



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Exploitation détaillée

Birznieks, Raitis

Association: SPAMMA OK

Temps total: 51:29

Kilométrage: 9:30 min/km

Circuit: 5.41 km / 26 Postes

Catégorie:

Men -21A

Place par catégorie: 18(de 27)

Meilleur temps dans la catégorie: 32:35

Retard: 18:54

Temps intermédiaires

| Postes | Etape Temps | Place catg. | Retard catg. | Retard % | Total Temps | Place catg. | Retard catg. | Retard % |
|----------|----------------|----------------|-----------------|-------------|----------------|----------------|-----------------|-------------|
| 1 (81) | 2:13 | 20 | 0:41 | 44.6 | 2:13 | 20 | 0:41 | 44.6 |
| 2 (82) | 0:45 | 19 | 0:14 | 45.2 | 2:58 | 20 | 0:52 | 41.3 |
| 3 (83) | 3:03 | 15 | 0:49 | 36.6 | 6:01 | 16 | 1:29 | 32.7 |
| 4 (84) | 1:27 | 17 | 0:31 | 55.4 | 7:28 | 16 | 2:00 | 36.6 |
| 5 (85) | 6:13 | 24 | 5:09 | 482.8 | 13:41 | 21 | 7:09 | 109.4 |
| 6 (86) | 2:33 | 23 | 1:26 | 128.4 | 16:14 | 22 | 8:35 | 112.2 |
| 7 (87) | 1:24 | 10 | 0:16 | 23.5 | 17:38 | 20 | 8:51 | 100.8 |
| 8 (88) | 2:31 | 15 | 0:37 | 32.5 | 20:09 | 21 | 9:19 | 86.0 |
| 9 (89) | 2:03 | 18 | 0:35 | 39.8 | 22:12 | 20 | 9:54 | 80.5 |
| 10 (90) | 1:59 | 14 | 0:36 | 43.4 | 24:11 | 19 | 10:30 | 76.7 |
| 11 (91) | 4:24 | 15 | 1:36 | 57.1 | 28:35 | 17 | 12:04 | 73.1 |
| 12 (92) | 1:34 | 21 | 0:32 | 51.6 | 30:09 | 17 | 12:36 | 71.8 |
| 13 (93) | 1:37 | 20 | 0:30 | 44.8 | 31:46 | 17 | 13:06 | 70.2 |
| 14 (94) | 1:54 | 25 | 0:49 | 75.4 | 33:40 | 17 | 13:44 | 68.9 |
| 15 (95) | 1:36 | 20 | 0:33 | 52.4 | 35:16 | 17 | 14:09 | 67.0 |
| 16 (96) | 2:03 | 23 | 0:38 | 44.7 | 37:19 | 17 | 14:45 | 65.4 |
| 17 (97) | 2:09 | 20 | 0:57 | 79.2 | 39:28 | 18 | 15:41 | 65.9 |
| 18 (98) | 1:06 | 19 | 0:23 | 53.5 | 40:34 | 19 | 16:03 | 65.5 |
| 19 (99) | 0:54 | 21 | 0:16 | 42.1 | 41:28 | 18 | 16:17 | 64.7 |
| 20 (101) | 2:40 | 23 | 0:37 | 30.1 | 44:08 | 18 | 16:49 | 61.6 |
| 21 (78) | 1:01 | 20 | 0:16 | 35.6 | 45:09 | 18 | 17:02 | 60.6 |
| 22 (53) | 0:50 | 21 | 0:15 | 42.9 | 45:59 | 18 | 17:17 | 60.2 |
| 23 (102) | 1:48 | 24 | 0:55 | 103.8 | 47:47 | 21 | 18:11 | 61.4 |
| 24 (103) | 1:46 | 8 | 0:23 | 27.7 | 49:33 | 17 | 18:24 | 59.1 |
| 25 (104) | 1:00 | 21 | 0:19 | 46.3 | 50:33 | 18 | 18:40 | 58.6 |
| 26 (100) | 0:35 | 23 | 0:10 | 40.0 | 51:08 | 18 | 18:50 | 58.3 |
| Arrivée | 0:21 | 11 | 0:05 | 31.3 | 51:29 | 18 | 18:54 | 58.0 |