



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Exploitation détaillée

Salomo, Normann

Temps total: 21:39:18

Association: Hardtseemafia Triathlon e.V. Team Erdvibes
Dossard: 165

Vitesse: 7.43 km/h
Kilométrage: 8:02 min/km

Circuit: 161.85 km
100MeilenBerlin

Place par parcours/Total: 44 (de 296)
Place par parcours/Hommes: 40 (de 247)
Meilleur temps dans le parcours: 13:40:11

Catégorie:
Senioren M45 (45-49 Jahre)

Place par catégorie: 11(de 53)
Meilleur temps dans la catégorie: 15:34:05

| Poste | Temps intermédiaires | | | Résultats d'étape | | | | Résultat total | | | | | | |
|---------------------|----------------------|-------------|--------------|-------------------|--------------|------------|-------------|----------------|-------------|--------------|-------------|--------------|------------|-------------|
| | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg. | Place Homm | Retard Homm | Total km | Total Temps | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm |
| VP1 - S-Bahnhof | 6.93 | 45:16 | 6:31 | 32 | 13:00 | 130 | 13:00 | 6.93 | 45:16 | 6:31 | 32 | 13:00 | 130 | 13:00 |
| VP2 - Laufftreff Li | 5.70 | 37:07 | 6:30 | 30 | 11:11 | 119 | 11:11 | 12.63 | 1:22:23 | 6:31 | 30 | 24:10 | 123 | 24:11 |
| VP3 - Oranienbur | 5.47 | 35:09 | 6:25 | 24 | 11:23 | 105 | 11:23 | 18.10 | 1:57:32 | 6:29 | 28 | 35:33 | 115 | 35:33 |
| VP4 - Naturschut | 4.97 | 34:45 | 6:59 | 24 | 11:36 | 91 | 11:36 | 23.07 | 2:32:17 | 6:36 | 26 | 47:09 | 106 | 47:09 |
| VP5 - Frohnau | 6.80 | 45:31 | 6:41 | 26 | 15:05 | 107 | 15:13 | 29.87 | 3:17:48 | 6:37 | 25 | 1:02:14 | 105 | 1:02:16 |
| VP6 - Ruderclub | 4.06 | 26:13 | 6:27 | 13 | 7:43 | 41 | 7:44 | 33.93 | 3:44:01 | 6:36 | 23 | 1:09:57 | 96 | 1:10:00 |
| VP7 - Grenzturm | 4.75 | 31:03 | 6:32 | 18 | 8:45 | 68 | 10:15 | 38.68 | 4:15:04 | 6:35 | 22 | 1:18:42 | 93 | 1:20:15 |
| VP8 - Schönwald | 7.53 | 52:12 | 6:55 | 17 | 14:27 | 65 | 16:36 | 46.21 | 5:07:16 | 6:38 | 21 | 1:33:09 | 83 | 1:36:51 |
| VP9 - Falkenseer | 5.69 | 41:31 | 7:17 | 17 | 10:59 | 66 | 14:23 | 51.90 | 5:48:47 | 6:43 | 20 | 1:44:08 | 77 | 1:51:14 |
| VP10 - Karolinenl | 6.60 | 46:26 | 7:02 | 13 | 11:24 | 44 | 16:17 | 58.50 | 6:35:13 | 6:45 | 19 | 1:52:41 | 71 | 2:07:31 |
| VP11 - Pagel & Fi | 4.90 | 37:44 | 7:42 | 16 | 11:02 | 57 | 14:59 | 63.40 | 7:12:57 | 6:49 | 19 | 2:03:34 | 66 | 2:22:30 |
| VP12 - Schloss S | 7.62 | 1:04:04 | 8:24 | 16 | 20:38 | 61 | 28:17 | 71.02 | 8:17:01 | 6:59 | 16 | 2:24:03 | 61 | 2:50:47 |
| VP13 - Revierförs | 6.21 | 51:52 | 8:21 | 23 | 16:38 | 88 | 22:12 | 77.23 | 9:08:53 | 7:06 | 16 | 2:39:12 | 61 | 3:12:59 |
| VP14 - Brauhaus | 6.00 | 44:19 | 7:23 | 9 | 10:07 | 27 | 14:47 | 83.23 | 9:53:12 | 7:07 | 16 | 2:45:36 | 58 | 3:27:46 |
| VP15 - Gedenkst. | 6.90 | 1:00:18 | 8:44 | 25 | 24:10 | 97 | 25:35 | 90.13 | 10:53:30 | 7:15 | 17 | 2:59:54 | 61 | 3:53:21 |
| VP16 - Königswe | 6.87 | 1:01:58 | 9:01 | 22 | 17:09 | 82 | 28:14 | 97.00 | 11:55:28 | 7:22 | 17 | 3:13:35 | 60 | 4:21:35 |
| VP17 - Sportplatz | 6.20 | 59:40 | 9:37 | 18 | 25:04 | 64 | 28:03 | 103.20 | 12:55:08 | 7:30 | 17 | 3:36:08 | 57 | 4:49:38 |
| VP18 - Osdorfer | 6.49 | 51:29 | 7:55 | 10 | 8:13 | 41 | 17:32 | 109.69 | 13:46:37 | 7:32 | 16 | 3:44:21 | 54 | 5:07:10 |
| VP19 - Lichtenra | 5.71 | 40:26 | 7:04 | 6 | 5:23 | 20 | 11:07 | 115.40 | 14:27:03 | 7:30 | 14 | 3:45:27 | 50 | 5:18:17 |
| VP20 - Kirchhain | 4.35 | 40:32 | 9:19 | 14 | 10:52 | 50 | 16:14 | 119.75 | 15:07:35 | 7:34 | 13 | 3:56:19 | 49 | 5:34:31 |
| VP21 - Buckow | 6.15 | 50:24 | 8:11 | 11 | 12:02 | 39 | 15:24 | 125.90 | 15:57:59 | 7:36 | 13 | 4:04:57 | 50 | 5:49:55 |
| VP22 - Rudow | 4.97 | 47:44 | 9:36 | 14 | 17:25 | 55 | 26:21 | 130.87 | 16:45:43 | 7:41 | 13 | 4:10:56 | 48 | 6:09:00 |
| VP23 - Johannistl | 5.89 | 55:55 | 9:29 | 17 | 19:04 | 64 | 22:14 | 136.76 | 17:41:38 | 7:45 | 13 | 4:28:33 | 45 | 6:31:14 |
| VP24 - Dammwe | 5.64 | 47:36 | 8:26 | 8 | 15:55 | 28 | 15:55 | 142.40 | 18:29:14 | 7:47 | 11 | 4:44:28 | 41 | 6:46:48 |
| VP25 - Eas Side | 6.33 | 53:02 | 8:22 | 7 | 15:42 | 18 | 15:42 | 148.73 | 19:22:16 | 7:48 | 11 | 5:00:10 | 39 | 6:59:46 |
| VP26 - Checkpoir | 4.22 | 44:31 | 10:32 | 26 | 21:38 | 105 | 21:38 | 152.95 | 20:06:47 | 7:53 | 11 | 5:21:48 | 39 | 7:20:13 |
| VP27 - Gedenkst. | 4.12 | 47:37 | 11:33 | 23 | 22:54 | 97 | 22:54 | 157.07 | 20:54:24 | 7:59 | 11 | 5:44:42 | 41 | 7:41:26 |
| Friedrich-Ludwig | 4.78 | 44:54 | 9:23 | 20 | 20:31 | 85 | 20:31 | 161.85 | 21:39:18 | 8:01 | 11 | 6:05:13 | 40 | 7:59:07 |