



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

evaluación detallada

Mieß, Bernd

Asociación: Berlin

Dorsal: 108

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M75 (75 und älter)

tiempo total: 29:01:39

velocidad: 5.55 km/h

rendimiento en carrera: 10:46 min/km

posición en el recorrido/Total: 306 (de 397)

posición en el recorrido/Men: 247 (de 313)

mejor tiempo del recorrido: 13:17:41

posición en la categoría: 2(de 2)

mejor tiempo en la categoría: 22:39:51

tiempos parciales

stage score

Total score

| control | etapa | | etapaposisió | | retraso | | Total | | Total | | Total | | posición | | retraso | |
|---------------------|-------|---------|--------------|-----------|---------|-----|---------|--------|----------|-----------|-------|---------|----------|----------|---------|-----|
| | km | tiempo | min/km | categoría | Men | Men | km | tiempo | min/km | categoría | Men | Men | Men | Men | Men | Men |
| VP1 - Checkpoint | 8.60 | 1:08:09 | 7:55 | 2 | 6:24 | 263 | 24:01 | 8.60 | 1:08:09 | 7:55 | 2 | 6:24 | 263 | 24:01 | | |
| VP2 - East Side G | 4.80 | 36:24 | 7:34 | 2 | 5:18 | 294 | 15:21 | 13.40 | 1:44:33 | 7:48 | 2 | 11:42 | 278 | 39:19 | | |
| VP3 - Dammweg | 5.80 | 50:08 | 8:38 | 2 | 7:36 | 303 | 20:56 | 19.20 | 2:34:41 | 8:03 | 2 | 19:18 | 291 | 59:50 | | |
| VP4 - Johannisth | 5.70 | 45:07 | 7:54 | 2 | 3:25 | 287 | 20:35 | 24.90 | 3:19:48 | 8:01 | 2 | 22:43 | 290 | 1:20:06 | | |
| VP5 - Imbiß "Am | 9.50 | 1:21:57 | 8:37 | 2 | 12:53 | 299 | 40:25 | 34.40 | 4:41:45 | 8:11 | 2 | 35:36 | 295 | 2:00:28 | | |
| VP6 - Buckow | 4.50 | 42:44 | 9:29 | 2 | 6:20 | 288 | 22:08 | 38.90 | 5:24:29 | 8:20 | 2 | 41:56 | 293 | 2:22:36 | | |
| control | 7.60 | 1:09:37 | 9:09 | 2 | 10:54 | 285 | 35:35 | 46.50 | 6:34:06 | 8:28 | 2 | 52:50 | 293 | 2:58:11 | | |
| VP8 - Osdorfer St | 6.30 | 56:51 | 9:01 | 2 | 11:35 | 269 | 29:25 | 52.80 | 7:30:57 | 8:32 | 2 | 1:04:25 | 291 | 3:27:36 | | |
| VP9 - Sportplatz | 6.50 | 1:04:54 | 9:59 | 2 | 10:28 | 230 | 43:27 | 59.30 | 8:35:51 | 8:41 | 2 | 1:14:53 | 283 | 4:01:00 | | |
| VP10 - Königswe | 6.20 | 59:02 | 9:31 | 2 | 9:45 | 262 | 29:37 | 65.50 | 9:34:53 | 8:46 | 2 | 1:24:38 | 280 | 4:30:37 | | |
| VP11 - Gedenkst | 6.80 | 1:06:37 | 9:47 | 2 | 10:16 | 254 | 42:18 | 72.30 | 10:41:30 | 8:52 | 2 | 1:34:54 | 273 | 5:03:08 | | |
| VP12 - Brauhaus | 6.90 | 1:11:55 | 10:25 | 2 | 15:26 | 264 | 38:48 | 79.20 | 11:53:25 | 9:00 | 2 | 1:50:20 | 272 | 5:41:56 | | |
| VP13 - Revierförs | 5.70 | 58:42 | 10:17 | 2 | 1:03 | 257 | 28:39 | 84.90 | 12:52:07 | 9:05 | 2 | 1:51:23 | 271 | 6:10:35 | | |
| VP14 - Schloss S | 6.30 | 1:14:02 | 11:45 | 2 | 15:08 | 204 | 42:35 | 91.20 | 14:06:09 | 9:16 | 2 | 2:06:31 | 258 | 6:53:10 | | |
| VP15 - Pagel & Fi | 7.60 | 1:22:32 | 10:51 | 2 | 15:56 | 263 | 44:50 | 98.80 | 15:28:41 | 9:23 | 2 | 2:22:27 | 259 | 7:38:00 | | |
| VP16 - Karolinenl | 4.90 | 55:50 | 11:23 | 2 | 2:31 | 218 | 30:15 | 103.70 | 16:24:31 | 9:29 | 2 | 2:24:58 | 251 | 8:08:15 | | |
| VP17 - Falkensee | 6.50 | 1:16:27 | 11:45 | 2 | 20:02 | 240 | 43:56 | 110.20 | 17:40:58 | 9:37 | 2 | 2:45:00 | 249 | 8:52:11 | | |
| VP18 - Schönwal | 5.80 | 1:11:07 | 12:15 | 2 | 24:53 | 249 | 42:02 | 116.00 | 18:52:05 | 9:45 | 2 | 3:09:53 | 250 | 9:34:13 | | |
| VP19 - Grenzturn | 7.30 | 1:32:04 | 12:36 | 2 | 28:48 | 230 | 1:03:58 | 123.30 | 20:24:09 | 9:55 | 2 | 3:38:41 | 245 | 10:27:30 | | |
| VP20 - Rudercluk | 4.80 | 1:04:01 | 13:20 | 2 | 10:09 | 243 | 39:41 | 128.10 | 21:28:10 | 10:03 | 2 | 3:48:50 | 244 | 11:07:11 | | |
| VP21 - Frohnau | 4.10 | 1:00:47 | 14:49 | 2 | 13:19 | 217 | 38:08 | 132.20 | 22:28:57 | 10:12 | 2 | 4:02:09 | 238 | 11:45:19 | | |
| VP22 - Naturschu | 6.40 | 1:25:20 | 13:19 | 2 | 32:10 | 252 | 52:08 | 138.60 | 23:54:17 | 10:20 | 2 | 4:34:19 | 239 | 12:37:27 | | |
| VP23 - Oranienbu | 4.50 | 1:00:06 | 13:21 | 2 | 12:09 | 225 | 35:09 | 143.10 | 24:54:23 | 10:26 | 2 | 4:46:28 | 236 | 13:12:36 | | |
| VP24 - Laufftreff l | 5.30 | 1:11:07 | 13:25 | 2 | 28:51 | 244 | 42:53 | 148.40 | 26:05:30 | 10:32 | 2 | 5:15:19 | 238 | 13:55:29 | | |
| VP25 - Wilhelmsr | 5.70 | 1:18:17 | 13:44 | 2 | 24:36 | 246 | 48:16 | 154.10 | 27:23:47 | 10:40 | 2 | 5:39:55 | 242 | 14:43:45 | | |
| VP26 - Wollankst | 3.10 | 42:30 | 13:42 | 2 | 12:37 | 242 | 25:23 | 157.20 | 28:06:17 | 10:43 | 2 | 5:52:32 | 244 | 15:09:08 | | |
| Friedrich-Ludwig | 4.20 | 55:22 | 13:10 | 2 | 29:16 | 256 | 35:36 | 161.90 | 29:01:39 | 10:45 | 2 | 6:21:48 | 248 | 15:43:58 | | |