



evaluación detallada

Andreas Narum

Dorsal: 109

recorrido: 226.00 km
Ultra Triathlon

categoría:
Male

tiempo total: 17:07:44

velocidad: 13.19 km/h
rendimiento en carrera: 4:33 min/km

posición en el recorrido/Total: 73 (de 99)
posición en el recorrido/Men: 69 (de 91)
mejor tiempo del recorrido: 11:24:54

posición en la categoría: 69(de 91)
mejor tiempo en la categoría: 11:24:54

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapa posición | retraso | | retraso | | Total km | Total tiempo | Total posición | retraso | | retraso Men | retraso Men |
|------------------|-------------|-----------------|-------------------|---------|-------|---------|-------|-------------|-----------------|-------------------|---------|---------|----------------|----------------|
| | | | | Men | Men | Men | Men | | | | | | | |
| Exit Water | - | 2:14:59 | - | 71 | 58:30 | 71 | 58:30 | - | 2:14:59 | - | 71 | 58:30 | 71 | 58:30 |
| Start Bike | - | 10:01 | - | 19 | 6:36 | 19 | 6:36 | - | 2:25:00 | - | 65 | 1:00:00 | 65 | 1:00:00 |
| Peak 932 | - | 1:20:00 | - | 27 | 24:18 | 27 | 24:18 | - | 3:45:00 | - | 55 | 1:10:59 | 55 | 1:10:59 |
| Exit Fv986 | - | 40:00 | - | 77 | 24:28 | 77 | 24:28 | - | 4:25:00 | - | 57 | 1:22:01 | 57 | 1:22:01 |
| Top Hunnedalen | - | 1:27:29 | - | 87 | 48:52 | 87 | 48:52 | - | 5:52:29 | - | 74 | 2:09:22 | 74 | 2:09:22 |
| Byrkjedalstunet | - | 1:02:23 | - | 42 | 51:26 | 42 | 51:26 | - | 6:54:52 | - | 74 | 2:22:51 | 74 | 2:22:51 |
| Exit at 113 | - | 42:24 | - | 66 | 10:25 | 66 | 10:25 | - | 7:37:16 | - | 71 | 2:33:16 | 71 | 2:33:16 |
| Exit E39 | - | 50:48 | - | 71 | 32:27 | 71 | 32:27 | - | 8:28:04 | - | 70 | 2:45:59 | 70 | 2:45:59 |
| Exit RV44 | - | 1:56:41 | - | 63 | 36:52 | 63 | 36:52 | - | 10:24:45 | - | 69 | 3:12:31 | 69 | 3:12:31 |
| Off Bike | - | 38:04 | - | 78 | 11:45 | 78 | 11:45 | - | 11:02:49 | - | 69 | 3:21:41 | 69 | 3:21:41 |
| Start Run | - | 8:13 | - | 44 | 6:58 | 44 | 6:58 | - | 11:11:02 | - | 69 | 3:28:39 | 69 | 3:28:39 |
| Tjelta | - | 1:28:28 | - | 69 | 54:00 | 69 | 54:00 | - | 12:39:30 | - | 66 | 4:08:17 | 66 | 4:08:17 |
| Solastrand Hotel | - | 1:06:20 | - | 35 | 35:55 | 35 | 35:55 | - | 13:45:50 | - | 65 | 4:19:58 | 65 | 4:19:58 |
| Kvernevik 1 | - | 1:42:48 | - | 64 | 57:42 | 64 | 57:42 | - | 15:28:38 | - | 68 | 5:01:33 | 68 | 5:01:33 |
| Kvernevik 2 | - | 20:46 | - | 66 | 8:58 | 66 | 8:58 | - | 15:49:24 | - | 68 | 5:10:02 | 68 | 5:10:02 |
| Finish | - | 1:18:20 | - | 76 | 33:46 | 76 | 33:46 | 226.00 | 17:07:44 | - | 69 | 5:42:50 | 69 | 5:42:50 |