



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Exploitation détaillée

Körting, Axel

Association: SC Karamasow
Dossard: 122

Circuit: 161.85 km
100MeilenBerlin

Catégorie:
Senioren M40 (40-44 Jahre)

Temps total: 23:45:11

Vitesse: 6.78 km/h
Kilométrage: 8:49 min/km

Place par parcours/Total: 101 (de 296)
Place par parcours/Hommes: 90 (de 247)
Meilleur temps dans le parcours: 13:40:11

Place par catégorie: 15(de 38)
Meilleur temps dans la catégorie: 15:35:03

| Temps intermédiaires | | | Résultats d'étape | | | | Résultat total | | | | | | | |
|----------------------|----------|-------------|-------------------|-------------|------------------|--------------|----------------|----------|-------------|--------------|-------------|------------------|--------------|---------------|
| Poste | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg.Homm | Place Hommes | Retard Hommes | Total km | Total Temps | Total min/km | Place catg. | Retard catg.Homm | Place Hommes | Retard Hommes |
| VP1 - S-Bahnhof | 6.93 | 46:40 | 6:44 | 28 | 14:01 | 162 | 14:24 | 6.93 | 46:40 | 6:44 | 28 | 14:01 | 162 | 14:24 |
| VP2 - Laufftreff Li | 5.70 | 39:23 | 6:54 | 30 | 11:52 | 166 | 13:27 | 12.63 | 1:26:03 | 6:48 | 30 | 25:53 | 163 | 27:51 |
| VP3 - Oranienbur | 5.47 | 36:43 | 6:42 | 25 | 11:45 | 146 | 12:57 | 18.10 | 2:02:46 | 6:46 | 29 | 37:38 | 158 | 40:47 |
| VP4 - Naturschut | 4.97 | 36:05 | 7:15 | 23 | 10:27 | 120 | 12:56 | 23.07 | 2:38:51 | 6:53 | 26 | 48:05 | 145 | 53:43 |
| VP5 - Frohnau | 6.80 | 47:36 | 7:00 | 27 | 15:38 | 146 | 17:18 | 29.87 | 3:26:27 | 6:54 | 29 | 1:03:43 | 150 | 1:10:55 |
| VP6 - Ruderclub | 4.06 | 34:03 | 8:23 | 26 | 14:24 | 138 | 15:34 | 33.93 | 4:00:30 | 7:05 | 28 | 1:18:07 | 144 | 1:26:29 |
| VP7 - Grenzturm | 4.75 | 35:24 | 7:27 | 26 | 12:46 | 145 | 14:36 | 38.68 | 4:35:54 | 7:07 | 28 | 1:30:53 | 142 | 1:41:05 |
| VP8 - Schönwald | 7.53 | 1:00:58 | 8:05 | 25 | 23:13 | 146 | 25:22 | 46.21 | 5:36:52 | 7:17 | 28 | 1:54:06 | 143 | 2:06:27 |
| VP9 - Falkenseer | 5.69 | 49:35 | 8:42 | 27 | 19:26 | 153 | 22:27 | 51.90 | 6:26:27 | 7:26 | 27 | 2:13:32 | 142 | 2:28:54 |
| VP10 - Karolinenl | 6.60 | 55:51 | 8:27 | 20 | 21:19 | 110 | 25:42 | 58.50 | 7:22:18 | 7:33 | 27 | 2:34:51 | 136 | 2:54:36 |
| VP11 - Pagel & Fi | 4.90 | 42:06 | 8:35 | 18 | 14:53 | 98 | 19:21 | 63.40 | 8:04:24 | 7:38 | 23 | 2:49:44 | 122 | 3:13:57 |
| VP12 - Schloss S | 7.62 | 1:16:49 | 10:04 | 25 | 33:02 | 134 | 41:02 | 71.02 | 9:21:13 | 7:54 | 27 | 3:22:46 | 126 | 3:54:59 |
| VP13 - Revierförs | 6.21 | 55:52 | 8:59 | 21 | 18:34 | 132 | 26:12 | 77.23 | 10:17:05 | 7:59 | 27 | 3:41:20 | 124 | 4:21:11 |
| VP14 - Brauhaus | 6.00 | 54:00 | 9:00 | 21 | 16:38 | 120 | 24:28 | 83.23 | 11:11:05 | 8:03 | 24 | 3:57:58 | 119 | 4:45:39 |
| VP15 - Gedenkst. | 6.90 | 1:05:26 | 9:28 | 25 | 25:32 | 132 | 30:43 | 90.13 | 12:16:31 | 8:10 | 24 | 4:23:30 | 123 | 5:16:22 |
| VP16 - Königswe | 6.87 | 1:08:00 | 9:53 | 22 | 27:11 | 137 | 34:16 | 97.00 | 13:24:31 | 8:17 | 24 | 4:50:41 | 122 | 5:50:38 |
| VP17 - Sportplatz | 6.20 | 1:12:36 | 11:42 | 14 | 33:24 | 109 | 40:59 | 103.20 | 14:37:07 | 8:29 | 23 | 5:24:05 | 119 | 6:31:37 |
| VP18 - Osdorfer | 6.49 | 1:05:57 | 10:09 | 19 | 24:55 | 127 | 32:00 | 109.69 | 15:43:04 | 8:35 | 23 | 5:49:00 | 121 | 7:03:37 |
| VP19 - Lichtenra | 5.71 | 55:09 | 9:39 | 17 | 20:03 | 108 | 25:50 | 115.40 | 16:38:13 | 8:39 | 22 | 6:08:10 | 122 | 7:29:27 |
| VP20 - Kirchhain | 4.35 | 43:24 | 9:58 | 12 | 15:44 | 74 | 19:06 | 119.75 | 17:21:37 | 8:41 | 22 | 6:21:06 | 120 | 7:48:33 |
| VP21 - Buckow | 6.15 | 59:11 | 9:37 | 13 | 20:52 | 72 | 24:11 | 125.90 | 18:20:48 | 8:44 | 20 | 6:40:00 | 114 | 8:12:44 |
| VP22 - Rudow | 4.97 | 46:13 | 9:17 | 9 | 15:44 | 42 | 24:50 | 130.87 | 19:07:01 | 8:45 | 20 | 6:53:41 | 112 | 8:30:18 |
| VP23 - Johannistl | 5.89 | 54:03 | 9:10 | 10 | 16:44 | 47 | 20:22 | 136.76 | 20:01:04 | 8:46 | 20 | 7:09:16 | 109 | 8:50:40 |
| VP24 - Dammwe | 5.64 | 49:06 | 8:42 | 7 | 13:10 | 36 | 17:25 | 142.40 | 20:50:10 | 8:46 | 16 | 7:20:33 | 97 | 9:07:44 |
| VP25 - Eas Side | 6.33 | 1:03:23 | 10:00 | 11 | 20:59 | 64 | 26:03 | 148.73 | 21:53:33 | 8:49 | 15 | 7:40:46 | 95 | 9:31:03 |
| VP26 - Checkpoir | 4.22 | 37:16 | 8:49 | 6 | 12:14 | 37 | 14:23 | 152.95 | 22:30:49 | 8:49 | 15 | 7:49:50 | 93 | 9:44:15 |
| VP27 - Gedenkst. | 4.12 | 35:30 | 8:36 | 6 | 9:38 | 23 | 10:47 | 157.07 | 23:06:19 | 8:49 | 15 | 7:59:28 | 91 | 9:53:21 |
| Friedrich-Ludwig | 4.78 | 38:52 | 8:07 | 7 | 10:40 | 47 | 14:29 | 161.85 | 23:45:11 | 8:48 | 15 | 8:10:08 | 90 | 10:05:00 |