



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Exploitation détaillée

### Runalytics

Association: ETH

Dossard: 111

Circuit: 116.80 km

Sola-Stafette

Catégorie:

Langsame

Temps total: 10:34:15

Vitesse: 10.97 km/h

Kilométrage: 5:25 min/km

Place par parcours: 539 (de 790)

Meilleur temps dans le parcours: 6:52:28

Place par catégorie: 255(de 477)

Meilleur temps dans la catégorie: 8:43:10

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste       | Etape |        | Etape  |       | Etape |       | Place |        | Retard   |        | Place |          | Retard |          | Total  |          | Total  |       | Total    |       | Place    |        | Retard   |        | Place |          | Retard |          |
|-------------|-------|--------|--------|-------|-------|-------|-------|--------|----------|--------|-------|----------|--------|----------|--------|----------|--------|-------|----------|-------|----------|--------|----------|--------|-------|----------|--------|----------|
|             | km    | Temps  | min/km | catg. | catg. | Total | Total | km     | Temps    | min/km | catg. | catg.    | Total  | Total    | km     | Temps    | min/km | catg. | catg.    | Total | Total    | km     | Temps    | min/km | catg. | catg.    | Total  | Total    |
| Hönggerberg | 4.40  |        | 6:01   | 357   | 9:19  | 630   | 10:42 | 4.40   | 26:31    | 6:01   | 1     | 26:31    | 1      | 26:31    | 4.40   | 26:31    | 6:01   | 1     | 26:31    | 1     | 26:31    | 4.40   | 26:31    | 6:01   | 1     | 26:31    | 1      | 26:31    |
| Buchlern    | 13.25 |        | 4:57   | 293   | 18:16 | 554   | 22:46 | 17.65  | 1:32:18  | 5:13   | 1     | 1:32:18  | 1      | 1:32:18  | 17.65  | 1:32:18  | 5:13   | 1     | 1:32:18  | 1     | 1:32:18  | 17.65  | 1:32:18  | 5:13   | 1     | 1:32:18  | 1      | 1:32:18  |
| Uetliberg   | 6.20  |        | 6:45   | 335   | 12:45 | 613   | 16:21 | 23.85  | 2:14:15  | 5:37   | 1     | 2:14:15  | 1      | 2:14:15  | 23.85  | 2:14:15  | 5:37   | 1     | 2:14:15  | 1     | 2:14:15  | 23.85  | 2:14:15  | 5:37   | 1     | 2:14:15  | 1      | 2:14:15  |
| Felsenegg   | 5.90  |        | 5:00   | 119   | 6:55  | 282   | 9:36  | 29.75  | 2:43:48  | 5:30   | 1     | 2:43:48  | 1      | 2:43:48  | 29.75  | 2:43:48  | 5:30   | 1     | 2:43:48  | 1     | 2:43:48  | 29.75  | 2:43:48  | 5:30   | 1     | 2:43:48  | 1      | 2:43:48  |
| Buchlern    | 14.02 |        | 4:16   | 26    | 8:11  | 106   | 12:12 | 43.77  | 3:43:48  | 5:06   | 1     | 3:43:48  | 1      | 3:43:48  | 43.77  | 3:43:48  | 5:06   | 1     | 3:43:48  | 1     | 3:43:48  | 43.77  | 3:43:48  | 5:06   | 1     | 3:43:48  | 1      | 3:43:48  |
| Hönggerberg | 11.10 |        | 6:00   | 400   | 24:51 | 689   | 27:32 | 54.87  | 4:50:29  | 5:17   | 1     | 4:50:29  | 1      | 4:50:29  | 54.87  | 4:50:29  | 5:17   | 1     | 4:50:29  | 1     | 4:50:29  | 54.87  | 4:50:29  | 5:17   | 1     | 4:50:29  | 1      | 4:50:29  |
| Irchel      | 5.10  |        | 5:00   | 106   | 6:26  | 263   | 8:46  | 59.97  | 5:16:01  | 5:16   | 1     | 5:16:01  | 1      | 5:16:01  | 59.97  | 5:16:01  | 5:16   | 1     | 5:16:01  | 1     | 5:16:01  | 59.97  | 5:16:01  | 5:16   | 1     | 5:16:01  | 1      | 5:16:01  |
| Fluntern    | 6.34  |        | 5:10   | 178   | 8:57  | 395   | 11:02 | 66.31  | 5:48:51  | 5:15   | 1     | 5:48:51  | 1      | 5:48:51  | 66.31  | 5:48:51  | 5:15   | 1     | 5:48:51  | 1     | 5:48:51  | 66.31  | 5:48:51  | 5:15   | 1     | 5:48:51  | 1      | 5:48:51  |
| Forch       | 11.30 |        | 6:23   | 432   | 30:43 | 739   | 33:35 | 77.61  | 7:01:06  | 5:25   | 1     | 7:01:06  | 1      | 7:01:06  | 77.61  | 7:01:06  | 5:25   | 1     | 7:01:06  | 1     | 7:01:06  | 77.61  | 7:01:06  | 5:25   | 1     | 7:01:06  | 1      | 7:01:06  |
| Egg         | 8.75  |        | 5:30   | 258   | 14:49 | 500   | 16:03 | 86.36  | 7:49:20  | 5:26   | 1     | 7:49:20  | 1      | 7:49:20  | 86.36  | 7:49:20  | 5:26   | 1     | 7:49:20  | 1     | 7:49:20  | 86.36  | 7:49:20  | 5:26   | 1     | 7:49:20  | 1      | 7:49:20  |
| Zumikon     | 12.99 |        | 5:50   | 359   | 22:48 | 649   | 28:57 | 99.35  | 9:05:16  | 5:29   | 1     | 9:05:16  | 1      | 9:05:16  | 99.35  | 9:05:16  | 5:29   | 1     | 9:05:16  | 1     | 9:05:16  | 99.35  | 9:05:16  | 5:29   | 1     | 9:05:16  | 1      | 9:05:16  |
| Witikon     | 6.91  |        | 4:17   | 73    | 5:52  | 188   | 8:40  | 106.26 | 9:34:58  | 5:24   | 1     | 9:34:58  | 1      | 9:34:58  | 106.26 | 9:34:58  | 5:24   | 1     | 9:34:58  | 1     | 9:34:58  | 106.26 | 9:34:58  | 5:24   | 1     | 9:34:58  | 1      | 9:34:58  |
| Fluntern    | 4.90  |        | 6:14   | 395   | 13:44 | 686   | 14:16 | 111.16 | 10:05:33 | 5:26   | 1     | 10:05:33 | 1      | 10:05:33 | 111.16 | 10:05:33 | 5:26   | 1     | 10:05:33 | 1     | 10:05:33 | 111.16 | 10:05:33 | 5:26   | 1     | 10:05:33 | 1      | 10:05:33 |
| Poste       | -     | fehlt! | -      | -     | -     | -     | -     | 111.16 | -        | -      | -     | -        | -      | -        | 111.16 | -        | -      | -     | -        | -     | -        | -      | -        | -      | -     | -        | -      | -        |
| Irchel      | 5.64  |        | 5:05   | 207   | 8:29  | 419   | 10:03 | 116.80 | 10:34:15 | 5:25   | 266   | 2:24:03  | 557    | 3:42:19  | 116.80 | 10:34:15 | 5:25   | 266   | 2:24:03  | 557   | 3:42:19  | 116.80 | 10:34:15 | 5:25   | 266   | 2:24:03  | 557    | 3:42:19  |