



# 1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

## evaluación detallada

**Petra Knoblich**

Asociación: Alteburglauffreife

Dorsal: 59

recorrido: 0.35 km/vuelta

Stundenlauf

categoría:

Seniorinnen W55 (55-59)

tiempo total: 59:29

velocidad: 11.10 km/h

rendimiento en carrera: 5:09 min/km

Laps: 33 (11.55 km)

posición en el recorrido/Women: 3 (de 11)

posición en la categoría: 1(de 3)

## tiempos parciales

## stage score

## Total score

| control   | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso |       |      |       | Total<br>km | Total<br>tiempo | Total<br>min/km | retraso |       |   |      |
|-----------|-------------|-----------------|------------------------|---------|-------|------|-------|-------------|-----------------|-----------------|---------|-------|---|------|
|           |             |                 |                        | Wome    | Women | Wome | Women |             |                 |                 | Wome    | Women |   |      |
| vuelta 1  | 0.35        | 1:50            | 5:14                   | 2       | 0:09  | 5    | 0:26  | 0.35        | 1:50            | 5:14            | 2       | 0:09  | 5 | 0:26 |
| vuelta 2  | 0.35        | 1:46            | 5:02                   | 1       | -     | 4    | 0:14  | 0.70        | 3:36            | 5:08            | 1       | -     | 4 | 0:40 |
| vuelta 3  | 0.35        | 1:47            | 5:05                   | 1       | -     | 3    | 0:21  | 1.05        | 5:23            | 5:07            | 1       | -     | 4 | 1:01 |
| vuelta 4  | 0.35        | 1:49            | 5:11                   | 1       | -     | 3    | 0:17  | 1.40        | 7:12            | 5:08            | 1       | -     | 4 | 1:18 |
| vuelta 5  | 0.35        | 1:50            | 5:14                   | 1       | -     | 3    | 0:24  | 1.75        | 9:02            | 5:09            | 1       | -     | 4 | 1:42 |
| vuelta 6  | 0.35        | 1:50            | 5:14                   | 1       | -     | 4    | 0:15  | 2.10        | 10:52           | 5:10            | 1       | -     | 4 | 1:57 |
| vuelta 7  | 0.35        | 1:49            | 5:11                   | 1       | -     | 4    | 0:23  | 2.45        | 12:41           | 5:10            | 1       | -     | 4 | 2:20 |
| vuelta 8  | 0.35        | 1:47            | 5:05                   | 1       | -     | 3    | 0:11  | 2.80        | 14:28           | 5:10            | 1       | -     | 3 | 2:31 |
| vuelta 9  | 0.35        | 1:48            | 5:08                   | 1       | -     | 3    | 0:23  | 3.15        | 16:16           | 5:09            | 1       | -     | 3 | 2:54 |
| vuelta 10 | 0.35        | 1:48            | 5:08                   | 1       | -     | 4    | 0:14  | 3.50        | 18:04           | 5:09            | 1       | -     | 3 | 3:08 |
| vuelta 11 | 0.35        | 1:48            | 5:08                   | 1       | -     | 3    | 0:21  | 3.85        | 19:52           | 5:09            | 1       | -     | 3 | 3:29 |
| vuelta 12 | 0.35        | 1:48            | 5:08                   | 1       | -     | 3    | 0:13  | 4.20        | 21:40           | 5:09            | 1       | -     | 3 | 3:42 |
| vuelta 13 | 0.35        | 1:48            | 5:08                   | 1       | -     | 2    | 0:22  | 4.55        | 23:28           | 5:09            | 1       | -     | 3 | 4:04 |
| vuelta 14 | 0.35        | 1:50            | 5:14                   | 1       | -     | 2    | 0:16  | 4.90        | 25:18           | 5:09            | 1       | -     | 3 | 4:20 |
| vuelta 15 | 0.35        | 1:49            | 5:11                   | 1       | -     | 2    | 0:26  | 5.25        | 27:07           | 5:09            | 1       | -     | 3 | 4:46 |
| vuelta 16 | 0.35        | 1:49            | 5:11                   | 1       | -     | 2    | 0:13  | 5.60        | 28:56           | 5:10            | 1       | -     | 3 | 4:59 |
| vuelta 17 | 0.35        | 1:49            | 5:11                   | 1       | -     | 3    | 0:20  | 5.95        | 30:45           | 5:10            | 1       | -     | 3 | 5:19 |
| vuelta 18 | 0.35        | 1:50            | 5:14                   | 1       | -     | 3    | 0:14  | 6.30        | 32:35           | 5:10            | 1       | -     | 3 | 5:33 |
| vuelta 19 | 0.35        | 1:51            | 5:17                   | 1       | -     | 4    | 0:22  | 6.65        | 34:26           | 5:10            | 1       | -     | 3 | 5:55 |
| vuelta 20 | 0.35        | 1:50            | 5:14                   | 1       | -     | 3    | 0:10  | 7.00        | 36:16           | 5:10            | 1       | -     | 3 | 6:05 |
| vuelta 21 | 0.35        | 1:50            | 5:14                   | 1       | -     | 3    | 0:22  | 7.35        | 38:06           | 5:11            | 1       | -     | 3 | 6:27 |
| vuelta 22 | 0.35        | 1:48            | 5:08                   | 1       | -     | 3    | 0:08  | 7.70        | 39:54           | 5:10            | 1       | -     | 3 | 6:35 |
| vuelta 23 | 0.35        | 1:50            | 5:14                   | 1       | -     | 3    | 0:20  | 8.05        | 41:44           | 5:11            | 1       | -     | 3 | 6:55 |
| vuelta 24 | 0.35        | 1:48            | 5:08                   | 1       | -     | 2    | 0:10  | 8.40        | 43:32           | 5:10            | 1       | -     | 3 | 7:05 |
| vuelta 25 | 0.35        | 1:48            | 5:08                   | 1       | -     | 2    | 0:23  | 8.75        | 45:20           | 5:10            | 1       | -     | 3 | 7:28 |
| vuelta 26 | 0.35        | 1:45            | 5:00                   | 1       | -     | 2    | 0:08  | 9.10        | 47:05           | 5:10            | 1       | -     | 3 | 7:36 |
| vuelta 27 | 0.35        | 1:47            | 5:05                   | 1       | -     | 2    | 0:20  | 9.45        | 48:52           | 5:10            | 1       | -     | 3 | 7:56 |
| vuelta 28 | 0.35        | 1:46            | 5:02                   | 1       | -     | 3    | 0:08  | 9.80        | 50:38           | 5:10            | 1       | -     | 3 | 8:04 |
| vuelta 29 | 0.35        | 1:47            | 5:05                   | 1       | -     | 3    | 0:19  | 10.15       | 52:25           | 5:09            | 1       | -     | 3 | 8:23 |
| vuelta 30 | 0.35        | 1:47            | 5:05                   | 1       | -     | 2    | 0:07  | 10.50       | 54:12           | 5:09            | 1       | -     | 3 | 8:30 |



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tiempos parciales

stage score

Total score

| control   | tiempos parciales |              |              | stage score       |                   |               |               | Total score |              |              |                   |                   |               |               |
|-----------|-------------------|--------------|--------------|-------------------|-------------------|---------------|---------------|-------------|--------------|--------------|-------------------|-------------------|---------------|---------------|
|           | etapa km          | etapa tiempo | etapa min/km | posició categoría | retraso categoría | posició Women | retraso Women | Total km    | Total tiempo | Total min/km | posició categoría | retraso categoría | posició Women | retraso Women |
| vuelta 31 | 0.35              | 1:46         | 5:02         | 1                 | -                 | 2             | 0:19          | 10.85       | 55:58        | 5:09         | 1                 | -                 | 3             | 8:49          |
| vuelta 32 | 0.35              | 1:46         | 5:02         | 1                 | -                 | 2             | 0:08          | 11.20       | 57:44        | 5:09         | 1                 | -                 | 3             | 8:57          |
| vuelta 33 | 0.35              | 1:45         | 5:00         | 1                 | -                 | 2             | 0:17          | 11.55       | 59:29        | 5:09         | 1                 | -                 | 3             | 9:14          |