



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Exploitation détaillée

### Kantonsschule Freudenberg

Association: Alumni

Dossard: 659

Circuit: 116.80 km

Sola-Stafette

Catégorie:

Schnelle

Temps total: 9:28:11

Vitesse: 12.25 km/h

Kilométrage: 4:54 min/km

Place par parcours: 131 (de 790)

Meilleur temps dans le parcours: 6:52:28

Place par catégorie: 122(de 313)

Meilleur temps dans la catégorie: 6:52:28

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste       | Etape |        | Etape  |       | Etape |       | Place |        | Retard  |        | Place |         | Retard |         | Total  |         | Total  |       | Total   |       | Place   |     | Retard  |        | Place   |       | Retard  |       |         |
|-------------|-------|--------|--------|-------|-------|-------|-------|--------|---------|--------|-------|---------|--------|---------|--------|---------|--------|-------|---------|-------|---------|-----|---------|--------|---------|-------|---------|-------|---------|
|             | km    | Temps  | min/km | catg. | catg. | Total | Total | km     | Temps   | min/km | catg. | catg.   | Total  | Total   | km     | Temps   | min/km | catg. | catg.   | Total | Total   | km  | Temps   | min/km | catg.   | catg. | Total   | Total |         |
| Hönggerberg | 4.40  |        | 5:11   | 169   | 7:02  | 302   | 7:02  | 4.40   | 22:51   | 5:11   | 1     | 22:51   | 1      | 22:51   | 4.40   | 22:51   | 5:11   | 1     | 22:51   | 1     | 22:51   | 1   | 22:51   | 1      | 22:51   | 1     | 22:51   | 1     | 22:51   |
| Buchlern    | 13.25 |        | 4:34   | 193   | 17:32 | 328   | 17:32 | 17.65  | 1:23:24 | 4:43   | 1     | 1:23:24 | 1      | 1:23:24 | 17.65  | 1:23:24 | 4:43   | 1     | 1:23:24 | 1     | 1:23:24 | 1   | 1:23:24 | 1      | 1:23:24 | 1     | 1:23:24 | 1     | 1:23:24 |
| Uetliberg   | 6.20  |        | 5:38   | 130   | 9:25  | 202   | 9:25  | 23.85  | 1:58:25 | 4:57   | 1     | 1:58:25 | 1      | 1:58:25 | 23.85  | 1:58:25 | 4:57   | 1     | 1:58:25 | 1     | 1:58:25 | 1   | 1:58:25 | 1      | 1:58:25 | 1     | 1:58:25 | 1     | 1:58:25 |
| Felsenegg   | 5.90  |        | 5:00   | 164   | 9:36  | 282   | 9:36  | 29.75  | 2:27:58 | 4:58   | 1     | 2:27:58 | 1      | 2:27:58 | 29.75  | 2:27:58 | 4:58   | 1     | 2:27:58 | 1     | 2:27:58 | 1   | 2:27:58 | 1      | 2:27:58 | 1     | 2:27:58 | 1     | 2:27:58 |
| Buchlern    | 14.02 |        | 4:50   | 187   | 20:02 | 331   | 20:02 | 43.77  | 3:35:48 | 4:55   | 1     | 3:35:48 | 1      | 3:35:48 | 43.77  | 3:35:48 | 4:55   | 1     | 3:35:48 | 1     | 3:35:48 | 1   | 3:35:48 | 1      | 3:35:48 | 1     | 3:35:48 | 1     | 3:35:48 |
| Hönggerberg | 11.10 |        | 5:36   | 263   | 23:10 | 575   | 23:10 | 54.87  | 4:38:07 | 5:04   | 1     | 4:38:07 | 1      | 4:38:07 | 54.87  | 4:38:07 | 5:04   | 1     | 4:38:07 | 1     | 4:38:07 | 1   | 4:38:07 | 1      | 4:38:07 | 1     | 4:38:07 | 1     | 4:38:07 |
| Irchel      | 5.10  |        | 5:34   | 240   | 11:41 | 467   | 11:41 | 59.97  | 5:06:34 | 5:06   | 1     | 5:06:34 | 1      | 5:06:34 | 59.97  | 5:06:34 | 5:06   | 1     | 5:06:34 | 1     | 5:06:34 | 1   | 5:06:34 | 1      | 5:06:34 | 1     | 5:06:34 | 1     | 5:06:34 |
| Fluntern    | 6.34  |        | 4:43   | 110   | 8:08  | 167   | 8:08  | 66.31  | 5:36:30 | 5:04   | 1     | 5:36:30 | 1      | 5:36:30 | 66.31  | 5:36:30 | 5:04   | 1     | 5:36:30 | 1     | 5:36:30 | 1   | 5:36:30 | 1      | 5:36:30 | 1     | 5:36:30 | 1     | 5:36:30 |
| Forch       | 11.30 |        | 4:37   | 97    | 13:37 | 134   | 13:37 | 77.61  | 6:28:47 | 5:00   | 1     | 6:28:47 | 1      | 6:28:47 | 77.61  | 6:28:47 | 5:00   | 1     | 6:28:47 | 1     | 6:28:47 | 1   | 6:28:47 | 1      | 6:28:47 | 1     | 6:28:47 | 1     | 6:28:47 |
| Egg         | 8.75  |        | 4:44   | 98    | 9:21  | 136   | 9:21  | 86.36  | 7:10:19 | 4:58   | 1     | 7:10:19 | 1      | 7:10:19 | 86.36  | 7:10:19 | 4:58   | 1     | 7:10:19 | 1     | 7:10:19 | 1   | 7:10:19 | 1      | 7:10:19 | 1     | 7:10:19 | 1     | 7:10:19 |
| Zumikon     | 12.99 |        | 4:47   | 134   | 15:10 | 196   | 15:10 | 99.35  | 8:12:28 | 4:57   | 1     | 8:12:28 | 1      | 8:12:28 | 99.35  | 8:12:28 | 4:57   | 1     | 8:12:28 | 1     | 8:12:28 | 1   | 8:12:28 | 1      | 8:12:28 | 1     | 8:12:28 | 1     | 8:12:28 |
| Witikon     | 6.91  |        | 4:15   | 108   | 8:25  | 168   | 8:25  | 106.26 | 8:41:55 | 4:54   | 1     | 8:41:55 | 1      | 8:41:55 | 106.26 | 8:41:55 | 4:54   | 1     | 8:41:55 | 1     | 8:41:55 | 1   | 8:41:55 | 1      | 8:41:55 | 1     | 8:41:55 | 1     | 8:41:55 |
| Fluntern    | 4.90  |        | 4:10   | 53    | 4:09  | 68    | 4:09  | 111.16 | 9:02:23 | 4:52   | 1     | 9:02:23 | 1      | 9:02:23 | 111.16 | 9:02:23 | 4:52   | 1     | 9:02:23 | 1     | 9:02:23 | 1   | 9:02:23 | 1      | 9:02:23 | 1     | 9:02:23 | 1     | 9:02:23 |
| Poste       | -     | fehlt! | -      | -     | -     | -     | -     | 111.16 | -       | -      | -     | -       | -      | -       | 111.16 | -       | -      | -     | -       | -     | -       | -   | -       | -      | -       | -     | -       | -     | -       |
| Irchel      | 5.64  |        | 4:34   | 119   | 7:09  | 198   | 7:09  | 116.80 | 9:28:11 | 4:51   | 125   | 2:36:15 | 138    | 2:36:15 | 116.80 | 9:28:11 | 4:51   | 125   | 2:36:15 | 138   | 2:36:15 | 138 | 2:36:15 | 138    | 2:36:15 | 138   | 2:36:15 | 138   | 2:36:15 |