



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Tehrani, Ash

Asociación: London

Dorsal: 419

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M35 (35-39 Jahre)

tiempo total: 22:57:09

velocidad: 7.01 km/h

rendimiento en carrera: 8:31 min/km

posición en el recorrido/Total: 143 (de 397)

posición en el recorrido/Men: 125 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 14(de 29)

mejor tiempo en la categoría: 17:26:34

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total | | | | | | | |
|---------------------|-------------|-----------------|------------------------|---------|----------|---------|-------|--------|----------|------|----|---------|-----|---------|
| | | | | retraso | posición | retraso | km | tiempo | min/km | | | | | |
| VP1 - Checkpoint | 8.60 | 1:02:38 | 7:16 | 21 | 14:30 | 193 | 18:30 | 8.60 | 1:02:38 | 7:16 | 21 | 14:30 | 193 | 18:30 |
| VP2 - East Side G | 4.80 | 36:18 | 7:33 | 27 | 11:39 | 292 | 15:15 | 13.40 | 1:38:56 | 7:22 | 21 | 26:09 | 232 | 33:42 |
| VP3 - Dammweg | 5.80 | 50:38 | 8:43 | 27 | 17:33 | 306 | 21:26 | 19.20 | 2:29:34 | 7:47 | 24 | 43:38 | 275 | 54:43 |
| VP4 - Johannisth | 5.70 | 50:51 | 8:55 | 27 | 20:26 | 309 | 26:19 | 24.90 | 3:20:25 | 8:02 | 26 | 1:04:04 | 292 | 1:20:43 |
| VP5 - Imbiß "Am | 9.50 | 1:19:48 | 8:24 | 26 | 27:17 | 293 | 38:16 | 34.40 | 4:40:13 | 8:08 | 26 | 1:31:15 | 294 | 1:58:56 |
| VP6 - Buckow | 4.50 | 26:09 | 5:48 | 3 | 0:17 | 20 | 5:33 | 38.90 | 5:06:22 | 7:52 | 25 | 1:31:32 | 268 | 2:04:29 |
| control | 7.60 | 54:19 | 7:08 | 17 | 10:16 | 147 | 20:17 | 46.50 | 6:00:41 | 7:45 | 24 | 1:41:41 | 250 | 2:24:46 |
| VP8 - Osdorfer St | 6.30 | 43:33 | 6:54 | 14 | 6:20 | 107 | 16:07 | 52.80 | 6:44:14 | 7:39 | 22 | 1:47:47 | 230 | 2:40:53 |
| VP9 - Sportplatz | 6.50 | 54:13 | 8:20 | 14 | 32:37 | 133 | 32:46 | 59.30 | 7:38:27 | 7:43 | 21 | 1:56:43 | 209 | 3:03:36 |
| VP10 - Königswe | 6.20 | 43:16 | 6:58 | 6 | 5:55 | 63 | 13:51 | 65.50 | 8:21:43 | 7:39 | 21 | 1:57:19 | 192 | 3:17:27 |
| VP11 - Gedenkst | 6.80 | 48:34 | 7:08 | 11 | 7:30 | 59 | 24:15 | 72.30 | 9:10:17 | 7:36 | 21 | 1:59:44 | 180 | 3:31:55 |
| VP12 - Brauhaus | 6.90 | 1:04:16 | 9:18 | 22 | 22:24 | 217 | 31:09 | 79.20 | 10:14:33 | 7:45 | 21 | 2:17:58 | 189 | 4:03:04 |
| VP13 - Revierförs | 5.70 | 44:07 | 7:44 | 10 | 6:48 | 81 | 14:04 | 84.90 | 10:58:40 | 7:45 | 20 | 2:24:17 | 178 | 4:17:08 |
| VP14 - Schloss S | 6.30 | 1:14:34 | 11:50 | 21 | 35:22 | 209 | 43:07 | 91.20 | 12:13:14 | 8:02 | 20 | 2:59:39 | 187 | 5:00:15 |
| VP15 - Pagel & Fi | 7.60 | 59:40 | 7:51 | 9 | 11:07 | 88 | 21:58 | 98.80 | 13:12:54 | 8:01 | 18 | 3:07:54 | 174 | 5:22:13 |
| VP16 - Karolinenl | 4.90 | 43:37 | 8:54 | 9 | 7:20 | 90 | 18:02 | 103.70 | 13:56:31 | 8:04 | 17 | 3:15:14 | 162 | 5:40:15 |
| VP17 - Falkensee | 6.50 | 53:09 | 8:10 | 10 | 8:24 | 86 | 20:38 | 110.20 | 14:49:40 | 8:04 | 15 | 3:23:38 | 155 | 6:00:53 |
| VP18 - Schönwal | 5.80 | 49:50 | 8:35 | 11 | 10:31 | 93 | 20:45 | 116.00 | 15:39:30 | 8:05 | 15 | 3:32:01 | 151 | 6:21:38 |
| VP19 - Grenzturn | 7.30 | 1:05:45 | 9:00 | 11 | 19:11 | 94 | 37:39 | 123.30 | 16:45:15 | 8:09 | 15 | 3:51:12 | 142 | 6:48:36 |
| VP20 - Rudercluk | 4.80 | 47:25 | 9:52 | 13 | 16:35 | 140 | 23:05 | 128.10 | 17:32:40 | 8:13 | 15 | 4:07:47 | 137 | 7:11:41 |
| VP21 - Frohnau | 4.10 | 1:08:07 | 16:36 | 21 | 40:36 | 245 | 45:28 | 132.20 | 18:40:47 | 8:28 | 17 | 4:48:23 | 160 | 7:57:09 |
| VP22 - Naturschu | 6.40 | 1:03:14 | 9:52 | 17 | 21:22 | 166 | 30:02 | 138.60 | 19:44:01 | 8:32 | 17 | 5:09:45 | 163 | 8:27:11 |
| VP23 - Oranienbu | 4.50 | 46:31 | 10:20 | 12 | 13:46 | 123 | 21:34 | 143.10 | 20:30:32 | 8:35 | 17 | 5:23:22 | 162 | 8:48:45 |
| VP24 - Laufftreff l | 5.30 | 1:00:45 | 11:27 | 17 | 23:40 | 203 | 32:31 | 148.40 | 21:31:17 | 8:42 | 19 | 5:47:02 | 169 | 9:21:16 |
| VP25 - Wilhelmsr | 5.70 | 42:17 | 7:25 | 4 | 4:09 | 17 | 12:16 | 154.10 | 22:13:34 | 8:39 | 16 | 5:49:14 | 157 | 9:33:32 |
| VP26 - Wollankst | 3.10 | 20:07 | 6:29 | 1 | - | 7 | 3:00 | 157.20 | 22:33:41 | 8:36 | 15 | 5:31:13 | 138 | 9:36:32 |
| Friedrich-Ludwig | 4.20 | 23:28 | 5:35 | 1 | - | 6 | 3:42 | 161.90 | 22:57:09 | 8:30 | 14 | 5:30:35 | 126 | 9:39:28 |