



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## evaluación detallada

**Meinolf, Wolfgang**

Asociación: RSV Hallertau e.V.

Dorsal: 32

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M60 (60-64 Jahre)

tiempo total: 22:52:49

velocidad: 7.04 km/h

rendimiento en carrera: 8:29 min/km

posición en el recorrido/Total: 138 (de 397)

posición en el recorrido/Men: 121 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 6(de 20)

mejor tiempo en la categoría: 15:36:02

### tiempos parciales

### stage score

### Total score

| control             | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso |          |         | Total   |        |          |      |    |         |     |         |
|---------------------|-------------|-----------------|------------------------|---------|----------|---------|---------|--------|----------|------|----|---------|-----|---------|
|                     |             |                 |                        | retraso | posición | retraso | km      | tiempo | min/km   |      |    |         |     |         |
| VP1 - Checkpoint    | 8.60        | 1:06:53         | 7:46                   | 15      | 18:34    | 248     | 22:45   | 8.60   | 1:06:53  | 7:46 | 15 | 18:34   | 248 | 22:45   |
| VP2 - East Side G   | 4.80        | 31:57           | 6:39                   | 11      | 6:58     | 209     | 10:54   | 13.40  | 1:38:50  | 7:22 | 14 | 25:24   | 230 | 33:36   |
| VP3 - Dammweg       | 5.80        | 43:33           | 7:30                   | 13      | 11:04    | 224     | 14:21   | 19.20  | 2:22:23  | 7:24 | 14 | 36:28   | 228 | 47:32   |
| VP4 - Johannisth    | 5.70        | 40:05           | 7:01                   | 10      | 10:29    | 203     | 15:33   | 24.90  | 3:02:28  | 7:19 | 13 | 46:47   | 221 | 1:02:46 |
| VP5 - Imbiß "Am     | 9.50        | 1:07:39         | 7:07                   | 8       | 16:27    | 175     | 26:07   | 34.40  | 4:10:07  | 7:16 | 13 | 1:03:14 | 209 | 1:28:50 |
| VP6 - Buckow        | 4.50        | 33:54           | 7:31                   | 9       | 8:34     | 165     | 13:18   | 38.90  | 4:44:01  | 7:18 | 13 | 1:11:48 | 206 | 1:42:08 |
| control             | 7.60        | 55:07           | 7:15                   | 7       | 14:40    | 160     | 21:05   | 46.50  | 5:39:08  | 7:17 | 12 | 1:26:28 | 196 | 2:03:13 |
| VP8 - Osdorfer St   | 6.30        | 47:06           | 7:28                   | 10      | 12:30    | 160     | 19:40   | 52.80  | 6:26:14  | 7:18 | 12 | 1:38:58 | 193 | 2:22:53 |
| VP9 - Sportplatz    | 6.50        | 1:05:25         | 10:03                  | 13      | 43:58    | 234     | 43:58   | 59.30  | 7:31:39  | 7:36 | 12 | 2:07:22 | 195 | 2:56:48 |
| VP10 - Königswe     | 6.20        | 51:14           | 8:15                   | 9       | 15:47    | 190     | 21:49   | 65.50  | 8:22:53  | 7:40 | 11 | 2:23:09 | 193 | 3:18:37 |
| VP11 - Gedenkst     | 6.80        | 53:59           | 7:56                   | 6       | 15:27    | 124     | 29:40   | 72.30  | 9:16:52  | 7:42 | 10 | 2:38:36 | 187 | 3:38:30 |
| VP12 - Brauhaus     | 6.90        | 57:13           | 8:17                   | 7       | 18:09    | 154     | 24:06   | 79.20  | 10:14:05 | 7:45 | 10 | 2:56:45 | 186 | 4:02:36 |
| VP13 - Revierförs   | 5.70        | 44:15           | 7:45                   | 4       | 11:31    | 86      | 14:12   | 84.90  | 10:58:20 | 7:45 | 10 | 3:08:16 | 177 | 4:16:48 |
| VP14 - Schloss S    | 6.30        | 1:32:21         | 14:39                  | 18      | 57:08    | 269     | 1:00:54 | 91.20  | 12:30:41 | 8:13 | 10 | 4:05:24 | 207 | 5:17:42 |
| VP15 - Pagel & Fi   | 7.60        | 1:00:01         | 7:53                   | 4       | 17:50    | 97      | 22:19   | 98.80  | 13:30:42 | 8:12 | 9  | 4:23:14 | 201 | 5:40:01 |
| VP16 - Karolinenl   | 4.90        | 45:39           | 9:18                   | 4       | 16:13    | 127     | 20:04   | 103.70 | 14:16:21 | 8:15 | 8  | 4:39:27 | 195 | 6:00:05 |
| VP17 - Falkensee    | 6.50        | 52:16           | 8:02                   | 3       | 14:18    | 75      | 19:45   | 110.20 | 15:08:37 | 8:14 | 7  | 4:53:45 | 182 | 6:19:50 |
| VP18 - Schönwal     | 5.80        | 45:35           | 7:51                   | 3       | 10:16    | 57      | 16:30   | 116.00 | 15:54:12 | 8:13 | 7  | 5:04:01 | 172 | 6:36:20 |
| VP19 - Grenzturn    | 7.30        | 1:10:19         | 9:37                   | 6       | 34:39    | 135     | 42:13   | 123.30 | 17:04:31 | 8:18 | 6  | 5:30:03 | 166 | 7:07:52 |
| VP20 - Rudercluk    | 4.80        | 42:37           | 8:52                   | 2       | 13:50    | 78      | 18:17   | 128.10 | 17:47:08 | 8:19 | 6  | 5:43:53 | 160 | 7:26:09 |
| VP21 - Frohnau      | 4.10        | 1:04:28         | 15:43                  | 13      | 38:00    | 233     | 41:49   | 132.20 | 18:51:36 | 8:33 | 7  | 6:21:53 | 172 | 8:07:58 |
| VP22 - Naturschu    | 6.40        | 48:22           | 7:33                   | 2       | 8:13     | 28      | 15:10   | 138.60 | 19:39:58 | 8:30 | 7  | 6:30:06 | 159 | 8:23:08 |
| VP23 - Oranienbu    | 4.50        | 40:56           | 9:05                   | 2       | 10:54    | 61      | 15:59   | 143.10 | 20:20:54 | 8:31 | 6  | 6:41:00 | 155 | 8:39:07 |
| VP24 - Laufftreff l | 5.30        | 51:25           | 9:42                   | 4       | 17:29    | 104     | 23:11   | 148.40 | 21:12:19 | 8:34 | 6  | 6:58:29 | 150 | 9:02:18 |
| VP25 - Wilhelmsr    | 5.70        | 50:41           | 8:53                   | 3       | 15:21    | 72      | 20:40   | 154.10 | 22:03:00 | 8:35 | 6  | 7:13:50 | 144 | 9:22:58 |
| VP26 - Wollankst    | 3.10        | 24:45           | 7:59                   | 2       | 1:46     | 29      | 7:38    | 157.20 | 22:27:45 | 8:34 | 6  | 7:15:36 | 131 | 9:30:36 |
| Friedrich-Ludwig    | 4.20        | 25:04           | 5:58                   | 2       | 1:11     | 17      | 5:18    | 161.90 | 22:52:49 | 8:28 | 6  | 7:16:47 | 122 | 9:35:08 |