



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## evaluación detallada

Hallgren, Rikard

Asociación: Aktivitus Sports Club

Dorsal: 455

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M50 (50-54 Jahre)

tiempo total: 22:26:24

velocidad: 7.17 km/h

rendimiento en carrera: 8:19 min/km

posición en el recorrido/Total: 113 (de 397)

posición en el recorrido/Men: 98 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 26(de 75)

mejor tiempo en la categoría: 14:30:53

### tiempos parciales

### stage score

### Total score

| control             | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | stage score |         |         | Total score |                 |                   |         |         |         |     |         |
|---------------------|-------------|-----------------|------------------------|-------------|---------|---------|-------------|-----------------|-------------------|---------|---------|---------|-----|---------|
|                     |             |                 |                        | retraso     | retraso | retraso | Total<br>km | Total<br>tiempo | Total<br>posición | retraso | retraso | retraso |     |         |
|                     |             |                 | retraso                | retraso     | retraso | Men     | Men         | Men             | Men               | Men     | Men     | Men     | Men | Men     |
| VP1 - Checkpoint    | 8.60        | 54:09           | 6:17                   | 14          | 10:00   | 51      | 10:01       | 8.60            | 54:09             | 6:17    | 14      | 10:00   | 51  | 10:01   |
| VP2 - East Side G   | 4.80        | 26:25           | 5:30                   | 13          | 5:22    | 50      | 5:22        | 13.40           | 1:20:34           | 6:00    | 13      | 15:20   | 49  | 15:20   |
| VP3 - Dammweg       | 5.80        | 36:47           | 6:20                   | 16          | 7:17    | 74      | 7:35        | 19.20           | 1:57:21           | 6:06    | 14      | 22:27   | 55  | 22:30   |
| VP4 - Johannisth    | 5.70        | 33:30           | 5:52                   | 13          | 8:42    | 54      | 8:58        | 24.90           | 2:30:51           | 6:03    | 13      | 31:09   | 50  | 31:09   |
| VP5 - Imbiß "Am     | 9.50        | 1:01:33         | 6:28                   | 23          | 19:12   | 97      | 20:01       | 34.40           | 3:32:24           | 6:10    | 16      | 50:21   | 65  | 51:07   |
| VP6 - Buckow        | 4.50        | 30:36           | 6:48                   | 19          | 9:21    | 79      | 10:00       | 38.90           | 4:03:00           | 6:14    | 16      | 59:42   | 64  | 1:01:07 |
| control             | 7.60        | 45:42           | 6:00                   | 10          | 9:14    | 38      | 11:40       | 46.50           | 4:48:42           | 6:12    | 15      | 1:08:31 | 57  | 1:12:47 |
| VP8 - Osdorfer St   | 6.30        | 41:15           | 6:32                   | 16          | 11:00   | 64      | 13:49       | 52.80           | 5:29:57           | 6:14    | 16      | 1:19:31 | 57  | 1:26:36 |
| VP9 - Sportplatz    | 6.50        | 47:31           | 7:18                   | 20          | 16:06   | 71      | 26:04       | 59.30           | 6:17:28           | 6:21    | 16      | 1:35:37 | 55  | 1:42:37 |
| VP10 - Königswe     | 6.20        | 52:08           | 8:24                   | 53          | 20:55   | 210     | 22:43       | 65.50           | 7:09:36           | 6:33    | 18      | 1:56:32 | 62  | 2:05:20 |
| VP11 - Gedenkst     | 6.80        | 56:48           | 8:21                   | 39          | 21:55   | 168     | 32:29       | 72.30           | 8:06:24           | 6:43    | 19      | 2:17:26 | 66  | 2:28:02 |
| VP12 - Brauhaus     | 6.90        | 53:12           | 7:42                   | 28          | 17:30   | 96      | 20:05       | 79.20           | 8:59:36           | 6:48    | 19      | 2:34:56 | 66  | 2:48:07 |
| VP13 - Revierförs   | 5.70        | 38:24           | 6:44                   | 7           | 7:47    | 23      | 8:21        | 84.90           | 9:38:00           | 6:48    | 19      | 2:42:43 | 64  | 2:56:28 |
| VP14 - Schloss S    | 6.30        | 55:22           | 8:47                   | 24          | 21:58   | 91      | 23:55       | 91.20           | 10:33:22          | 6:56    | 19      | 3:04:21 | 65  | 3:20:23 |
| VP15 - Pagel & Fi   | 7.60        | 1:03:02         | 8:17                   | 40          | 23:15   | 137     | 25:20       | 98.80           | 11:36:24          | 7:02    | 19      | 3:24:32 | 62  | 3:45:43 |
| VP16 - Karolinenl   | 4.90        | 42:12           | 8:36                   | 23          | 15:05   | 74      | 16:37       | 103.70          | 12:18:36          | 7:07    | 19      | 3:39:37 | 62  | 4:02:20 |
| VP17 - Falkensee    | 6.50        | 1:00:35         | 9:19                   | 47          | 22:51   | 175     | 28:04       | 110.20          | 13:19:11          | 7:15    | 21      | 3:58:24 | 69  | 4:30:24 |
| VP18 - Schönwal     | 5.80        | 44:48           | 7:43                   | 16          | 12:17   | 51      | 15:43       | 116.00          | 14:03:59          | 7:16    | 21      | 4:10:38 | 69  | 4:46:07 |
| VP19 - Grenzturn    | 7.30        | 57:25           | 7:51                   | 13          | 14:16   | 38      | 29:19       | 123.30          | 15:01:24          | 7:18    | 17      | 4:23:46 | 58  | 5:04:45 |
| VP20 - Rudercluk    | 4.80        | 40:33           | 8:26                   | 21          | 12:55   | 58      | 16:13       | 128.10          | 15:41:57          | 7:21    | 17      | 4:36:41 | 57  | 5:20:58 |
| VP21 - Frohnau      | 4.10        | 56:53           | 13:52                  | 48          | 32:55   | 197     | 34:14       | 132.20          | 16:38:50          | 7:33    | 20      | 5:09:36 | 64  | 5:55:12 |
| VP22 - Naturschu    | 6.40        | 1:20:03         | 12:30                  | 61          | 42:34   | 243     | 46:51       | 138.60          | 17:58:53          | 7:47    | 21      | 5:48:08 | 74  | 6:42:03 |
| VP23 - Oranienbu    | 4.50        | 1:07:12         | 14:56                  | 60          | 40:06   | 249     | 42:15       | 143.10          | 19:06:05          | 8:00    | 23      | 6:27:21 | 88  | 7:24:18 |
| VP24 - Laufftreff l | 5.30        | 55:13           | 10:25                  | 45          | 23:56   | 154     | 26:59       | 148.40          | 20:01:18          | 8:05    | 24      | 6:51:17 | 90  | 7:51:17 |
| VP25 - Wilhelmsr    | 5.70        | 1:17:17         | 13:33                  | 64          | 44:09   | 245     | 47:16       | 154.10          | 21:18:35          | 8:17    | 27      | 7:34:44 | 101 | 8:38:33 |
| VP26 - Wollankst    | 3.10        | 31:05           | 10:01                  | 33          | 13:05   | 109     | 13:58       | 157.20          | 21:49:40          | 8:19    | 27      | 7:47:49 | 99  | 8:52:31 |
| Friedrich-Ludwig    | 4.20        | 36:44           | 8:44                   | 35          | 15:07   | 141     | 16:58       | 161.90          | 22:26:24          | 8:18    | 27      | 8:01:00 | 99  | 9:08:43 |