



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

## Exploitation détaillée

### Steinicke, Thomas

Association: SGW 05 Berlin  
Dossard: 80

Circuit: 161.85 km  
100MeilenBerlin

Place par parcours/Total: DNF (de 296)  
Place par parcours/Hommes: DNF (de 247)  
Meilleur temps dans le parcours: 13:40:11

Catégorie:  
Senioren M55 (55-59 Jahre)

Place par catégorie: DNF(de 32)  
Meilleur temps dans la catégorie: 16:59:31

| Poste               | Temps intermédiaires |             |              |             |              |            |             | Résultats d'étape |             |              |             | Résultat total |            |             |  |
|---------------------|----------------------|-------------|--------------|-------------|--------------|------------|-------------|-------------------|-------------|--------------|-------------|----------------|------------|-------------|--|
|                     | Etape km             | Etape Temps | Etape min/km | Place catg. | Retard catg. | Place Homm | Retard Homm | Total km          | Total Temps | Total min/km | Place catg. | Retard catg.   | Place Homm | Retard Homm |  |
| VP1 - S-Bahnhof     | 6.93                 | 49:06       | 7:05         | 24          | 13:53        | 198        | 16:50       | 6.93              | 49:06       | 7:05         | 24          | 13:53          | 198        | 16:50       |  |
| VP2 - Laufftreff Li | 5.70                 | 39:33       | 6:56         | 20          | 9:22         | 169        | 13:37       | 12.63             | 1:28:39     | 7:01         | 23          | 23:15          | 189        | 30:27       |  |
| VP3 - Oranienbur    | 5.47                 | 39:00       | 7:07         | 20          | 10:19        | 176        | 15:14       | 18.10             | 2:07:39     | 7:03         | 20          | 33:34          | 182        | 45:40       |  |
| VP4 - Naturschut    | 4.97                 | 42:48       | 8:36         | 27          | 14:24        | 205        | 19:39       | 23.07             | 2:50:27     | 7:23         | 21          | 47:58          | 191        | 1:05:19     |  |
| VP5 - Frohnau       | 6.80                 | 51:09       | 7:31         | 19          | 14:42        | 184        | 20:51       | 29.87             | 3:41:36     | 7:25         | 21          | 1:02:40        | 195        | 1:26:04     |  |
| VP6 - Ruderclub     | 4.06                 | 33:29       | 8:14         | 13          | 10:07        | 130        | 15:00       | 33.93             | 4:15:05     | 7:31         | 17          | 1:12:47        | 178        | 1:41:04     |  |
| VP7 - Grenzturm     | 4.75                 | 33:44       | 7:06         | 12          | 7:15         | 112        | 12:56       | 38.68             | 4:48:49     | 7:28         | 18          | 1:20:02        | 167        | 1:54:00     |  |
| VP8 - Schönwald     | 7.53                 | 1:09:33     | 9:14         | 21          | 26:51        | 202        | 33:57       | 46.21             | 5:58:22     | 7:45         | 18          | 1:46:53        | 180        | 2:27:57     |  |
| VP9 - Falkenseer    | 5.69                 | 49:50       | 8:45         | 16          | 16:06        | 154        | 22:42       | 51.90             | 6:48:12     | 7:51         | 18          | 2:02:59        | 176        | 2:50:39     |  |
| VP10 - Karolinenl   | 6.60                 | 1:29:55     | 13:37        | 27          | 51:41        | 231        | 59:46       | 58.50             | 8:18:07     | 8:30         | 20          | 2:54:40        | 195        | 3:50:25     |  |
| VP11 - Pagel & Fi   | 4.90                 | 46:45       | 9:32         | 16          | 14:19        | 126        | 24:00       | 63.40             | 9:04:52     | 8:35         | 20          | 3:08:41        | 186        | 4:14:25     |  |
| VP12 - Schloss S    | 7.62                 | 1:29:38     | 11:45        | 19          | 43:53        | 189        | 53:51       | 71.02             | 10:34:30    | 8:56         | 20          | 3:52:34        | 186        | 5:08:16     |  |
| VP13 - Revierförs   | 6.21                 | 59:06       | 9:31         | 17          | 17:36        | 163        | 29:26       | 77.23             | 11:33:36    | 8:58         | 20          | 4:10:10        | 185        | 5:37:42     |  |
| VP14 - Brauhaus     | 6.00                 | 1:02:37     | 10:26        | 20          | 23:25        | 177        | 33:05       | 83.23             | 12:36:13    | 9:05         | 20          | 4:33:35        | 183        | 6:10:47     |  |
| VP15 - Gedenkst.    | 6.90                 | 1:12:13     | 10:27        | 17          | 29:03        | 162        | 37:30       | 90.13             | 13:48:26    | 9:11         | 19          | 5:02:29        | 180        | 6:48:17     |  |
| VP16 - Königswe     | 6.87                 | 1:29:46     | 13:03        | 26          | 44:49        | 207        | 56:02       | 97.00             | 15:18:12    | 9:27         | 20          | 5:43:05        | 185        | 7:44:19     |  |
| VP17 - Sportplatz   | 6.20                 | 1:09:14     | 11:09        | 11          | 26:21        | 95         | 37:37       | 103.20            | 16:27:26    | 9:34         | 19          | 6:07:39        | 171        | 8:21:56     |  |
| VP18 - Osdorfer     | 6.49                 | 1:46:12     | 16:21        | 23          | 1:06:13      | 200        | 1:12:15     | 109.69            | 18:13:38    | 9:58         | 19          | 7:13:52        | 183        | 9:34:11     |  |
| VP19 - Lichtenra    | 5.71                 | 53:27       | 9:21         | 9           | 16:48        | 95         | 24:08       | 115.40            | 19:07:05    | 9:56         | 17          | 7:30:40        | 173        | 9:58:19     |  |
| VP20 - Kirchhain    | 4.35                 | 55:43       | 12:48        | 16          | 27:35        | 155        | 31:25       | 119.75            | 20:02:48    | 10:02        | 16          | 7:58:15        | 170        | 10:29:44    |  |
| VP21 - Buckow       | 6.15                 | 1:08:58     | 11:12        | 14          | 27:59        | 124        | 33:58       | 125.90            | 21:11:46    | 10:06        | 16          | 8:26:14        | 168        | 11:03:42    |  |
| VP22 - Rudow        | 4.97                 | 2:02:49     | 24:42        | 21          | 1:30:22      | 188        | 1:41:26     | 130.87            | 23:14:35    | 10:39        | 18          | 9:56:36        | 177        | 12:37:52    |  |
| VP23 - Johannistl   | 5.89                 | fehlt!      | -            | -           | -            | -          | -           | 136.76            | -           | -            | -           | -              | -          | -           |  |
| VP24 - Dammwe       | 5.64                 | fehlt!      | -            | -           | -            | -          | -           | 142.40            | -           | -            | -           | -              | -          | -           |  |
| VP25 - Eas Side     | 6.33                 | fehlt!      | -            | -           | -            | -          | -           | 148.73            | -           | -            | -           | -              | -          | -           |  |
| VP26 - Checkpoir    | 4.22                 | fehlt!      | -            | -           | -            | -          | -           | 152.95            | -           | -            | -           | -              | -          | -           |  |
| VP27 - Gedenkst.    | 4.12                 | fehlt!      | -            | -           | -            | -          | -           | 157.07            | -           | -            | -           | -              | -          | -           |  |
| Friedrich-Ludwig    | 4.78                 | fehlt!      | -            | -           | -            | -          | -           | 161.85            | -           | -            | -           | -              | -          | -           |  |