



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Von Tempski, Oliver

Asociación: Wiesbaden

Dorsal: 215

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M45 (45-49 Jahre)

tiempo total: 22:34:04

velocidad: 7.13 km/h

rendimiento en carrera: 8:22 min/km

posición en el recorrido/Total: 120 (de 397)

posición en el recorrido/Men: 105 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 26(de 70)

mejor tiempo en la categoría: 16:22:32

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | stage score | | | Total score | | | | | | |
|---------------------|-------------|-----------------|------------------------|-------------|----------|-------------|-----------------|-----------------|----------|---------|----------|---------|---------|
| | | | | retraso | posición | retraso | retraso | posición | retraso | | | | |
| | | | Men | Men | Men | Total km | Total tiempo | Total min/km | posición | retraso | posición | retraso | |
| VP1 - Checkpoint | 8.60 | 1:05:23 | 7:36 | 58 | 21:09 | 226 | 8.60 | 1:05:23 | 7:36 | 58 | 21:09 | 226 | 21:15 |
| VP2 - East Side G | 4.80 | 33:06 | 6:53 | 53 | 12:01 | 237 | 13.40 | 1:38:29 | 7:20 | 57 | 33:10 | 227 | 33:15 |
| VP3 - Dammweg | 5.80 | 45:42 | 7:52 | 62 | 15:54 | 263 | 19.20 | 2:24:11 | 7:30 | 59 | 49:04 | 245 | 49:20 |
| VP4 - Johannisth | 5.70 | 39:39 | 6:57 | 49 | 12:57 | 195 | 24.90 | 3:03:50 | 7:22 | 57 | 1:02:01 | 230 | 1:04:08 |
| VP5 - Imbiß "Am | 9.50 | 1:10:26 | 7:24 | 52 | 23:04 | 218 | 34.40 | 4:14:16 | 7:23 | 56 | 1:25:05 | 227 | 1:32:59 |
| VP6 - Buckow | 4.50 | 38:11 | 8:29 | 57 | 14:56 | 249 | 38.90 | 4:52:27 | 7:31 | 56 | 1:40:01 | 233 | 1:50:34 |
| control | 7.60 | 57:23 | 7:33 | 43 | 16:41 | 188 | 46.50 | 5:49:50 | 7:31 | 55 | 1:56:39 | 225 | 2:13:55 |
| VP8 - Osdorfer St | 6.30 | 53:40 | 8:31 | 60 | 20:01 | 241 | 52.80 | 6:43:30 | 7:38 | 57 | 2:16:40 | 229 | 2:40:09 |
| VP9 - Sportplatz | 6.50 | 51:24 | 7:54 | 22 | 16:50 | 106 | 59.30 | 7:34:54 | 7:40 | 47 | 2:33:30 | 199 | 3:00:03 |
| VP10 - Königswe | 6.20 | 50:23 | 8:07 | 46 | 14:20 | 178 | 65.50 | 8:25:17 | 7:42 | 47 | 2:47:50 | 201 | 3:21:01 |
| VP11 - Gedenkst | 6.80 | 54:31 | 8:01 | 32 | 14:18 | 134 | 72.30 | 9:19:48 | 7:44 | 49 | 3:01:14 | 195 | 3:41:26 |
| VP12 - Brauhaus | 6.90 | 55:35 | 8:03 | 32 | 14:15 | 135 | 79.20 | 10:15:23 | 7:46 | 47 | 3:11:11 | 190 | 4:03:54 |
| VP13 - Revierförs | 5.70 | 48:30 | 8:30 | 35 | 13:51 | 142 | 84.90 | 11:03:53 | 7:49 | 47 | 2:47:18 | 189 | 4:22:21 |
| VP14 - Schloss S | 6.30 | 52:07 | 8:16 | 14 | 14:32 | 66 | 91.20 | 11:56:00 | 7:51 | 35 | 2:56:17 | 153 | 4:43:01 |
| VP15 - Pagel & Fi | 7.60 | 1:01:04 | 8:02 | 24 | 14:17 | 109 | 98.80 | 12:57:04 | 7:51 | 34 | 3:08:27 | 145 | 5:06:23 |
| VP16 - Karolinenl | 4.90 | 40:31 | 8:16 | 17 | 8:29 | 61 | 103.70 | 13:37:35 | 7:53 | 32 | 3:16:56 | 134 | 5:21:19 |
| VP17 - Falkensee | 6.50 | 54:43 | 8:25 | 24 | 12:24 | 99 | 110.20 | 14:32:18 | 7:54 | 32 | 3:29:20 | 133 | 5:43:31 |
| VP18 - Schönwal | 5.80 | 46:55 | 8:05 | 18 | 11:00 | 69 | 116.00 | 15:19:13 | 7:55 | 28 | 3:40:20 | 122 | 6:01:21 |
| VP19 - Grenzturn | 7.30 | 1:02:19 | 8:32 | 16 | 15:57 | 61 | 123.30 | 16:21:32 | 7:57 | 27 | 3:56:17 | 117 | 6:24:53 |
| VP20 - Rudercluk | 4.80 | 44:18 | 9:13 | 22 | 14:57 | 104 | 128.10 | 17:05:50 | 8:00 | 27 | 4:11:14 | 114 | 6:44:51 |
| VP21 - Frohnau | 4.10 | 47:07 | 11:29 | 26 | 21:20 | 124 | 132.20 | 17:52:57 | 8:06 | 26 | 4:32:34 | 114 | 7:09:19 |
| VP22 - Naturschu | 6.40 | 1:07:46 | 10:35 | 45 | 27:21 | 194 | 138.60 | 19:00:43 | 8:13 | 27 | 4:59:55 | 115 | 7:43:53 |
| VP23 - Oranienbu | 4.50 | 44:30 | 9:53 | 25 | 16:12 | 97 | 143.10 | 19:45:13 | 8:16 | 27 | 5:16:07 | 113 | 8:03:26 |
| VP24 - Laufftreff l | 5.30 | 51:51 | 9:46 | 29 | 19:24 | 110 | 148.40 | 20:37:04 | 8:20 | 27 | 5:35:31 | 113 | 8:27:03 |
| VP25 - Wilhelmsr | 5.70 | 49:53 | 8:45 | 16 | 14:06 | 65 | 154.10 | 21:26:57 | 8:21 | 26 | 5:49:37 | 107 | 8:46:55 |
| VP26 - Wollankst | 3.10 | 34:53 | 11:15 | 40 | 14:29 | 174 | 157.20 | 22:01:50 | 8:24 | 26 | 6:04:06 | 107 | 9:04:41 |
| Friedrich-Ludwig | 4.20 | 32:14 | 7:40 | 23 | 7:35 | 92 | 161.90 | 22:34:04 | 8:21 | 26 | 6:11:32 | 106 | 9:16:23 |