



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Exploitation détaillée

**Welter, Marc**

Association: Marche Equipe Police - Luxembourg  
Dossard: 52

Circuit: 160.90 km  
100MeilenBerlin

Catégorie:  
Senioren M40 (40-44 Jahre)

**Temps total: 26:45:11**

Vitesse: 5.98 km/h  
Kilométrage: 9:59 min/km

Place par parcours/Total: 174 (de 246)  
Place par parcours/Hommes: 153 (de 211)  
Meilleur temps dans le parcours: 13:06:52

Place par catégorie: 26(de 36)  
Meilleur temps dans la catégorie: 15:19:46

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste             | Etape    |             |              | Résultats d'étape |              |            |             | Résultat total |             |              |             |              |            |             |
|-------------------|----------|-------------|--------------|-------------------|--------------|------------|-------------|----------------|-------------|--------------|-------------|--------------|------------|-------------|
|                   | Etape km | Etape Temps | Etape min/km | Place catg.       | Retard catg. | Place Homm | Retard Homm | Total km       | Total Temps | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm |
| VP1 - Mahnmal P   | 9.02     | 1:02:52     | 6:58         | 28                | 17:06        | 121        | 21:56       | 9.02           | 1:02:52     | 6:58         | 28          | 17:06        | 121        | 21:56       |
| VP2 - Schlesische | 5.98     | 48:38       | 8:07         | 33                | 20:14        | 191        | 22:32       | 15.00          | 1:51:30     | 7:26         | 32          | 37:20        | 167        | 44:28       |
| VP3 - Sonnenalle  | 6.00     | 48:38       | 8:06         | 33                | 19:31        | 186        | 23:00       | 21.00          | 2:40:08     | 7:37         | 33          | 56:51        | 178        | 1:07:28     |
| VP4 - Stubenrauc  | 5.73     | 46:35       | 8:07         | 33                | 17:59        | 190        | 21:20       | 26.73          | 3:26:43     | 7:44         | 33          | 1:14:28      | 181        | 1:28:48     |
| VP5 - U-Bahnhof   | 4.30     | 40:13       | 9:21         | 33                | 15:46        | 187        | 19:06       | 31.03          | 4:06:56     | 7:57         | 33          | 1:28:01      | 182        | 1:46:48     |
| VP6 - Buckower I  | 5.40     | 47:51       | 8:51         | 32                | 18:06        | 185        | 22:28       | 36.43          | 4:54:47     | 8:05         | 33          | 1:41:57      | 183        | 2:09:15     |
| VP7 - Kirchhainer | 5.54     | 49:25       | 8:55         | 32                | 18:20        | 181        | 23:14       | 41.97          | 5:44:12     | 8:12         | 33          | 1:59:46      | 185        | 2:31:52     |
| VP8 - Lichtenradi | 4.42     | 38:19       | 8:40         | 32                | 14:36        | 177        | 18:06       | 46.39          | 6:22:31     | 8:14         | 33          | 2:12:18      | 186        | 2:49:58     |
| VP9 - Osdorfer St | 5.77     | 52:21       | 9:04         | 32                | 21:26        | 176        | 26:09       | 52.16          | 7:14:52     | 8:20         | 33          | 2:32:58      | 184        | 3:15:29     |
| VP10 - Sportplatz | 6.41     | 59:50       | 9:20         | 26                | 23:53        | 143        | 31:02       | 58.57          | 8:14:42     | 8:26         | 32          | 2:56:51      | 183        | 3:44:57     |
| VP11 - Königsw    | 6.18     | 58:05       | 9:23         | 28                | 24:23        | 162        | 29:12       | 64.75          | 9:12:47     | 8:32         | 32          | 3:16:06      | 182        | 4:13:18     |
| VP12 - Gedenkst   | 6.18     | 1:06:19     | 10:43        | 31                | 32:03        | 172        | 34:52       | 70.93          | 10:19:06    | 8:43         | 32          | 3:46:50      | 182        | 4:47:29     |
| VP13 - Brauhaus   | 6.84     | 1:03:32     | 9:17         | 27                | 23:24        | 140        | 39:55       | 77.77          | 11:22:38    | 8:46         | 31          | 4:07:13      | 179        | 5:18:38     |
| VP14 - Revierförs | 6.06     | 59:28       | 9:48         | 30                | 25:58        | 166        | 30:04       | 83.83          | 12:22:06    | 8:51         | 31          | 4:33:11      | 179        | 5:48:42     |
| VP15 - Schloß Sa  | 6.20     | 1:13:45     | 11:53        | 24                | 38:17        | 142        | 43:58       | 90.03          | 13:35:51    | 9:03         | 31          | 5:11:28      | 177        | 6:32:40     |
| VP16 - Pagel & Fi | 7.63     | 1:10:37     | 9:15         | 22                | 28:16        | 125        | 34:13       | 97.66          | 14:46:28    | 9:04         | 30          | 5:39:44      | 173        | 7:06:26     |
| VP17 - Wilhelmst  | 4.84     | 46:28       | 9:36         | 24                | 17:44        | 137        | 21:21       | 102.50         | 15:32:56    | 9:06         | 30          | 5:57:28      | 170        | 7:27:47     |
| VP18 - Falkensee  | 6.58     | 1:04:44     | 9:50         | 25                | 28:12        | 137        | 31:16       | 109.08         | 16:37:40    | 9:08         | 28          | 6:25:40      | 165        | 7:58:20     |
| VP19 - Schönwal   | 5.70     | 59:38       | 10:27        | 25                | 25:40        | 128        | 30:49       | 114.78         | 17:37:18    | 9:12         | 28          | 6:51:20      | 163        | 8:29:09     |
| VP20 - Grenzturn  | 7.53     | 1:15:05     | 9:58         | 21                | 32:05        | 102        | 40:29       | 122.31         | 18:52:23    | 9:15         | 26          | 7:23:25      | 160        | 9:05:28     |
| VP21 - Ruderclub  | 4.78     | 1:25:47     | 17:56        | 29                | 55:42        | 177        | 1:02:26     | 127.09         | 20:18:10    | 9:35         | 28          | 8:18:59      | 163        | 10:07:54    |
| VP22 - Frohnau (  | 4.03     | 46:57       | 11:39        | 26                | 22:53        | 138        | 25:25       | 131.12         | 21:05:07    | 9:38         | 28          | 8:41:14      | 162        | 10:33:19    |
| VP23 - Naturschu  | 6.78     | 1:20:16     | 11:50        | 27                | 39:39        | 139        | 46:30       | 137.90         | 22:25:23    | 9:45         | 27          | 9:19:35      | 159        | 11:19:49    |
| VP24 - Oranienbu  | 4.75     | 59:17       | 12:28        | 25                | 30:14        | 148        | 33:25       | 142.65         | 23:24:40    | 9:50         | 27          | 9:49:49      | 159        | 11:52:40    |
| VP25 - Lübars     | 5.69     | 1:06:30     | 11:41        | 26                | 33:37        | 143        | 37:10       | 148.34         | 24:31:10    | 9:55         | 27          | 10:23:26     | 157        | 12:29:50    |
| VP26 - S-Bahnhö   | 5.71     | 1:06:31     | 11:38        | 23                | 32:38        | 137        | 36:50       | 154.05         | 25:37:41    | 9:58         | 27          | 10:56:04     | 155        | 13:06:40    |
| VP27 - Wollankst  | 3.09     | 26:06       | 8:26         | 18                | 13:45        | 115        | 13:45       | 157.14         | 26:03:47    | 9:57         | 27          | 11:07:47     | 155        | 13:19:01    |
| Friedrich-Ludwig  | 3.76     | 41:24       | 11:00        | 22                | 17:38        | 109        | 20:47       | 160.90         | 26:45:11    | 9:58         | 27          | 11:25:25     | 154        | 13:38:19    |