



1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

evaluación detallada

Friedrich Reinhard Wilke

Dorsal: 79

recorrido: 0.35 km/vuelta

Stundenlauf

categoría:

Senioren M55 (55-59)

tiempo total: 59:17

velocidad: 9.92 km/h

rendimiento en carrera: 6:02 min/km

Laps: 28 (9.8 km)

posición en el recorrido/Men: 37 (de 44)

posición en la categoría: 4(de 4)

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total km | Total tiempo | Total posición min/km | retraso | | | | |
|-----------|----------|--------------|---------------------|-----------|------|-----|----------|--------------|-----------------------|-----------|-----|-------|----|-------|
| | | | | categoría | Men | Men | | | | categoría | Men | Men | | |
| vuelta 1 | 0.35 | 2:06 | 6:00 | 4 | 0:28 | 36 | 0:52 | 0.35 | 2:06 | 6:00 | 4 | 0:28 | 36 | 0:52 |
| vuelta 2 | 0.35 | 1:56 | 5:31 | 4 | 0:22 | 35 | 0:35 | 0.70 | 4:02 | 5:45 | 4 | 0:46 | 36 | 1:27 |
| vuelta 3 | 0.35 | 1:57 | 5:34 | 4 | 0:22 | 36 | 0:36 | 1.05 | 5:59 | 5:41 | 4 | 1:08 | 36 | 2:02 |
| vuelta 4 | 0.35 | 2:00 | 5:42 | 4 | 0:24 | 35 | 0:39 | 1.40 | 7:59 | 5:42 | 4 | 1:32 | 36 | 2:41 |
| vuelta 5 | 0.35 | 2:03 | 5:51 | 4 | 0:27 | 37 | 0:41 | 1.75 | 10:02 | 5:44 | 4 | 1:59 | 36 | 3:22 |
| vuelta 6 | 0.35 | 2:08 | 6:05 | 4 | 0:30 | 37 | 0:45 | 2.10 | 12:10 | 5:47 | 4 | 2:29 | 38 | 4:07 |
| vuelta 7 | 0.35 | 2:05 | 5:57 | 4 | 0:27 | 37 | 0:43 | 2.45 | 14:15 | 5:48 | 4 | 2:56 | 38 | 4:50 |
| vuelta 8 | 0.35 | 2:07 | 6:02 | 4 | 0:29 | 37 | 0:44 | 2.80 | 16:22 | 5:50 | 4 | 3:25 | 38 | 5:33 |
| vuelta 9 | 0.35 | 2:06 | 6:00 | 4 | 0:26 | 37 | 0:45 | 3.15 | 18:28 | 5:51 | 4 | 3:51 | 38 | 6:14 |
| vuelta 10 | 0.35 | 2:06 | 6:00 | 4 | 0:25 | 38 | 0:44 | 3.50 | 20:34 | 5:52 | 4 | 4:16 | 38 | 6:56 |
| vuelta 11 | 0.35 | 2:03 | 5:51 | 4 | 0:24 | 37 | 0:40 | 3.85 | 22:37 | 5:52 | 4 | 4:40 | 37 | 7:35 |
| vuelta 12 | 0.35 | 2:06 | 6:00 | 4 | 0:27 | 37 | 0:45 | 4.20 | 24:43 | 5:53 | 4 | 5:07 | 37 | 8:18 |
| vuelta 13 | 0.35 | 2:02 | 5:48 | 4 | 0:19 | 37 | 0:41 | 4.55 | 26:45 | 5:52 | 4 | 5:26 | 37 | 8:57 |
| vuelta 14 | 0.35 | 2:07 | 6:02 | 4 | 0:25 | 37 | 0:46 | 4.90 | 28:52 | 5:53 | 4 | 5:51 | 37 | 9:42 |
| vuelta 15 | 0.35 | 2:05 | 5:57 | 4 | 0:22 | 38 | 0:43 | 5.25 | 30:57 | 5:53 | 4 | 6:13 | 37 | 10:25 |
| vuelta 16 | 0.35 | 2:09 | 6:08 | 4 | 0:27 | 38 | 0:47 | 5.60 | 33:06 | 5:54 | 4 | 6:40 | 37 | 11:11 |
| vuelta 17 | 0.35 | 2:08 | 6:05 | 4 | 0:24 | 36 | 0:45 | 5.95 | 35:14 | 5:55 | 4 | 7:04 | 37 | 11:56 |
| vuelta 18 | 0.35 | 2:12 | 6:17 | 4 | 0:28 | 38 | 0:48 | 6.30 | 37:26 | 5:56 | 4 | 7:32 | 37 | 12:43 |
| vuelta 19 | 0.35 | 2:12 | 6:17 | 4 | 0:28 | 38 | 0:50 | 6.65 | 39:38 | 5:57 | 4 | 8:00 | 37 | 13:32 |
| vuelta 20 | 0.35 | 2:11 | 6:14 | 4 | 0:26 | 36 | 0:51 | 7.00 | 41:49 | 5:58 | 4 | 8:26 | 37 | 14:22 |
| vuelta 21 | 0.35 | 2:14 | 6:22 | 4 | 0:27 | 37 | 0:52 | 7.35 | 44:03 | 5:59 | 4 | 8:53 | 37 | 15:14 |
| vuelta 22 | 0.35 | 2:19 | 6:37 | 4 | 0:32 | 40 | 0:56 | 7.70 | 46:22 | 6:01 | 4 | 9:23 | 37 | 16:10 |
| vuelta 23 | 0.35 | 2:17 | 6:31 | 4 | 0:32 | 39 | 0:55 | 8.05 | 48:39 | 6:02 | 4 | 9:54 | 37 | 17:05 |
| vuelta 24 | 0.35 | 2:10 | 6:11 | 4 | 0:25 | 37 | 0:49 | 8.40 | 50:49 | 6:02 | 4 | 10:19 | 37 | 17:54 |
| vuelta 25 | 0.35 | 2:15 | 6:25 | 4 | 0:29 | 39 | 0:55 | 8.75 | 53:04 | 6:03 | 4 | 10:48 | 37 | 18:49 |
| vuelta 26 | 0.35 | 2:09 | 6:08 | 4 | 0:24 | 38 | 0:48 | 9.10 | 55:13 | 6:04 | 4 | 11:12 | 37 | 19:37 |
| vuelta 27 | 0.35 | 2:06 | 6:00 | 4 | 0:20 | 34 | 0:45 | 9.45 | 57:19 | 6:03 | 4 | 11:32 | 37 | 20:22 |
| vuelta 28 | 0.35 | 1:58 | 5:37 | 3 | 0:13 | 30 | 0:36 | 9.80 | 59:17 | 6:02 | 4 | 11:42 | 37 | 20:58 |