                   | 1       | -        | 1         | 153.78      | 13:51:39        | 5:24            | 2       | 7:30     | 3         | -            | 1:07:23      |
| VP27 - Gedenkst.    | 3.32        | 24:50           | 7:28                   | 1       | -        | 2         | 157.10      | 14:16:29        | 5:27            | 2       | 4:23     | 3         | 0:13         | 1:05:26      |
| Friedrich-Ludwig    | 4.60        | 24:12           | 5:15                   | 1       | -        | 1         | 161.70      | 14:40:41        | 5:26            | 2       | 3:06     | 3         | -            | 1:00:45      |