



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## evaluación detallada

**Marschallek, Stephan**

Asociación: Multisport LOS

Dorsal: 206

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M40 (40-44 Jahre)

tiempo total: 23:19:10

velocidad: 6.90 km/h

rendimiento en carrera: 8:38 min/km

posición en el recorrido/Total: 170 (de 397)

posición en el recorrido/Men: 147 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 22(de 38)

mejor tiempo en la categoría: 15:13:41

## tiempos parciales

## stage score

## Total score

| control             | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso  |         |          | Total   |          |          |      |    |         |     |          |
|---------------------|-------------|-----------------|------------------------|----------|---------|----------|---------|----------|----------|------|----|---------|-----|----------|
|                     |             |                 |                        | posición | retraso | posición | retraso | posición | retraso  |      |    |         |     |          |
|                     |             |                 | Men                    | Men      | Men     | Men      | Men     | Men      | Men      |      |    |         |     |          |
| VP1 - Checkpoint    | 8.60        | 54:21           | 6:19                   | 8        | 10:13   | 59       | 10:13   | 8.60     | 54:21    | 6:19 | 8  | 10:13   | 59  | 10:13    |
| VP2 - East Side G   | 4.80        | 26:52           | 5:35                   | 9        | 5:40    | 59       | 5:49    | 13.40    | 1:21:13  | 6:03 | 10 | 15:53   | 60  | 15:59    |
| VP3 - Dammweg       | 5.80        | 39:53           | 6:52                   | 21       | 10:04   | 143      | 10:41   | 19.20    | 2:01:06  | 6:18 | 11 | 25:57   | 78  | 26:15    |
| VP4 - Johannisth    | 5.70        | 39:30           | 6:55                   | 24       | 13:14   | 190      | 14:58   | 24.90    | 2:40:36  | 6:26 | 16 | 39:11   | 102 | 40:54    |
| VP5 - Imbiß "Am     | 9.50        | 1:12:13         | 7:36                   | 31       | 28:02   | 241      | 30:41   | 34.40    | 3:52:49  | 6:46 | 21 | 1:07:13 | 149 | 1:11:32  |
| VP6 - Buckow        | 4.50        | 33:47           | 7:30                   | 24       | 12:10   | 158      | 13:11   | 38.90    | 4:26:36  | 6:51 | 22 | 1:19:23 | 150 | 1:24:43  |
| control             | 7.60        | 52:09           | 6:51                   | 19       | 15:30   | 112      | 18:07   | 46.50    | 5:18:45  | 6:51 | 22 | 1:34:53 | 141 | 1:42:50  |
| VP8 - Osdorfer St   | 6.30        | 50:12           | 7:58                   | 27       | 19:59   | 211      | 22:46   | 52.80    | 6:08:57  | 6:59 | 22 | 1:54:52 | 147 | 2:05:36  |
| VP9 - Sportplatz    | 6.50        | 59:22           | 9:07                   | 18       | 27:10   | 178      | 37:55   | 59.30    | 7:08:19  | 7:13 | 22 | 2:22:02 | 149 | 2:33:28  |
| VP10 - Königswe     | 6.20        | 49:43           | 8:01                   | 23       | 17:13   | 164      | 20:18   | 65.50    | 7:58:02  | 7:17 | 21 | 2:39:15 | 151 | 2:53:46  |
| VP11 - Gedenkst     | 6.80        | 57:25           | 8:26                   | 26       | 22:19   | 179      | 33:06   | 72.30    | 8:55:27  | 7:24 | 21 | 3:01:34 | 149 | 3:17:05  |
| VP12 - Brauhaus     | 6.90        | 1:02:55         | 9:07                   | 29       | 24:21   | 208      | 29:48   | 79.20    | 9:58:22  | 7:33 | 23 | 3:25:55 | 157 | 3:46:53  |
| VP13 - Revierförs   | 5.70        | 50:30           | 8:51                   | 24       | 18:04   | 172      | 20:27   | 84.90    | 10:48:52 | 7:38 | 23 | 3:43:59 | 156 | 4:07:20  |
| VP14 - Schloss S    | 6.30        | 1:07:38         | 10:44                  | 23       | 34:02   | 175      | 36:11   | 91.20    | 11:56:30 | 7:51 | 23 | 4:18:01 | 154 | 4:43:31  |
| VP15 - Pagel & Fi   | 7.60        | 1:11:12         | 9:22                   | 29       | 29:53   | 208      | 33:30   | 98.80    | 13:07:42 | 7:58 | 24 | 4:47:54 | 165 | 5:17:01  |
| VP16 - Karolinenl   | 4.90        | 45:38           | 9:18                   | 19       | 14:45   | 125      | 20:03   | 103.70   | 13:53:20 | 8:02 | 21 | 5:02:39 | 155 | 5:37:04  |
| VP17 - Falkensee    | 6.50        | 1:00:40         | 9:19                   | 26       | 23:28   | 176      | 28:09   | 110.20   | 14:54:00 | 8:06 | 21 | 5:26:07 | 162 | 6:05:13  |
| VP18 - Schönwal     | 5.80        | 55:58           | 9:38                   | 22       | 23:43   | 157      | 26:53   | 116.00   | 15:49:58 | 8:11 | 23 | 5:48:54 | 163 | 6:32:06  |
| VP19 - Grenzturn    | 7.30        | 1:08:47         | 9:25                   | 17       | 21:46   | 120      | 40:41   | 123.30   | 16:58:45 | 8:15 | 22 | 6:07:21 | 158 | 7:02:06  |
| VP20 - Rudercluk    | 4.80        | 45:50           | 9:32                   | 17       | 16:50   | 125      | 21:30   | 128.10   | 17:44:35 | 8:18 | 21 | 6:24:11 | 154 | 7:23:36  |
| VP21 - Frohnau      | 4.10        | 51:55           | 12:39                  | 18       | 24:21   | 165      | 29:16   | 132.20   | 18:36:30 | 8:26 | 21 | 6:42:43 | 151 | 7:52:52  |
| VP22 - Naturschu    | 6.40        | 55:20           | 8:38                   | 12       | 19:23   | 86       | 22:08   | 138.60   | 19:31:50 | 8:27 | 21 | 7:01:42 | 148 | 8:15:00  |
| VP23 - Oranienbu    | 4.50        | 47:20           | 10:31                  | 21       | 18:40   | 136      | 22:23   | 143.10   | 20:19:10 | 8:31 | 22 | 7:20:22 | 154 | 8:37:23  |
| VP24 - Laufftreff l | 5.30        | 54:50           | 10:20                  | 22       | 23:39   | 149      | 26:36   | 148.40   | 21:14:00 | 8:35 | 22 | 7:39:55 | 152 | 9:03:59  |
| VP25 - Wilhelmsr    | 5.70        | 59:18           | 10:24                  | 20       | 23:24   | 153      | 29:17   | 154.10   | 22:13:18 | 8:39 | 23 | 8:01:08 | 156 | 9:33:16  |
| VP26 - Wollankst    | 3.10        | 33:38           | 10:50                  | 20       | 14:55   | 146      | 16:31   | 157.20   | 22:46:56 | 8:41 | 23 | 7:59:07 | 157 | 9:49:47  |
| Friedrich-Ludwig    | 4.20        | 32:14           | 7:40                   | 14       | 8:31    | 92       | 12:28   | 161.90   | 23:19:10 | 8:38 | 22 | 8:05:29 | 148 | 10:01:29 |