



38. SOLA-Stafette

Zürich / 07.05.2011

Exploitation détaillée

ksh-selection

Association: FH
Dossard: 137

Circuit: 116.80 km
Sola-Stafette

Catégorie:
Langsame

Temps total: 10:28:50

Vitesse: 11.07 km/h
Kilométrage: 5:23 min/km

Place par parcours: 504 (de 790)
Meilleur temps dans le parcours: 6:52:28
Place par catégorie: 226(de 477)
Meilleur temps dans la catégorie: 8:43:10

Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Etape | | Etape | | Etape | | Place | | Retard | | Place | | Retard | | Total | | Total | | Total | | Place | | Retard | | Place | | Retard | |
|-------------|-------|--------|--------|-------|-------|-------|-------|--------|----------|--------|-------|---------|--------|---------|--------|----------|--------|-------|---------|-------|---------|--------|----------|--------|-------|---------|--------|---------|
| | km | Temps | min/km | catg. | catg. | Total | Total | km | Temps | min/km | catg. | catg. | Total | Total | km | Temps | min/km | catg. | catg. | Total | Total | km | Temps | min/km | catg. | catg. | Total | Total |
| Hönggerberg | 4.40 | | 5:10 | 125 | 5:34 | 290 | 6:57 | 4.40 | 22:46 | 5:10 | 1 | 22:46 | 1 | 22:46 | 4.40 | 22:46 | 5:10 | 1 | 22:46 | 1 | 22:46 | 4.40 | 22:46 | 5:10 | 1 | 22:46 | 1 | 22:46 |
| Buchlern | 13.25 | | 5:51 | 457 | 30:00 | 761 | 34:30 | 17.65 | 1:40:17 | 5:40 | 1 | 1:40:17 | 1 | 1:40:17 | 17.65 | 1:40:17 | 5:40 | 1 | 1:40:17 | 1 | 1:40:17 | 17.65 | 1:40:17 | 5:40 | 1 | 1:40:17 | 1 | 1:40:17 |
| Uetliberg | 6.20 | | 5:28 | 44 | 4:44 | 135 | 8:20 | 23.85 | 2:14:13 | 5:37 | 1 | 2:14:13 | 1 | 2:14:13 | 23.85 | 2:14:13 | 5:37 | 1 | 2:14:13 | 1 | 2:14:13 | 23.85 | 2:14:13 | 5:37 | 1 | 2:14:13 | 1 | 2:14:13 |
| Felsenegg | 5.90 | | 4:21 | 13 | 3:06 | 58 | 5:47 | 29.75 | 2:39:57 | 5:22 | 1 | 2:39:57 | 1 | 2:39:57 | 29.75 | 2:39:57 | 5:22 | 1 | 2:39:57 | 1 | 2:39:57 | 29.75 | 2:39:57 | 5:22 | 1 | 2:39:57 | 1 | 2:39:57 |
| Buchlern | 14.02 | | 4:53 | 165 | 16:48 | 370 | 20:49 | 43.77 | 3:48:34 | 5:13 | 1 | 3:48:34 | 1 | 3:48:34 | 43.77 | 3:48:34 | 5:13 | 1 | 3:48:34 | 1 | 3:48:34 | 43.77 | 3:48:34 | 5:13 | 1 | 3:48:34 | 1 | 3:48:34 |
| Hönggerberg | 11.10 | | 5:36 | 312 | 20:26 | 574 | 23:07 | 54.87 | 4:50:50 | 5:18 | 1 | 4:50:50 | 1 | 4:50:50 | 54.87 | 4:50:50 | 5:18 | 1 | 4:50:50 | 1 | 4:50:50 | 54.87 | 4:50:50 | 5:18 | 1 | 4:50:50 | 1 | 4:50:50 |
| Irchel | 5.10 | | 5:43 | 260 | 10:04 | 513 | 12:24 | 59.97 | 5:20:00 | 5:20 | 1 | 5:20:00 | 1 | 5:20:00 | 59.97 | 5:20:00 | 5:20 | 1 | 5:20:00 | 1 | 5:20:00 | 59.97 | 5:20:00 | 5:20 | 1 | 5:20:00 | 1 | 5:20:00 |
| Fluntern | 6.34 | | 5:27 | 286 | 10:46 | 540 | 12:51 | 66.31 | 5:54:39 | 5:20 | 1 | 5:54:39 | 1 | 5:54:39 | 66.31 | 5:54:39 | 5:20 | 1 | 5:54:39 | 1 | 5:54:39 | 66.31 | 5:54:39 | 5:20 | 1 | 5:54:39 | 1 | 5:54:39 |
| Forch | 11.30 | | 5:28 | 268 | 20:22 | 518 | 23:14 | 77.61 | 6:56:33 | 5:22 | 1 | 6:56:33 | 1 | 6:56:33 | 77.61 | 6:56:33 | 5:22 | 1 | 6:56:33 | 1 | 6:56:33 | 77.61 | 6:56:33 | 5:22 | 1 | 6:56:33 | 1 | 6:56:33 |
| Egg | 8.75 | | 5:18 | 180 | 12:58 | 389 | 14:12 | 86.36 | 7:42:56 | 5:21 | 1 | 7:42:56 | 1 | 7:42:56 | 86.36 | 7:42:56 | 5:21 | 1 | 7:42:56 | 1 | 7:42:56 | 86.36 | 7:42:56 | 5:21 | 1 | 7:42:56 | 1 | 7:42:56 |
| Zumikon | 12.99 | | 5:24 | 232 | 17:09 | 477 | 23:18 | 99.35 | 8:53:13 | 5:22 | 1 | 8:53:13 | 1 | 8:53:13 | 99.35 | 8:53:13 | 5:22 | 1 | 8:53:13 | 1 | 8:53:13 | 99.35 | 8:53:13 | 5:22 | 1 | 8:53:13 | 1 | 8:53:13 |
| Witikon | 6.91 | | 6:16 | 453 | 19:35 | 759 | 22:23 | 106.26 | 9:36:38 | 5:25 | 1 | 9:36:38 | 1 | 9:36:38 | 106.26 | 9:36:38 | 5:25 | 1 | 9:36:38 | 1 | 9:36:38 | 106.26 | 9:36:38 | 5:25 | 1 | 9:36:38 | 1 | 9:36:38 |
| Fluntern | 4.90 | | 4:12 | 18 | 3:47 | 74 | 4:19 | 111.16 | 9:57:16 | 5:22 | 1 | 9:57:16 | 1 | 9:57:16 | 111.16 | 9:57:16 | 5:22 | 1 | 9:57:16 | 1 | 9:57:16 | 111.16 | 9:57:16 | 5:22 | 1 | 9:57:16 | 1 | 9:57:16 |
| Poste | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - | 111.16 | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:35 | 341 | 11:21 | 615 | 12:55 | 116.80 | 10:28:50 | 5:23 | 237 | 2:18:38 | 522 | 3:36:54 | 116.80 | 10:28:50 | 5:23 | 237 | 2:18:38 | 522 | 3:36:54 | 116.80 | 10:28:50 | 5:23 | 237 | 2:18:38 | 522 | 3:36:54 |