



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Exploitation détaillée

Knēts, Juris

Association: CPSS/Meridiāns/Pārgauja

Temps total: 44:43

Kilométrage: 8:20 min/km

Circuit: 5.36 km / 24 Postes

Catégorie:

Men 45-

Place par catégorie: 10(de 38)

Meilleur temps dans la catégorie: 32:38

Retard: 12:05

Temps intermédiaires

| Postes | Etape Temps | Place catg. | Retard catg. | Retard % | Total Temps | Place catg. | Retard catg. | Retard % |
|----------|----------------|----------------|-----------------|-------------|----------------|----------------|-----------------|-------------|
| 1 (105) | 2:32 | 17 | 0:51 | 50.5 | 2:32 | 17 | 0:51 | 50.5 |
| 2 (130) | 0:35 | 14 | 0:11 | 45.8 | 3:07 | 14 | 0:52 | 38.5 |
| 3 (81) | 2:31 | 23 | 1:03 | 71.6 | 5:38 | 13 | 1:55 | 51.6 |
| 4 (134) | 1:17 | 13 | 0:24 | 45.3 | 6:55 | 13 | 2:18 | 49.8 |
| 5 (107) | 2:33 | 4 | 0:20 | 15.0 | 9:28 | 9 | 2:13 | 30.6 |
| 6 (88) | 2:19 | 23 | 0:57 | 69.5 | 11:47 | 12 | 2:52 | 32.2 |
| 7 (111) | 1:38 | 27 | 0:44 | 81.5 | 13:25 | 12 | 3:26 | 34.4 |
| 8 (108) | 2:12 | 11 | 0:34 | 34.7 | 15:37 | 10 | 4:00 | 34.4 |
| 9 (129) | 0:59 | 13 | 0:12 | 25.5 | 16:36 | 10 | 4:06 | 32.8 |
| 10 (91) | 6:24 | 30 | 3:29 | 119.4 | 23:00 | 13 | 7:25 | 47.6 |
| 11 (94) | 0:54 | 9 | 0:08 | 17.4 | 23:54 | 13 | 7:26 | 45.1 |
| 12 (112) | 1:24 | 10 | 0:10 | 13.5 | 25:18 | 13 | 7:36 | 42.9 |
| 13 (90) | 1:12 | 17 | 0:19 | 35.9 | 26:30 | 13 | 7:48 | 41.7 |
| 14 (125) | 0:37 | 7 | 0:07 | 23.3 | 27:07 | 13 | 7:55 | 41.2 |
| 15 (92) | 3:54 | 14 | 1:01 | 35.3 | 31:01 | 11 | 8:56 | 40.5 |
| 16 (133) | 2:10 | 10 | 0:24 | 22.6 | 33:11 | 10 | 9:20 | 39.1 |
| 17 (117) | 1:28 | 18 | 0:27 | 44.3 | 34:39 | 10 | 9:47 | 39.3 |
| 18 (98) | 1:18 | 29 | 0:38 | 95.0 | 35:57 | 12 | 10:25 | 40.8 |
| 19 (128) | 3:29 | 18 | 0:43 | 25.9 | 39:26 | 11 | 10:58 | 38.5 |
| 20 (78) | 0:19 | 8 | 0:05 | 35.7 | 39:45 | 11 | 11:01 | 38.3 |
| 21 (53) | 0:39 | 8 | 0:03 | 8.3 | 40:24 | 11 | 11:03 | 37.7 |
| 22 (121) | 1:45 | 25 | 0:35 | 50.0 | 42:09 | 10 | 11:38 | 38.1 |
| 23 (104) | 1:35 | 5 | 0:16 | 20.3 | 43:44 | 10 | 11:54 | 37.4 |
| 24 (100) | 0:36 | 18 | 0:09 | 33.3 | 44:20 | 10 | 12:03 | 37.3 |
| Arrivée | 0:23 | 8 | 0:05 | 27.8 | 44:43 | 10 | 12:05 | 37.0 |