



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Exploitation détaillée

Schramm, Kati

Association: KATIS PACE TEAM

Dossard: 187

Circuit: 160.90 km

100MeilenBerlin

Catégorie:

Seniorinnen W45 (45-49 Jahre)

Temps total: 25:57:29

Vitesse: 6.16 km/h

Kilométrage: 9:41 min/km

Place par parcours/Total: 163 (de 246)

Place par parcours/Femmes: 18 (de 35)

Meilleur temps dans le parcours: 18:16:29

Place par catégorie: 7(de 7)

Meilleur temps dans la catégorie: 18:59:19

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste             | Etape |         | Place | Retard | Place  |       | Retard | Total      |          | Place | Retard | Place   |       | Retard  |
|-------------------|-------|---------|-------|--------|--------|-------|--------|------------|----------|-------|--------|---------|-------|---------|
|                   | km    | Temps   |       |        | min/km | catg. |        | catg.Femme | Femmes   |       |        | km      | Temps |         |
| VP1 - Mahnmal P   | 9.02  | 1:00:03 | 6:39  | 2      | 8:31   | 9     | 8:31   | 9.02       | 1:00:03  | 6:39  | 2      | 8:31    | 9     | 8:31    |
| VP2 - Schlesische | 5.98  | 39:19   | 6:34  | 3      | 6:20   | 11    | 6:20   | 15.00      | 1:39:22  | 6:37  | 3      | 14:51   | 10    | 14:51   |
| VP3 - Sonnenalle  | 6.00  | 39:56   | 6:39  | 4      | 6:27   | 14    | 6:27   | 21.00      | 2:19:18  | 6:38  | 3      | 21:18   | 11    | 21:18   |
| VP4 - Stubenrauc  | 5.73  | 37:13   | 6:29  | 3      | 5:51   | 11    | 5:51   | 26.73      | 2:56:31  | 6:36  | 3      | 27:09   | 11    | 27:09   |
| VP5 - U-Bahnhof   | 4.30  | 38:15   | 8:53  | 7      | 11:40  | 25    | 11:40  | 31.03      | 3:34:46  | 6:55  | 3      | 38:49   | 12    | 38:49   |
| VP6 - Buckower I  | 5.40  | 39:50   | 7:22  | 4      | 7:16   | 15    | 7:16   | 36.43      | 4:14:36  | 6:59  | 3      | 46:05   | 11    | 46:05   |
| VP7 - Kirchhainer | 5.54  | 42:34   | 7:41  | 4      | 9:38   | 13    | 9:38   | 41.97      | 4:57:10  | 7:04  | 4      | 55:43   | 13    | 55:43   |
| VP8 - Lichtenradi | 4.42  | 36:20   | 8:13  | 5      | 10:05  | 18    | 10:05  | 46.39      | 5:33:30  | 7:11  | 4      | 1:05:48 | 13    | 1:05:48 |
| VP9 - Osdorfer St | 5.77  | 44:40   | 7:44  | 3      | 9:46   | 12    | 9:46   | 52.16      | 6:18:10  | 7:15  | 4      | 1:15:34 | 13    | 1:15:34 |
| VP10 - Sportplatz | 6.41  | 57:40   | 8:59  | 4      | 13:51  | 13    | 17:36  | 58.57      | 7:15:50  | 7:26  | 4      | 1:29:25 | 13    | 1:29:25 |
| VP11 - Königsweg  | 6.18  | 47:38   | 7:42  | 2      | 9:00   | 9     | 9:00   | 64.75      | 8:03:28  | 7:27  | 4      | 1:38:25 | 13    | 1:38:25 |
| VP12 - Gedenkst   | 6.18  | 1:02:25 | 10:05 | 5      | 16:07  | 20    | 18:56  | 70.93      | 9:05:53  | 7:41  | 4      | 1:54:32 | 13    | 1:54:32 |
| VP13 - Brauhaus   | 6.84  | 1:15:29 | 11:02 | 7      | 27:11  | 26    | 32:42  | 77.77      | 10:21:22 | 7:59  | 4      | 2:21:43 | 13    | 2:21:43 |
| VP14 - Revierförs | 6.06  | 50:11   | 8:16  | 5      | 9:45   | 12    | 9:45   | 83.83      | 11:11:33 | 8:00  | 4      | 2:31:28 | 13    | 2:31:28 |
| VP15 - Schloß Sa  | 6.20  | 1:16:18 | 12:18 | 6      | 26:50  | 19    | 29:44  | 90.03      | 12:27:51 | 8:18  | 5      | 2:58:18 | 15    | 2:58:18 |
| VP16 - Pagel & Fi | 7.63  | 1:08:05 | 8:55  | 6      | 12:00  | 15    | 18:45  | 97.66      | 13:35:56 | 8:21  | 5      | 3:10:18 | 15    | 3:16:33 |
| VP17 - Wilhelmst  | 4.84  | 46:27   | 9:35  | 6      | 6:21   | 18    | 13:28  | 102.50     | 14:22:23 | 8:24  | 5      | 3:16:39 | 15    | 3:30:01 |
| VP18 - Falkensee  | 6.58  | 59:24   | 9:01  | 4      | 8:44   | 14    | 14:42  | 109.08     | 15:21:47 | 8:27  | 5      | 3:25:23 | 15    | 3:44:43 |
| VP19 - Schönwal   | 5.70  | 59:38   | 10:27 | 6      | 15:14  | 20    | 17:36  | 114.78     | 16:21:25 | 8:33  | 5      | 3:40:37 | 15    | 4:02:19 |
| VP20 - Grenzturn  | 7.53  | 1:22:54 | 11:00 | 6      | 22:10  | 20    | 34:27  | 122.31     | 17:44:19 | 8:42  | 6      | 4:02:47 | 17    | 4:30:18 |
| VP21 - Ruderclub  | 4.78  | 46:31   | 9:43  | 2      | 3:33   | 4     | 6:15   | 127.09     | 18:30:50 | 8:44  | 6      | 4:06:20 | 15    | 4:36:33 |
| VP22 - Frohnau (  | 4.03  | 1:09:14 | 17:10 | 7      | 36:48  | 29    | 39:05  | 131.12     | 19:40:04 | 8:59  | 6      | 4:43:08 | 18    | 5:15:38 |
| VP23 - Naturschu  | 6.78  | 1:24:28 | 12:27 | 7      | 28:50  | 24    | 32:06  | 137.90     | 21:04:32 | 9:10  | 6      | 5:09:01 | 18    | 5:47:44 |
| VP24 - Oranienbu  | 4.75  | 1:06:51 | 14:04 | 6      | 26:52  | 25    | 28:19  | 142.65     | 22:11:23 | 9:19  | 7      | 5:35:37 | 19    | 6:16:03 |
| VP25 - Lübars     | 5.69  | 1:21:33 | 14:19 | 7      | 36:06  | 29    | 36:06  | 148.34     | 23:32:56 | 9:31  | 7      | 6:10:58 | 19    | 6:51:14 |
| VP26 - S-Bahnhö   | 5.71  | 1:09:28 | 12:09 | 6      | 25:19  | 22    | 25:19  | 154.05     | 24:42:24 | 9:37  | 7      | 6:33:30 | 19    | 7:15:42 |
| VP27 - Wollankst  | 3.09  | 17:29   | 5:39  | 2      | 0:30   | 2     | 0:30   | 157.14     | 24:59:53 | 9:32  | 7      | 6:30:52 | 18    | 7:14:30 |
| Friedrich-Ludwig  | 3.76  | 57:36   | 15:19 | 7      | 31:30  | 26    | 31:30  | 160.90     | 25:57:29 | 9:40  | 7      | 6:58:10 | 18    | 7:41:00 |