



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

evaluación detallada

GERSDORF, Lutz

Asociación: (ohne)

Dorsal: 216

recorrido: 161.70 km

100MeilenBerlin

categoría:

Senioren M65 (65-69 Jahre)

tiempo total: 29:28:17

velocidad: 5.49 km/h

rendimiento en carrera: 10:56 min/km

posición en el recorrido/Total: 341 (de 459)

posición en el recorrido/Men: 213 (de 302)

mejor tiempo del recorrido: 13:39:56

posición en la categoría: 5(de 12)

mejor tiempo en la categoría: 25:26:46

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total km | Total tiempo | Total min/km | retraso | | | |
|--------------------|-------------|-----------------|------------------------|----------|---------|----------|-------------|-----------------|-----------------|----------|---------|----------|----------|
| | | | | posición | retraso | posición | | | | posición | retraso | posición | |
| VP1 - Wilhelmsru | 6.94 | 45:55 | 6:36 | 2 | 3:55 | 145 | 6.94 | 45:55 | 6:36 | 2 | 3:55 | 145 | 14:54 |
| VP2 - Lauftreff Li | 5.69 | 43:32 | 7:39 | 4 | 8:18 | 235 | 12.63 | 1:29:27 | 7:04 | 2 | 12:13 | 189 | 34:21 |
| VP3 - Oranienbur | 5.74 | 44:00 | 7:39 | 6 | 11:04 | 255 | 18.37 | 2:13:27 | 7:15 | 3 | 23:17 | 218 | 54:15 |
| VP4 - Naturschut | 4.70 | 39:41 | 8:26 | 3 | 9:23 | 221 | 23.07 | 2:53:08 | 7:30 | 3 | 32:40 | 222 | 1:11:30 |
| VP5 - Frohnau | 6.80 | 47:32 | 6:59 | 3 | 6:48 | 182 | 29.87 | 3:40:40 | 7:23 | 3 | 39:28 | 215 | 1:30:07 |
| VP6 - Ruderclub | 4.06 | 34:04 | 8:23 | 2 | 5:07 | 164 | 33.93 | 4:14:44 | 7:30 | 3 | 44:35 | 200 | 1:46:01 |
| VP7 - Grenzturm | 4.75 | 37:01 | 7:47 | 2 | 6:47 | 196 | 38.68 | 4:51:45 | 7:32 | 2 | 51:22 | 199 | 2:01:19 |
| VP8 - Schönwald | 7.52 | 56:06 | 7:27 | 2 | 6:28 | 185 | 46.20 | 5:47:51 | 7:31 | 2 | 57:50 | 197 | 2:21:11 |
| VP9 - Falkenseer | 5.76 | 47:42 | 8:16 | 2 | 6:56 | 163 | 51.96 | 6:35:33 | 7:36 | 2 | 1:04:46 | 192 | 2:40:05 |
| VP10 - Karolinenl | 6.54 | 1:03:11 | 9:39 | 5 | 14:08 | 234 | 58.50 | 7:38:44 | 7:50 | 2 | 1:18:54 | 204 | 3:11:04 |
| VP11 - Pagel & Fi | 4.90 | 54:27 | 11:06 | 6 | 17:17 | 249 | 63.40 | 8:33:11 | 8:05 | 2 | 1:36:11 | 207 | 3:42:28 |
| VP12 - Schloss S | 7.62 | 1:26:44 | 11:22 | 6 | 16:48 | 233 | 71.02 | 9:59:55 | 8:26 | 5 | 1:50:23 | 221 | 4:32:19 |
| VP13 - Revierförs | 6.21 | 1:14:38 | 12:01 | 6 | 24:27 | 258 | 77.23 | 11:14:33 | 8:44 | 5 | 2:14:50 | 229 | 5:18:07 |
| VP14 - Brauhaus | 6.00 | 1:10:12 | 11:42 | 6 | 20:22 | 254 | 83.23 | 12:24:45 | 8:56 | 5 | 2:35:12 | 233 | 5:59:46 |
| VP15 - Gedenkst. | 6.90 | 1:24:55 | 12:18 | 7 | 29:13 | 255 | 90.13 | 13:49:40 | 9:12 | 6 | 3:00:42 | 240 | 6:51:46 |
| VP16 - Königswe | 6.87 | 1:29:29 | 13:01 | 5 | 25:26 | 236 | 97.00 | 15:19:09 | 9:28 | 6 | 2:50:44 | 240 | 7:46:30 |
| VP17 - Sportplatz | 6.20 | 1:45:42 | 17:02 | 7 | 50:40 | 221 | 103.20 | 17:04:51 | 9:55 | 6 | 3:08:56 | 234 | 8:58:27 |
| VP18 - Osdorfer | 6.50 | 1:16:20 | 11:44 | 5 | 21:38 | 201 | 109.70 | 18:21:11 | 10:02 | 6 | 3:06:55 | 232 | 9:38:03 |
| VP19 - Lichtenra | 5.70 | 1:11:46 | 12:35 | 5 | 15:24 | 201 | 115.40 | 19:32:57 | 10:09 | 6 | 2:59:47 | 228 | 10:13:52 |
| VP20 - Kirchhain | 4.37 | 57:22 | 13:07 | 5 | 20:55 | 216 | 119.77 | 20:30:19 | 10:16 | 6 | 3:20:42 | 225 | 10:52:24 |
| VP21 - Buckow | 6.43 | 1:18:43 | 12:14 | 4 | 24:30 | 194 | 126.20 | 21:49:02 | 10:22 | 6 | 3:45:12 | 219 | 11:37:31 |
| VP22 - Rudow | 4.90 | 1:05:14 | 13:18 | 4 | 15:30 | 206 | 131.10 | 22:54:16 | 10:28 | 5 | 4:00:42 | 216 | 12:16:46 |
| VP23 - Johannistl | 5.90 | 1:14:33 | 12:38 | 3 | 8:19 | 182 | 137.00 | 24:08:49 | 10:34 | 5 | 3:34:11 | 214 | 12:59:44 |
| VP24 - Dammwe | 5.70 | 1:08:43 | 12:03 | 4 | 2:49 | 177 | 142.70 | 25:17:32 | 10:38 | 5 | 3:21:44 | 209 | 13:36:47 |
| VP25 - East Side | 5.80 | 1:23:19 | 14:21 | 5 | 11:52 | 196 | 148.50 | 26:40:51 | 10:46 | 5 | 3:33:36 | 209 | 14:20:38 |
| VP26 - Checkpoir | 5.28 | 49:31 | 9:22 | 5 | 3:35 | 171 | 153.78 | 27:30:22 | 10:43 | 5 | 3:37:11 | 209 | 14:46:06 |
| VP27 - Gedenkst. | 3.32 | 56:13 | 16:55 | 5 | 11:43 | 188 | 157.10 | 28:26:35 | 10:51 | 5 | 3:44:25 | 212 | 15:15:32 |
| Friedrich-Ludwig | 4.60 | 1:01:42 | 13:24 | 5 | 18:50 | 199 | 161.70 | 29:28:17 | 10:56 | 5 | 4:01:31 | 213 | 15:48:21 |