



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Winkler-Spekker, Sandy

Asociación: Ashai Sports

Dorsal: 448

recorrido: 161.90 km

100MeilenBerlin

categoría:

Seniorinnen W35 (35-39 Jahre)

tiempo total: 22:54:49

velocidad: 7.03 km/h

rendimiento en carrera: 8:29 min/km

posición en el recorrido/Total: 141 (de 397)

posición en el recorrido/Women: 18 (de 84)

mejor tiempo del recorrido: 15:29:48

posición en la categoría: 1(de 6)

mejor tiempo en la categoría: 22:54:49

tiempos parciales

stage score

Total score

| control | etapa | | etapaposisió | | retraso | | retraso | | Total km | Total tiempo | Total posición | retraso | | retraso | |
|--------------------|-------|---------|--------------|-----------|-----------|-------|---------|--------|----------|--------------|----------------|-----------|-----------|---------|-------|
| | km | tiempo | min/km | categoria | categoria | Women | Women | min/km | | | | categoria | categoria | Women | Women |
| VP1 - Checkpoint | 8.60 | 1:04:23 | 7:29 | 2 | 0:07 | 31 | 15:19 | 8.60 | 1:04:23 | 7:29 | 2 | 0:07 | 31 | 15:19 | |
| VP2 - East Side G | 4.80 | 31:01 | 6:27 | 1 | - | 25 | 6:14 | 13.40 | 1:35:24 | 7:07 | 2 | 0:06 | 28 | 21:33 | |
| VP3 - Dammweg | 5.80 | 41:07 | 7:05 | 3 | 1:40 | 25 | 9:24 | 19.20 | 2:16:31 | 7:06 | 2 | 1:46 | 29 | 30:57 | |
| VP4 - Johannisth | 5.70 | 42:13 | 7:24 | 3 | 4:24 | 47 | 11:58 | 24.90 | 2:58:44 | 7:10 | 2 | 4:08 | 29 | 42:55 | |
| VP5 - Imbiß "Am | 9.50 | 1:12:19 | 7:36 | 4 | 4:34 | 37 | 20:19 | 34.40 | 4:11:03 | 7:17 | 3 | 8:42 | 32 | 1:03:14 | |
| VP6 - Buckow | 4.50 | 33:29 | 7:26 | 1 | - | 23 | 8:07 | 38.90 | 4:44:32 | 7:18 | 3 | 6:07 | 28 | 1:11:21 | |
| control | 7.60 | 59:38 | 7:50 | 5 | 2:35 | 45 | 17:15 | 46.50 | 5:44:10 | 7:24 | 3 | 8:25 | 31 | 1:28:36 | |
| VP8 - Osdorfer St | 6.30 | 47:06 | 7:28 | 2 | 0:28 | 25 | 11:39 | 52.80 | 6:31:16 | 7:24 | 2 | 8:53 | 29 | 1:40:15 | |
| VP9 - Sportplatz | 6.50 | 55:28 | 8:31 | 3 | 3:04 | 28 | 19:38 | 59.30 | 7:26:44 | 7:32 | 2 | 11:57 | 27 | 1:59:53 | |
| VP10 - Königswe | 6.20 | 50:54 | 8:12 | 2 | 4:54 | 36 | 16:10 | 65.50 | 8:17:38 | 7:35 | 3 | 10:43 | 29 | 2:16:03 | |
| VP11 - Gedenkst | 6.80 | 1:03:11 | 9:17 | 3 | 4:25 | 48 | 24:27 | 72.30 | 9:20:49 | 7:45 | 3 | 14:26 | 30 | 2:40:30 | |
| VP12 - Brauhaus | 6.90 | 1:02:26 | 9:02 | 4 | 8:14 | 33 | 23:11 | 79.20 | 10:23:15 | 7:52 | 3 | 22:40 | 30 | 3:03:41 | |
| VP13 - Revierförs | 5.70 | 51:49 | 9:05 | 3 | 5:42 | 34 | 17:56 | 84.90 | 11:15:04 | 7:57 | 3 | 21:00 | 30 | 3:21:25 | |
| VP14 - Schloss S | 6.30 | 1:03:52 | 10:08 | 3 | 2:01 | 29 | 26:52 | 91.20 | 12:18:56 | 8:06 | 2 | 15:16 | 30 | 3:48:17 | |
| VP15 - Pagel & Fi | 7.60 | 1:07:11 | 8:50 | 4 | 6:55 | 35 | 23:37 | 98.80 | 13:26:07 | 8:09 | 2 | 18:39 | 30 | 4:11:54 | |
| VP16 - Karolinenl | 4.90 | 49:13 | 10:02 | 4 | 4:43 | 33 | 20:33 | 103.70 | 14:15:20 | 8:14 | 2 | 22:07 | 30 | 4:32:27 | |
| VP17 - Falkensee | 6.50 | 53:23 | 8:12 | 1 | - | 16 | 15:42 | 110.20 | 15:08:43 | 8:14 | 2 | 20:26 | 28 | 4:48:09 | |
| VP18 - Schönwal | 5.80 | 46:55 | 8:05 | 1 | - | 12 | 13:07 | 116.00 | 15:55:38 | 8:14 | 2 | 15:14 | 28 | 5:01:16 | |
| VP19 - Grenzturn | 7.30 | 1:04:36 | 8:50 | 1 | - | 16 | 20:35 | 123.30 | 17:00:14 | 8:16 | 2 | 10:50 | 25 | 5:21:51 | |
| VP20 - Rudercluk | 4.80 | 38:53 | 8:06 | 1 | - | 12 | 17:42 | 128.10 | 17:39:07 | 8:16 | 2 | 2:50 | 20 | 5:32:21 | |
| VP21 - Frohnau | 4.10 | 47:12 | 11:30 | 3 | 3:19 | 26 | 23:54 | 132.20 | 18:26:19 | 8:22 | 2 | 5:06 | 23 | 5:56:15 | |
| VP22 - Naturschu | 6.40 | 58:28 | 9:08 | 4 | 0:45 | 23 | 20:23 | 138.60 | 19:24:47 | 8:24 | 2 | 5:41 | 21 | 6:16:38 | |
| VP23 - Oranienbu | 4.50 | 40:11 | 8:55 | 1 | - | 10 | 12:01 | 143.10 | 20:04:58 | 8:25 | 1 | - | 18 | 6:28:39 | |
| VP24 - Lauftreff l | 5.30 | 48:51 | 9:13 | 1 | - | 12 | 15:55 | 148.40 | 20:53:49 | 8:26 | 1 | - | 17 | 6:44:34 | |
| VP25 - Wilhelmsr | 5.70 | 50:20 | 8:49 | 2 | 1:48 | 16 | 14:59 | 154.10 | 21:44:09 | 8:27 | 1 | - | 17 | 6:59:33 | |
| VP26 - Wollankst | 3.10 | 30:47 | 9:55 | 2 | 5:48 | 26 | 11:03 | 157.20 | 22:14:56 | 8:29 | 1 | - | 17 | 7:10:17 | |
| Friedrich-Ludwig | 4.20 | 39:53 | 9:29 | 3 | 11:25 | 38 | 15:00 | 161.90 | 22:54:49 | 8:29 | 1 | - | 18 | 7:25:01 | |