



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Beneke, Andreas

Asociación: TSV Victoria Linden

Dorsal: 9

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M40 (40-44 Jahre)

tiempo total: 22:45:27

velocidad: 7.07 km/h

rendimiento en carrera: 8:26 min/km

posición en el recorrido/Total: 133 (de 397)

posición en el recorrido/Men: 117 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 16(de 38)

mejor tiempo en la categoría: 15:13:41

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | stage score | | | Total score | | | | | | | |
|---------------------|-------------|-----------------|------------------------|-------------|----------|---------|-------------|-----------------|-------------------|---------|----------|---------|-----|---------|
| | | | | retraso | posición | retraso | Total km | Total tiempo | Total posición | retraso | posición | retraso | | |
| | | | Men | Men | Men | Men | Men | Men | Men | Men | Men | Men | Men | |
| VP1 - Checkpoint | 8.60 | 1:08:18 | 7:56 | 33 | 24:10 | 265 | 24:10 | 8.60 | 1:08:18 | 7:56 | 33 | 24:10 | 265 | 24:10 |
| VP2 - East Side G | 4.80 | 33:03 | 6:53 | 31 | 11:51 | 235 | 12:00 | 13.40 | 1:41:21 | 7:33 | 34 | 36:01 | 260 | 36:07 |
| VP3 - Dammweg | 5.80 | 42:12 | 7:16 | 26 | 12:23 | 194 | 13:00 | 19.20 | 2:23:33 | 7:28 | 31 | 48:24 | 236 | 48:42 |
| VP4 - Johannisth | 5.70 | 41:22 | 7:15 | 29 | 15:06 | 231 | 16:50 | 24.90 | 3:04:55 | 7:25 | 32 | 1:03:30 | 238 | 1:05:13 |
| VP5 - Imbiß "Am | 9.50 | 1:05:16 | 6:52 | 22 | 21:05 | 149 | 23:44 | 34.40 | 4:10:11 | 7:16 | 28 | 1:24:35 | 210 | 1:28:54 |
| VP6 - Buckow | 4.50 | 38:04 | 8:27 | 32 | 16:27 | 245 | 17:28 | 38.90 | 4:48:15 | 7:24 | 29 | 1:41:02 | 215 | 1:46:22 |
| control | 7.60 | 54:51 | 7:13 | 22 | 18:12 | 154 | 20:49 | 46.50 | 5:43:06 | 7:22 | 28 | 1:59:14 | 204 | 2:07:11 |
| VP8 - Osdorfer St | 6.30 | 43:36 | 6:55 | 19 | 13:23 | 109 | 16:10 | 52.80 | 6:26:42 | 7:19 | 26 | 2:12:37 | 195 | 2:23:21 |
| VP9 - Sportplatz | 6.50 | 59:46 | 9:11 | 20 | 27:34 | 182 | 38:19 | 59.30 | 7:26:28 | 7:31 | 26 | 2:40:11 | 191 | 2:51:37 |
| VP10 - Königswe | 6.20 | 44:34 | 7:11 | 15 | 12:04 | 85 | 15:09 | 65.50 | 8:11:02 | 7:29 | 26 | 2:52:15 | 182 | 3:06:46 |
| VP11 - Gedenkst | 6.80 | 50:44 | 7:27 | 13 | 15:38 | 82 | 26:25 | 72.30 | 9:01:46 | 7:29 | 25 | 3:07:53 | 168 | 3:23:24 |
| VP12 - Brauhaus | 6.90 | 55:48 | 8:05 | 19 | 17:14 | 137 | 22:41 | 79.20 | 9:57:34 | 7:32 | 22 | 3:25:07 | 156 | 3:46:05 |
| VP13 - Revierförs | 5.70 | 44:11 | 7:45 | 14 | 11:45 | 83 | 14:08 | 84.90 | 10:41:45 | 7:33 | 20 | 3:36:52 | 143 | 4:00:13 |
| VP14 - Schloss S | 6.30 | 1:03:53 | 10:08 | 19 | 30:17 | 152 | 32:26 | 91.20 | 11:45:38 | 7:44 | 20 | 4:07:09 | 139 | 4:32:39 |
| VP15 - Pagel & Fi | 7.60 | 53:56 | 7:05 | 10 | 12:37 | 47 | 16:14 | 98.80 | 12:39:34 | 7:41 | 20 | 4:19:46 | 129 | 4:48:53 |
| VP16 - Karolinenl | 4.90 | 39:08 | 7:59 | 9 | 8:15 | 46 | 13:33 | 103.70 | 13:18:42 | 7:42 | 16 | 4:28:01 | 119 | 5:02:26 |
| VP17 - Falkensee | 6.50 | 55:50 | 8:35 | 14 | 18:38 | 114 | 23:19 | 110.20 | 14:14:32 | 7:45 | 16 | 4:46:39 | 117 | 5:25:45 |
| VP18 - Schönwal | 5.80 | 50:51 | 8:46 | 15 | 18:36 | 108 | 21:46 | 116.00 | 15:05:23 | 7:48 | 16 | 5:04:19 | 114 | 5:47:31 |
| VP19 - Grenzturn | 7.30 | 1:00:49 | 8:19 | 6 | 13:48 | 55 | 32:43 | 123.30 | 16:06:12 | 7:50 | 16 | 5:14:48 | 107 | 6:09:33 |
| VP20 - Rudercluk | 4.80 | 48:21 | 10:04 | 22 | 19:21 | 156 | 24:01 | 128.10 | 16:54:33 | 7:55 | 16 | 5:34:09 | 104 | 6:33:34 |
| VP21 - Frohnau | 4.10 | 53:33 | 13:03 | 20 | 25:59 | 176 | 30:54 | 132.20 | 17:48:06 | 8:04 | 16 | 5:54:19 | 112 | 7:04:28 |
| VP22 - Naturschu | 6.40 | 1:11:37 | 11:11 | 27 | 35:40 | 209 | 38:25 | 138.60 | 18:59:43 | 8:13 | 16 | 6:29:35 | 114 | 7:42:53 |
| VP23 - Oranienbu | 4.50 | 48:58 | 10:52 | 24 | 20:18 | 158 | 24:01 | 143.10 | 19:48:41 | 8:18 | 17 | 6:49:53 | 115 | 8:06:54 |
| VP24 - Laufftreff l | 5.30 | 48:36 | 9:10 | 10 | 17:25 | 72 | 20:22 | 148.40 | 20:37:17 | 8:20 | 16 | 7:03:12 | 114 | 8:27:16 |
| VP25 - Wilhelmsr | 5.70 | 1:03:03 | 11:03 | 25 | 27:09 | 187 | 33:02 | 154.10 | 21:40:20 | 8:26 | 16 | 7:28:10 | 117 | 9:00:18 |
| VP26 - Wollankst | 3.10 | 34:39 | 11:10 | 22 | 15:56 | 165 | 17:32 | 157.20 | 22:14:59 | 8:29 | 17 | 7:27:10 | 120 | 9:17:50 |
| Friedrich-Ludwig | 4.20 | 30:28 | 7:15 | 6 | 6:45 | 54 | 10:42 | 161.90 | 22:45:27 | 8:26 | 16 | 7:31:46 | 118 | 9:27:46 |