



# 7. Erfurter Campuslauf

Erfurt / 28.06.2023

## evaluación detallada

### Die weißen Wölfe

Asociación: Die weißen Wölfe

Dorsal: 4

recorrido: 10.00 km

Teamlauf

categoría:

Team Männer/Mix

tiempo total: 46:22

velocidad: 12.94 km/h

rendimiento en carrera: 4:38 min/km

posición en el recorrido/Total: 10 (de 15)

posición en el recorrido/Total: 10 (de 15)

mejor tiempo del recorrido: 35:10

posición en la categoría: 9(de 13)

mejor tiempo en la categoría: 35:10

### tiempos parciales

### stage score

### Total score

| control | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso  |         |          | retraso |          |         | Total<br>km | Total<br>tiempo | Total<br>min/km | retraso  |         |       | Total<br>Total |      |   |       |    |       |
|---------|-------------|-----------------|------------------------|----------|---------|----------|---------|----------|---------|-------------|-----------------|-----------------|----------|---------|-------|----------------|------|---|-------|----|-------|
|         |             |                 |                        | posición | retraso | posición | retraso | posición | retraso |             |                 |                 | posición | retraso |       |                |      |   |       |    |       |
| Runde   | 0.40        | 1:28            | 3:39                   | 6        | 0:21    | 7        | 0:21    | 0.40     | 1:28    | 3:39        | 6               | 0:21            | 7        | 0:21    | 0.40  | 1:28           | 3:39 | 6 | 0:21  | 7  | 0:21  |
| Runde   | 0.40        | 1:42            | 4:15                   | 9        | 0:28    | 10       | 0:28    | 0.80     | 3:10    | 3:57        | 8               | 0:49            | 9        | 0:49    | 0.80  | 3:10           | 3:57 | 8 | 0:49  | 9  | 0:49  |
| Runde   | 0.40        | 1:41            | 4:12                   | 7        | 0:21    | 8        | 0:21    | 1.20     | 4:51    | 4:02        | 8               | 1:09            | 9        | 1:09    | 1.20  | 4:51           | 4:02 | 8 | 1:09  | 9  | 1:09  |
| Runde   | 0.40        | 1:49            | 4:32                   | 10       | 0:30    | 11       | 0:30    | 1.60     | 6:40    | 4:10        | 8               | 1:32            | 9        | 1:32    | 1.60  | 6:40           | 4:10 | 8 | 1:32  | 9  | 1:32  |
| Runde   | 0.40        | 1:43            | 4:17                   | 5        | 0:28    | 5        | 0:28    | 2.00     | 8:23    | 4:11        | 8               | 1:55            | 9        | 1:55    | 2.00  | 8:23           | 4:11 | 8 | 1:55  | 9  | 1:55  |
| Runde   | 0.40        | 1:34            | 3:54                   | 7        | 0:23    | 7        | 0:23    | 2.40     | 9:57    | 4:08        | 8               | 2:03            | 9        | 2:03    | 2.40  | 9:57           | 4:08 | 8 | 2:03  | 9  | 2:03  |
| Runde   | 0.40        | 1:45            | 4:22                   | 6        | 0:28    | 7        | 0:28    | 2.80     | 11:42   | 4:10        | 8               | 2:29            | 9        | 2:29    | 2.80  | 11:42          | 4:10 | 8 | 2:29  | 9  | 2:29  |
| Runde   | 0.40        | 1:48            | 4:30                   | 9        | 0:30    | 9        | 0:30    | 3.20     | 13:30   | 4:13        | 8               | 2:59            | 9        | 2:59    | 3.20  | 13:30          | 4:13 | 8 | 2:59  | 9  | 2:59  |
| Runde   | 0.40        | 1:57            | 4:52                   | 11       | 0:40    | 12       | 0:40    | 3.60     | 15:27   | 4:17        | 8               | 3:19            | 9        | 3:19    | 3.60  | 15:27          | 4:17 | 8 | 3:19  | 9  | 3:19  |
| Runde   | 0.40        | 1:52            | 4:39                   | 7        | 0:35    | 8        | 0:35    | 4.00     | 17:19   | 4:19        | 8               | 3:45            | 9        | 3:45    | 4.00  | 17:19          | 4:19 | 8 | 3:45  | 9  | 3:45  |
| Runde   | 0.40        | 1:59            | 4:57                   | 8        | 0:45    | 9        | 0:45    | 4.40     | 19:18   | 4:23        | 8               | 4:18            | 9        | 4:18    | 4.40  | 19:18          | 4:23 | 8 | 4:18  | 9  | 4:18  |
| Runde   | 0.40        | 1:58            | 4:54                   | 9        | 0:39    | 10       | 0:39    | 4.80     | 21:16   | 4:25        | 9               | 4:45            | 10       | 4:45    | 4.80  | 21:16          | 4:25 | 9 | 4:45  | 10 | 4:45  |
| Runde   | 0.40        | 2:19            | 5:47                   | 12       | 1:01    | 14       | 1:01    | 5.20     | 23:35   | 4:32        | 9               | 5:46            | 10       | 5:46    | 5.20  | 23:35          | 4:32 | 9 | 5:46  | 10 | 5:46  |
| Runde   | 0.40        | 1:47            | 4:27                   | 7        | 0:21    | 7        | 0:21    | 5.60     | 25:22   | 4:31        | 9               | 6:06            | 10       | 6:06    | 5.60  | 25:22          | 4:31 | 9 | 6:06  | 10 | 6:06  |
| Runde   | 0.40        | 1:54            | 4:44                   | 10       | 0:33    | 11       | 0:33    | 6.00     | 27:16   | 4:32        | 9               | 6:34            | 10       | 6:34    | 6.00  | 27:16          | 4:32 | 9 | 6:34  | 10 | 6:34  |
| Runde   | 0.40        | 1:54            | 4:44                   | 8        | 0:39    | 8        | 0:39    | 6.40     | 29:10   | 4:33        | 9               | 7:00            | 10       | 7:00    | 6.40  | 29:10          | 4:33 | 9 | 7:00  | 10 | 7:00  |
| Runde   | 0.40        | 1:53            | 4:42                   | 8        | 0:36    | 9        | 0:36    | 6.80     | 31:03   | 4:33        | 9               | 7:15            | 10       | 7:15    | 6.80  | 31:03          | 4:33 | 9 | 7:15  | 10 | 7:15  |
| Runde   | 0.40        | 2:16            | 5:39                   | 13       | 1:00    | 14       | 1:00    | 7.20     | 33:19   | 4:37        | 9               | 8:15            | 10       | 8:15    | 7.20  | 33:19          | 4:37 | 9 | 8:15  | 10 | 8:15  |
| Runde   | 0.40        | 1:52            | 4:39                   | 7        | 0:25    | 8        | 0:25    | 7.60     | 35:11   | 4:37        | 9               | 8:32            | 10       | 8:32    | 7.60  | 35:11          | 4:37 | 9 | 8:32  | 10 | 8:32  |
| Runde   | 0.40        | 1:54            | 4:44                   | 8        | 0:31    | 9        | 0:31    | 8.00     | 37:05   | 4:38        | 9               | 8:55            | 10       | 8:55    | 8.00  | 37:05          | 4:38 | 9 | 8:55  | 10 | 8:55  |
| Runde   | 0.40        | 1:49            | 4:32                   | 10       | 0:35    | 11       | 0:35    | 8.40     | 38:54   | 4:37        | 9               | 9:14            | 10       | 9:14    | 8.40  | 38:54          | 4:37 | 9 | 9:14  | 10 | 9:14  |
| Runde   | 0.40        | 1:53            | 4:42                   | 10       | 0:32    | 12       | 0:32    | 8.80     | 40:47   | 4:38        | 9               | 9:39            | 10       | 9:39    | 8.80  | 40:47          | 4:38 | 9 | 9:39  | 10 | 9:39  |
| Runde   | 0.40        | 2:10            | 5:24                   | 13       | 0:56    | 14       | 0:56    | 9.20     | 42:57   | 4:40        | 9               | 10:35           | 10       | 10:35   | 9.20  | 42:57          | 4:40 | 9 | 10:35 | 10 | 10:35 |
| Runde   | 0.40        | 1:34            | 3:54                   | 5        | 0:19    | 6        | 0:19    | 9.60     | 44:31   | 4:38        | 9               | 10:36           | 10       | 10:36   | 9.60  | 44:31          | 4:38 | 9 | 10:36 | 10 | 10:36 |
| Ziel    | 0.40        | 1:51            | 4:37                   | 10       | 0:46    | 12       | 0:46    | 10.00    | 46:22   | 4:38        | 9               | 11:12           | 10       | 11:12   | 10.00 | 46:22          | 4:38 | 9 | 11:12 | 10 | 11:12 |