



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Flock, Peter

Asociación: Lauffeuer Fröttstädt

Dorsal: 3

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M45 (45-49 Jahre)

tiempo total: 16:22:32

velocidad: 9.83 km/h

rendimiento en carrera: 6:04 min/km

posición en el recorrido/Total: 8 (de 397)

posición en el recorrido/Men: 7 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 1(de 70)

mejor tiempo en la categoría: 16:22:32

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total | | | | | | | |
|--------------------|-------------|-----------------|------------------------|---------|----------|---------|---------|----------|----------|------|---|-------|----|---------|
| | | | | retraso | posición | retraso | retraso | posición | retraso | | | | | |
| | | | Men | Men | Men | km | tiempo | min/km | Men | Men | | | | |
| VP1 - Checkpoint | 8.60 | 48:13 | 5:36 | 4 | 3:59 | 15 | 4:05 | 8.60 | 48:13 | 5:36 | 4 | 3:59 | 15 | 4:05 |
| VP2 - East Side G | 4.80 | 25:05 | 5:13 | 4 | 4:00 | 22 | 4:02 | 13.40 | 1:13:18 | 5:28 | 5 | 7:59 | 18 | 8:04 |
| VP3 - Dammweg | 5.80 | 32:47 | 5:39 | 5 | 2:59 | 19 | 3:35 | 19.20 | 1:46:05 | 5:31 | 4 | 10:58 | 19 | 11:14 |
| VP4 - Johannisth | 5.70 | 31:02 | 5:26 | 5 | 4:20 | 25 | 6:30 | 24.90 | 2:17:07 | 5:30 | 4 | 15:18 | 19 | 17:25 |
| VP5 - Imbiß "Am | 9.50 | 53:13 | 5:36 | 5 | 5:51 | 25 | 11:41 | 34.40 | 3:10:20 | 5:31 | 5 | 21:09 | 21 | 29:03 |
| VP6 - Buckow | 4.50 | 26:13 | 5:49 | 5 | 2:58 | 21 | 5:37 | 38.90 | 3:36:33 | 5:34 | 4 | 24:07 | 20 | 34:40 |
| control | 7.60 | 43:06 | 5:40 | 4 | 2:24 | 18 | 9:04 | 46.50 | 4:19:39 | 5:35 | 4 | 26:28 | 20 | 43:44 |
| VP8 - Osdorfer St | 6.30 | 38:11 | 6:03 | 8 | 4:32 | 37 | 10:45 | 52.80 | 4:57:50 | 5:38 | 5 | 31:00 | 21 | 54:29 |
| VP9 - Sportplatz | 6.50 | 41:42 | 6:24 | 6 | 7:08 | 31 | 20:15 | 59.30 | 5:39:32 | 5:43 | 6 | 38:08 | 20 | 1:04:41 |
| VP10 - Königswe | 6.20 | 40:35 | 6:32 | 12 | 4:32 | 38 | 11:10 | 65.50 | 6:20:07 | 5:48 | 6 | 42:40 | 20 | 1:15:51 |
| VP11 - Gedenkst | 6.80 | 46:32 | 6:50 | 9 | 6:19 | 43 | 22:13 | 72.30 | 7:06:39 | 5:54 | 6 | 48:05 | 19 | 1:28:17 |
| VP12 - Brauhaus | 6.90 | 42:57 | 6:13 | 2 | 1:37 | 18 | 9:50 | 79.20 | 7:49:36 | 5:55 | 6 | 45:24 | 19 | 1:38:07 |
| VP13 - Revierförs | 5.70 | 34:39 | 6:04 | 1 | - | 10 | 4:36 | 84.90 | 8:24:15 | 5:56 | 4 | 7:40 | 16 | 1:42:43 |
| VP14 - Schloss S | 6.30 | 37:35 | 5:57 | 1 | - | 8 | 6:08 | 91.20 | 9:01:50 | 5:56 | 3 | 2:07 | 13 | 1:48:51 |
| VP15 - Pagel & Fi | 7.60 | 46:47 | 6:09 | 1 | - | 12 | 9:05 | 98.80 | 9:48:37 | 5:57 | 1 | - | 11 | 1:57:56 |
| VP16 - Karolinenl | 4.90 | 32:02 | 6:32 | 1 | - | 13 | 6:27 | 103.70 | 10:20:39 | 5:59 | 1 | - | 11 | 2:04:23 |
| VP17 - Falkensee | 6.50 | 42:19 | 6:30 | 1 | - | 12 | 9:48 | 110.20 | 11:02:58 | 6:00 | 1 | - | 11 | 2:14:11 |
| VP18 - Schönwal | 5.80 | 35:55 | 6:11 | 1 | - | 9 | 6:50 | 116.00 | 11:38:53 | 6:01 | 1 | - | 10 | 2:21:01 |
| VP19 - Grenzturn | 7.30 | 46:22 | 6:21 | 1 | - | 10 | 18:16 | 123.30 | 12:25:15 | 6:02 | 1 | - | 9 | 2:28:36 |
| VP20 - Rudercluk | 4.80 | 29:21 | 6:06 | 1 | - | 7 | 5:01 | 128.10 | 12:54:36 | 6:02 | 1 | - | 9 | 2:33:37 |
| VP21 - Frohnau | 4.10 | 25:47 | 6:17 | 1 | - | 5 | 3:08 | 132.20 | 13:20:23 | 6:03 | 1 | - | 8 | 2:36:45 |
| VP22 - Naturschu | 6.40 | 40:25 | 6:18 | 1 | - | 8 | 7:13 | 138.60 | 14:00:48 | 6:03 | 1 | - | 8 | 2:43:58 |
| VP23 - Oranienbu | 4.50 | 28:18 | 6:17 | 1 | - | 3 | 3:21 | 143.10 | 14:29:06 | 6:04 | 1 | - | 8 | 2:47:19 |
| VP24 - Lauftreff l | 5.30 | 32:27 | 6:07 | 1 | - | 6 | 4:13 | 148.40 | 15:01:33 | 6:04 | 1 | - | 8 | 2:51:32 |
| VP25 - Wilhelmsr | 5.70 | 35:47 | 6:16 | 1 | - | 8 | 5:46 | 154.10 | 15:37:20 | 6:04 | 1 | - | 8 | 2:57:18 |
| VP26 - Wollankst | 3.10 | 20:24 | 6:34 | 1 | - | 8 | 3:17 | 157.20 | 15:57:44 | 6:05 | 1 | - | 8 | 3:00:35 |
| Friedrich-Ludwig | 4.20 | 24:48 | 5:54 | 2 | 0:09 | 15 | 5:02 | 161.90 | 16:22:32 | 6:04 | 1 | - | 8 | 3:04:51 |