



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Ben Hassan, Norden

Asociación: TSV Kandel

Dorsal: 378

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M50 (50-54 Jahre)

tiempo total: 21:21:49

velocidad: 7.54 km/h

rendimiento en carrera: 7:55 min/km

posición en el recorrido/Total: 78 (de 397)

posición en el recorrido/Men: 65 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 18(de 75)

mejor tiempo en la categoría: 14:30:53

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | stage score | | | Total score | | | | | | | |
|---------------------|-------------|-----------------|------------------------|-------------|----------|---------|-------------|----------|----------|------|----|---------|-----|---------|
| | | | | retraso | posición | retraso | retraso | posición | retraso | | | | | |
| | | | Men | Men | Men | km | tiempo | min/km | Men | Men | | | | |
| VP1 - Checkpoint | 8.60 | 58:26 | 6:47 | 28 | 14:17 | 124 | 14:18 | 8.60 | 58:26 | 6:47 | 28 | 14:17 | 124 | 14:18 |
| VP2 - East Side G | 4.80 | 29:44 | 6:11 | 28 | 8:41 | 122 | 8:41 | 13.40 | 1:28:10 | 6:34 | 26 | 22:56 | 117 | 22:56 |
| VP3 - Dammweg | 5.80 | 39:27 | 6:48 | 33 | 9:57 | 134 | 10:15 | 19.20 | 2:07:37 | 6:38 | 27 | 32:43 | 116 | 32:46 |
| VP4 - Johannisth | 5.70 | 37:43 | 6:37 | 36 | 12:55 | 148 | 13:11 | 24.90 | 2:45:20 | 6:38 | 27 | 45:38 | 122 | 45:38 |
| VP5 - Imbiß "Am | 9.50 | 1:02:13 | 6:32 | 24 | 19:52 | 104 | 20:41 | 34.40 | 3:47:33 | 6:36 | 26 | 1:05:30 | 115 | 1:06:16 |
| VP6 - Buckow | 4.50 | 30:49 | 6:50 | 21 | 9:34 | 82 | 10:13 | 38.90 | 4:18:22 | 6:38 | 24 | 1:15:04 | 113 | 1:16:29 |
| control | 7.60 | 49:58 | 6:34 | 21 | 13:30 | 73 | 15:56 | 46.50 | 5:08:20 | 6:37 | 23 | 1:28:09 | 110 | 1:32:25 |
| VP8 - Osdorfer St | 6.30 | 43:25 | 6:53 | 28 | 13:10 | 104 | 15:59 | 52.80 | 5:51:45 | 6:39 | 22 | 1:41:19 | 99 | 1:48:24 |
| VP9 - Sportplatz | 6.50 | 1:04:24 | 9:54 | 60 | 32:59 | 226 | 42:57 | 59.30 | 6:56:09 | 7:01 | 28 | 2:14:18 | 124 | 2:21:18 |
| VP10 - Königswe | 6.20 | 46:08 | 7:26 | 33 | 14:55 | 116 | 16:43 | 65.50 | 7:42:17 | 7:03 | 26 | 2:29:13 | 115 | 2:38:01 |
| VP11 - Gedenkst | 6.80 | 49:09 | 7:13 | 17 | 14:16 | 64 | 24:50 | 72.30 | 8:31:26 | 7:04 | 25 | 2:42:28 | 105 | 2:53:04 |
| VP12 - Brauhaus | 6.90 | 48:03 | 6:57 | 15 | 12:21 | 49 | 14:56 | 79.20 | 9:19:29 | 7:03 | 22 | 2:54:49 | 97 | 3:08:00 |
| VP13 - Revierförs | 5.70 | 41:08 | 7:12 | 14 | 10:31 | 42 | 11:05 | 84.90 | 10:00:37 | 7:04 | 22 | 3:05:20 | 90 | 3:19:05 |
| VP14 - Schloss S | 6.30 | 53:20 | 8:27 | 20 | 19:56 | 76 | 21:53 | 91.20 | 10:53:57 | 7:10 | 22 | 3:24:56 | 81 | 3:40:58 |
| VP15 - Pagel & Fi | 7.60 | 57:05 | 7:30 | 19 | 17:18 | 67 | 19:23 | 98.80 | 11:51:02 | 7:11 | 22 | 3:39:10 | 77 | 4:00:21 |
| VP16 - Karolinenl | 4.90 | 38:16 | 7:48 | 15 | 11:09 | 41 | 12:41 | 103.70 | 12:29:18 | 7:13 | 22 | 3:50:19 | 71 | 4:13:02 |
| VP17 - Falkensee | 6.50 | 53:43 | 8:15 | 27 | 15:59 | 89 | 21:12 | 110.20 | 13:23:01 | 7:17 | 22 | 4:02:14 | 71 | 4:34:14 |
| VP18 - Schönwal | 5.80 | 40:28 | 6:58 | 7 | 7:57 | 18 | 11:23 | 116.00 | 14:03:29 | 7:16 | 20 | 4:10:08 | 66 | 4:45:37 |
| VP19 - Grenzturn | 7.30 | 1:01:27 | 8:25 | 20 | 18:18 | 58 | 33:21 | 123.30 | 15:04:56 | 7:20 | 19 | 4:27:18 | 63 | 5:08:17 |
| VP20 - Rudercluk | 4.80 | 46:39 | 9:43 | 42 | 19:01 | 134 | 22:19 | 128.10 | 15:51:35 | 7:25 | 20 | 4:46:19 | 64 | 5:30:36 |
| VP21 - Frohnau | 4.10 | 47:48 | 11:39 | 37 | 23:50 | 128 | 25:09 | 132.20 | 16:39:23 | 7:33 | 21 | 5:10:09 | 66 | 5:55:45 |
| VP22 - Naturschu | 6.40 | 50:21 | 7:52 | 15 | 12:52 | 43 | 17:09 | 138.60 | 17:29:44 | 7:34 | 20 | 5:18:59 | 64 | 6:12:54 |
| VP23 - Oranienbu | 4.50 | 49:59 | 11:06 | 44 | 22:53 | 169 | 25:02 | 143.10 | 18:19:43 | 7:41 | 20 | 5:40:59 | 66 | 6:37:56 |
| VP24 - Laufftreff l | 5.30 | 45:03 | 8:30 | 13 | 13:46 | 44 | 16:49 | 148.40 | 19:04:46 | 7:42 | 19 | 5:54:45 | 63 | 6:54:45 |
| VP25 - Wilhelmsr | 5.70 | 1:01:34 | 10:48 | 48 | 28:26 | 177 | 31:33 | 154.10 | 20:06:20 | 7:49 | 19 | 6:22:29 | 67 | 7:26:18 |
| VP26 - Wollankst | 3.10 | 32:55 | 10:37 | 40 | 14:55 | 132 | 15:48 | 157.20 | 20:39:15 | 7:52 | 19 | 6:37:24 | 65 | 7:42:06 |
| Friedrich-Ludwig | 4.20 | 42:34 | 10:08 | 59 | 20:57 | 216 | 22:48 | 161.90 | 21:21:49 | 7:55 | 19 | 6:56:25 | 66 | 8:04:08 |