



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Krogsøe, Nicholas

tiempo total: 25:05:24

Asociación: Glamsbjerg Motion/Klub 100 marathon
Dorsal: 234

Velocidad: 6.42 km/h
rendimiento en carrera: 9:18 min/km

recorrido: 161.90 km
100MeilenBerlin

posición en el recorrido/Total: 228 (de 397)
posición en el recorrido/Men: 195 (de 313)
mejor tiempo del recorrido: 13:17:41

categoría:
Senioren M55 (55-59 Jahre)

posición en la categoría: 30(de 50)
mejor tiempo en la categoría: 18:35:32

tiempos parciales

stage score

Total score

| control | etapa | | etapaposisió | | retraso | | retraso | | Total km | Total tiempo | Total posición | retraso | | retraso |
|---------------------|-------|---------|--------------|---------|----------|---------|----------|---------|----------|--------------|----------------|---------|-----|----------|
| | km | tiempo | min/km | retraso | posición | retraso | posición | retraso | | | | | | |
| VP1 - Checkpoint | 8.60 | 1:05:34 | 7:37 | 35 | 16:11 | 228 | 21:26 | 8.60 | 1:05:34 | 7:37 | 35 | 16:11 | 228 | 21:26 |
| VP2 - East Side G | 4.80 | 34:11 | 7:07 | 43 | 9:25 | 263 | 13:08 | 13.40 | 1:39:45 | 7:26 | 41 | 25:36 | 247 | 34:31 |
| VP3 - Dammweg | 5.80 | 43:29 | 7:29 | 34 | 8:56 | 220 | 14:17 | 19.20 | 2:23:14 | 7:27 | 38 | 34:32 | 234 | 48:23 |
| VP4 - Johannisth | 5.70 | 40:56 | 7:10 | 33 | 9:14 | 218 | 16:24 | 24.90 | 3:04:10 | 7:23 | 38 | 43:35 | 234 | 1:04:28 |
| VP5 - Imbiß "Am | 9.50 | 1:14:48 | 7:52 | 43 | 20:07 | 260 | 33:16 | 34.40 | 4:18:58 | 7:31 | 39 | 1:03:42 | 246 | 1:37:41 |
| VP6 - Buckow | 4.50 | 37:56 | 8:25 | 36 | 11:22 | 241 | 17:20 | 38.90 | 4:56:54 | 7:37 | 40 | 1:15:04 | 249 | 1:55:01 |
| control | 7.60 | 1:04:35 | 8:29 | 40 | 19:48 | 262 | 30:33 | 46.50 | 6:01:29 | 7:46 | 39 | 1:34:52 | 252 | 2:25:34 |
| VP8 - Osdorfer St | 6.30 | 54:23 | 8:37 | 37 | 17:36 | 248 | 26:57 | 52.80 | 6:55:52 | 7:52 | 39 | 1:51:31 | 248 | 2:52:31 |
| VP9 - Sportplatz | 6.50 | 1:15:58 | 11:41 | 41 | 38:12 | 275 | 54:31 | 59.30 | 8:11:50 | 8:17 | 38 | 2:23:46 | 252 | 3:36:59 |
| VP10 - Königswe | 6.20 | 55:23 | 8:55 | 35 | 15:11 | 232 | 25:58 | 65.50 | 9:07:13 | 8:21 | 38 | 2:35:32 | 250 | 4:02:57 |
| VP11 - Gedenkst | 6.80 | 1:01:33 | 9:03 | 34 | 37:14 | 230 | 37:14 | 72.30 | 10:08:46 | 8:25 | 35 | 2:47:47 | 245 | 4:30:24 |
| VP12 - Brauhaus | 6.90 | 1:06:28 | 9:37 | 35 | 20:50 | 240 | 33:21 | 79.20 | 11:15:14 | 8:31 | 34 | 3:02:16 | 243 | 5:03:45 |
| VP13 - Revierförs | 5.70 | 57:20 | 10:03 | 37 | 16:41 | 250 | 27:17 | 84.90 | 12:12:34 | 8:37 | 34 | 3:16:17 | 245 | 5:31:02 |
| VP14 - Schloss S | 6.30 | 1:38:26 | 15:37 | 43 | 53:08 | 282 | 1:06:59 | 91.20 | 13:51:00 | 9:06 | 35 | 4:09:25 | 249 | 6:38:01 |
| VP15 - Pagel & Fi | 7.60 | 1:05:31 | 8:37 | 24 | 15:09 | 169 | 27:49 | 98.80 | 14:56:31 | 9:04 | 35 | 4:20:42 | 243 | 7:05:50 |
| VP16 - Karolinenl | 4.90 | 43:53 | 8:57 | 12 | 5:55 | 92 | 18:18 | 103.70 | 15:40:24 | 9:04 | 34 | 4:19:45 | 236 | 7:24:08 |
| VP17 - Falkensee | 6.50 | 58:12 | 8:57 | 23 | 12:03 | 153 | 25:41 | 110.20 | 16:38:36 | 9:03 | 33 | 4:25:09 | 228 | 7:49:49 |
| VP18 - Schönwal | 5.80 | 54:43 | 9:26 | 21 | 15:10 | 148 | 25:38 | 116.00 | 17:33:19 | 9:04 | 33 | 4:38:33 | 226 | 8:15:27 |
| VP19 - Grenzturn | 7.30 | 1:07:41 | 9:16 | 12 | 36:18 | 106 | 39:35 | 123.30 | 18:41:00 | 9:05 | 32 | 4:54:24 | 221 | 8:44:21 |
| VP20 - Rudercluk | 4.80 | 48:55 | 10:11 | 21 | 14:20 | 165 | 24:35 | 128.10 | 19:29:55 | 9:07 | 32 | 5:08:44 | 218 | 9:08:56 |
| VP21 - Frohnau | 4.10 | 1:04:39 | 15:46 | 40 | 30:57 | 235 | 42:00 | 132.20 | 20:34:34 | 9:20 | 32 | 5:39:41 | 218 | 9:50:56 |
| VP22 - Naturschu | 6.40 | 51:09 | 7:59 | 3 | 3:06 | 49 | 17:57 | 138.60 | 21:25:43 | 9:16 | 32 | 5:42:47 | 211 | 10:08:53 |
| VP23 - Oranienbu | 4.50 | 40:51 | 9:04 | 6 | 6:47 | 60 | 15:54 | 143.10 | 22:06:34 | 9:16 | 31 | 5:49:34 | 206 | 10:24:47 |
| VP24 - Laufftreff l | 5.30 | 50:35 | 9:32 | 10 | 11:09 | 94 | 22:21 | 148.40 | 22:57:09 | 9:16 | 31 | 5:59:51 | 205 | 10:47:08 |
| VP25 - Wilhelmsr | 5.70 | 1:05:13 | 11:26 | 34 | 22:34 | 205 | 35:12 | 154.10 | 24:02:22 | 9:21 | 31 | 6:22:25 | 202 | 11:22:20 |
| VP26 - Wollankst | 3.10 | 31:52 | 10:16 | 14 | 6:54 | 119 | 14:45 | 157.20 | 24:34:14 | 9:22 | 31 | 6:29:19 | 201 | 11:37:05 |
| Friedrich-Ludwig | 4.20 | 31:10 | 7:25 | 7 | 4:13 | 66 | 11:24 | 161.90 | 25:05:24 | 9:17 | 30 | 6:29:52 | 196 | 11:47:43 |