



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Exploitation détaillée

Ohtonen, Jarmo

Association: Endurance

Dossard: 311

Circuit: 161.85 km

100MeilenBerlin

Catégorie:

Senioren M55 (55-59 Jahre)

Temps total: 17:56:34

Vitesse: 8.97 km/h

Kilométrage: 6:39 min/km

Place par parcours/Total: 12 (de 296)

Place par parcours/Hommes: 11 (de 247)

Meilleur temps dans le parcours: 13:40:11

Place par catégorie: 2(de 32)

Meilleur temps dans la catégorie: 16:59:31

Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Etape | | Place | Retard | Etape | | Place | Retard | Total | | Place | Retard | Total | |
|---------------------|-------|-------|-------|--------|--------|-------|-------|--------|------------|--------|-------|---------|-------|---------|
| | km | Temps | | | min/km | catg. | | | catg.Homme | Hommes | | | km | Temps |
| VP1 - S-Bahnhof | 6.93 | 42:14 | 6:05 | 9 | 7:01 | 81 | 9:58 | 6.93 | 42:14 | 6:05 | 9 | 7:01 | 81 | 9:58 |
| VP2 - Laufftreff Li | 5.70 | 35:12 | 6:10 | 10 | 5:01 | 93 | 9:16 | 12.63 | 1:17:26 | 6:07 | 10 | 12:02 | 89 | 19:14 |
| VP3 - Oranienbur | 5.47 | 33:53 | 6:11 | 12 | 5:12 | 90 | 10:07 | 18.10 | 1:51:19 | 6:09 | 10 | 17:14 | 90 | 29:20 |
| VP4 - Naturschut | 4.97 | 33:35 | 6:45 | 9 | 5:11 | 81 | 10:26 | 23.07 | 2:24:54 | 6:16 | 9 | 22:25 | 88 | 39:46 |
| VP5 - Frohnau | 6.80 | 42:08 | 6:11 | 9 | 5:41 | 71 | 11:50 | 29.87 | 3:07:02 | 6:15 | 9 | 28:06 | 87 | 51:30 |
| VP6 - Ruderclub | 4.06 | 26:30 | 6:31 | 3 | 3:08 | 46 | 8:01 | 33.93 | 3:33:32 | 6:17 | 9 | 31:14 | 73 | 59:31 |
| VP7 - Grenzturm | 4.75 | 29:42 | 6:15 | 5 | 3:13 | 52 | 8:54 | 38.68 | 4:03:14 | 6:17 | 8 | 34:27 | 70 | 1:08:25 |
| VP8 - Schönwald | 7.53 | 49:44 | 6:36 | 5 | 7:02 | 47 | 14:08 | 46.21 | 4:52:58 | 6:20 | 8 | 41:29 | 67 | 1:22:33 |
| VP9 - Falkenseer | 5.69 | 37:53 | 6:39 | 5 | 4:09 | 42 | 10:45 | 51.90 | 5:30:51 | 6:22 | 7 | 45:38 | 61 | 1:33:18 |
| VP10 - Karolinenl | 6.60 | 44:53 | 6:48 | 3 | 6:39 | 36 | 14:44 | 58.50 | 6:15:44 | 6:25 | 5 | 52:17 | 49 | 1:48:02 |
| VP11 - Pagel & Fi | 4.90 | 33:38 | 6:51 | 3 | 1:12 | 27 | 10:53 | 63.40 | 6:49:22 | 6:27 | 5 | 53:11 | 49 | 1:58:55 |
| VP12 - Schloss S | 7.62 | 52:43 | 6:55 | 2 | 6:58 | 20 | 16:56 | 71.02 | 7:42:05 | 6:30 | 4 | 1:00:09 | 38 | 2:15:51 |
| VP13 - Revierförs | 6.21 | 43:33 | 7:00 | 2 | 2:03 | 18 | 13:53 | 77.23 | 8:25:38 | 6:32 | 3 | 1:02:12 | 34 | 2:29:44 |
| VP14 - Brauhaus | 6.00 | 40:50 | 6:48 | 2 | 1:38 | 11 | 11:18 | 83.23 | 9:06:28 | 6:33 | 3 | 1:03:50 | 30 | 2:41:02 |
| VP15 - Gedenkst. | 6.90 | 43:10 | 6:15 | 1 | - | 5 | 8:27 | 90.13 | 9:49:38 | 6:32 | 3 | 1:03:41 | 24 | 2:49:29 |
| VP16 - Königswe | 6.87 | 44:57 | 6:32 | 1 | - | 6 | 11:13 | 97.00 | 10:34:35 | 6:32 | 2 | 59:28 | 21 | 3:00:42 |
| VP17 - Sportplatz | 6.20 | 42:53 | 6:54 | 1 | - | 7 | 11:16 | 103.20 | 11:17:28 | 6:33 | 2 | 57:41 | 18 | 3:11:58 |
| VP18 - Osdorfer | 6.49 | 43:20 | 6:40 | 2 | 3:21 | 8 | 9:23 | 109.69 | 12:00:48 | 6:34 | 2 | 1:01:02 | 15 | 3:21:21 |
| VP19 - Lichtenrav | 5.71 | 37:23 | 6:32 | 2 | 0:44 | 8 | 8:04 | 115.40 | 12:38:11 | 6:34 | 2 | 1:01:46 | 14 | 3:29:25 |
| VP20 - Kirchhain | 4.35 | 29:10 | 6:42 | 2 | 1:02 | 4 | 4:52 | 119.75 | 13:07:21 | 6:34 | 2 | 1:02:48 | 14 | 3:34:17 |
| VP21 - Buckow | 6.15 | 41:08 | 6:41 | 2 | 0:09 | 9 | 6:08 | 125.90 | 13:48:29 | 6:34 | 2 | 1:02:57 | 14 | 3:40:25 |
| VP22 - Rudow | 4.97 | 34:48 | 7:00 | 2 | 2:21 | 8 | 13:25 | 130.87 | 14:23:17 | 6:35 | 2 | 1:05:18 | 13 | 3:46:34 |
| VP23 - Johannistl | 5.89 | 40:20 | 6:50 | 2 | 2:30 | 9 | 6:39 | 136.76 | 15:03:37 | 6:36 | 2 | 1:07:48 | 13 | 3:53:13 |
| VP24 - Dammwe | 5.64 | 39:40 | 7:01 | 2 | 3:39 | 11 | 7:59 | 142.40 | 15:43:17 | 6:37 | 2 | 1:11:27 | 13 | 4:00:51 |
| VP25 - Eas Side | 6.33 | 45:36 | 7:12 | 1 | - | 6 | 8:16 | 148.73 | 16:28:53 | 6:38 | 2 | 1:11:05 | 13 | 4:06:23 |
| VP26 - Checkpoir | 4.22 | 27:19 | 6:28 | 1 | - | 4 | 4:26 | 152.95 | 16:56:12 | 6:38 | 2 | 57:52 | 12 | 4:09:38 |
| VP27 - Gedenkst. | 4.12 | 32:49 | 7:57 | 2 | 0:54 | 13 | 8:06 | 157.07 | 17:29:01 | 6:40 | 2 | 58:46 | 11 | 4:16:03 |
| Friedrich-Ludwig | 4.78 | 27:33 | 5:45 | 1 | - | 3 | 3:10 | 161.85 | 17:56:34 | 6:39 | 2 | 57:03 | 11 | 4:16:23 |