



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## evaluación detallada

**Kreusel, Christian**

Asociación: 1. FC Union Berlin

Dorsal: 41

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M40 (40-44 Jahre)

tiempo total: 23:16:34

velocidad: 6.92 km/h

rendimiento en carrera: 8:38 min/km

posición en el recorrido/Total: 167 (de 397)

posición en el recorrido/Men: 145 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 21(de 38)

mejor tiempo en la categoría: 15:13:41

### tiempos parciales

### stage score

### Total score

| control             | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso  |         |          | Total   |          |          |      |    |         |     |         |
|---------------------|-------------|-----------------|------------------------|----------|---------|----------|---------|----------|----------|------|----|---------|-----|---------|
|                     |             |                 |                        | posición | retraso | posición | retraso | posición | retraso  |      |    |         |     |         |
|                     |             |                 |                        | Men      | Men     | Men      | Men     | Men      | Men      |      |    |         |     |         |
| VP1 - Checkpoint    | 8.60        | 1:01:04         | 7:06                   | 25       | 16:56   | 170      | 16:56   | 8.60     | 1:01:04  | 7:06 | 25 | 16:56   | 170 | 16:56   |
| VP2 - East Side G   | 4.80        | 30:48           | 6:25                   | 24       | 9:36    | 174      | 9:45    | 13.40    | 1:31:52  | 6:51 | 24 | 26:32   | 168 | 26:38   |
| VP3 - Dammweg       | 5.80        | 42:43           | 7:21                   | 28       | 12:54   | 204      | 13:31   | 19.20    | 2:14:35  | 7:00 | 25 | 39:26   | 186 | 39:44   |
| VP4 - Johannisth    | 5.70        | 42:07           | 7:23                   | 31       | 15:51   | 246      | 17:35   | 24.90    | 2:56:42  | 7:05 | 26 | 55:17   | 197 | 57:00   |
| VP5 - Imbiß "Am     | 9.50        | 1:12:00         | 7:34                   | 30       | 27:49   | 238      | 30:28   | 34.40    | 4:08:42  | 7:13 | 27 | 1:23:06 | 205 | 1:27:25 |
| VP6 - Buckow        | 4.50        | 35:24           | 7:51                   | 25       | 13:47   | 189      | 14:48   | 38.90    | 4:44:06  | 7:18 | 27 | 1:36:53 | 207 | 1:42:13 |
| control             | 7.60        | 58:26           | 7:41                   | 28       | 21:47   | 204      | 24:24   | 46.50    | 5:42:32  | 7:21 | 27 | 1:58:40 | 203 | 2:06:37 |
| VP8 - Osdorfer St   | 6.30        | 50:04           | 7:56                   | 25       | 19:51   | 206      | 22:38   | 52.80    | 6:32:36  | 7:26 | 27 | 2:18:31 | 204 | 2:29:15 |
| VP9 - Sportplatz    | 6.50        | 1:02:33         | 9:37                   | 22       | 30:21   | 210      | 41:06   | 59.30    | 7:35:09  | 7:40 | 27 | 2:48:52 | 200 | 3:00:18 |
| VP10 - Königswe     | 6.20        | 49:00           | 7:54                   | 22       | 16:30   | 154      | 19:35   | 65.50    | 8:24:09  | 7:41 | 27 | 3:05:22 | 197 | 3:19:53 |
| VP11 - Gedenkst     | 6.80        | 56:38           | 8:19                   | 25       | 21:32   | 166      | 32:19   | 72.30    | 9:20:47  | 7:45 | 26 | 3:26:54 | 198 | 3:42:25 |
| VP12 - Brauhaus     | 6.90        | 55:13           | 8:00                   | 18       | 16:39   | 126      | 22:06   | 79.20    | 10:16:00 | 7:46 | 26 | 3:43:33 | 192 | 4:04:31 |
| VP13 - Revierförs   | 5.70        | 47:59           | 8:25                   | 21       | 15:33   | 134      | 17:56   | 84.90    | 11:03:59 | 7:49 | 26 | 3:59:06 | 190 | 4:22:27 |
| VP14 - Schloss S    | 6.30        | 1:09:00         | 10:57                  | 26       | 35:24   | 182      | 37:33   | 91.20    | 12:12:59 | 8:02 | 25 | 4:34:30 | 185 | 5:00:00 |
| VP15 - Pagel & Fi   | 7.60        | 1:01:48         | 8:07                   | 19       | 20:29   | 121      | 24:06   | 98.80    | 13:14:47 | 8:02 | 25 | 4:54:59 | 180 | 5:24:06 |
| VP16 - Karolinenl   | 4.90        | 43:19           | 8:50                   | 13       | 12:26   | 86       | 17:44   | 103.70   | 13:58:06 | 8:04 | 22 | 5:07:25 | 165 | 5:41:50 |
| VP17 - Falkensee    | 6.50        | 57:00           | 8:46                   | 20       | 19:48   | 138      | 24:29   | 110.20   | 14:55:06 | 8:07 | 22 | 5:27:13 | 166 | 6:06:19 |
| VP18 - Schönwal     | 5.80        | 52:32           | 9:03                   | 19       | 20:17   | 127      | 23:27   | 116.00   | 15:47:38 | 8:10 | 22 | 5:46:34 | 160 | 6:29:46 |
| VP19 - Grenzturn    | 7.30        | 1:13:16         | 10:02                  | 22       | 26:15   | 153      | 45:10   | 123.30   | 17:00:54 | 8:16 | 23 | 6:09:30 | 163 | 7:04:15 |
| VP20 - Rudercluk    | 4.80        | 44:14           | 9:12                   | 15       | 15:14   | 103      | 19:54   | 128.10   | 17:45:08 | 8:18 | 22 | 6:24:44 | 156 | 7:24:09 |
| VP21 - Frohnau      | 4.10        | 59:37           | 14:32                  | 28       | 32:03   | 214      | 36:58   | 132.20   | 18:44:45 | 8:30 | 23 | 6:50:58 | 165 | 8:01:07 |
| VP22 - Naturschu    | 6.40        | 1:00:47         | 9:29                   | 21       | 24:50   | 142      | 27:35   | 138.60   | 19:45:32 | 8:33 | 23 | 7:15:24 | 164 | 8:28:42 |
| VP23 - Oranienbu    | 4.50        | 44:27           | 9:52                   | 13       | 15:47   | 95       | 19:30   | 143.10   | 20:29:59 | 8:35 | 23 | 7:31:11 | 160 | 8:48:12 |
| VP24 - Laufftreff l | 5.30        | 50:29           | 9:31                   | 14       | 19:18   | 92       | 22:15   | 148.40   | 21:20:28 | 8:37 | 23 | 7:46:23 | 157 | 9:10:27 |
| VP25 - Wilhelmsr    | 5.70        | 53:19           | 9:21                   | 11       | 17:25   | 91       | 23:18   | 154.10   | 22:13:47 | 8:39 | 24 | 8:01:37 | 158 | 9:33:45 |
| VP26 - Wollankst    | 3.10        | 30:36           | 9:52                   | 15       | 11:53   | 99       | 13:29   | 157.20   | 22:44:23 | 8:40 | 22 | 7:56:34 | 152 | 9:47:14 |
| Friedrich-Ludwig    | 4.20        | 32:11           | 7:39                   | 13       | 8:28    | 90       | 12:25   | 161.90   | 23:16:34 | 8:37 | 21 | 8:02:53 | 146 | 9:58:53 |