



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Exploitation détaillée

**Rohwedder, Karl**

Association: LG DUV / 100 Marathon Club

Dossard: 34

Circuit: 161.90 km

100MeilenBerlin

Catégorie:

Senioren M60 (60-64 Jahre)

Temps total: 23:37:43

Vitesse: 6.81 km/h

Kilométrage: 8:46 min/km

Place par parcours/Total: 107 (de 319)

Place par parcours/Hommes: 89 (de 257)

Meilleur temps dans le parcours: 15:20:48

Place par catégorie: 5(de 18)

Meilleur temps dans la catégorie: 21:12:53

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste               | Etape    |             |              |             | Résultats d'étape |            |             |          | Résultat total |              |             |              |            |             |
|---------------------|----------|-------------|--------------|-------------|-------------------|------------|-------------|----------|----------------|--------------|-------------|--------------|------------|-------------|
|                     | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg.      | Place Homm | Retard Homm | Total km | Total Temps    | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm |
| VP1 - Brandenbu     | 7.30     | 47:25       | 6:29         | 6           | 4:40              | 105        | 14:08       | 7.30     | 47:25          | 6:29         | 6           | 4:40         | 105        | 14:08       |
| VP2 - East Side C   | 6.46     | 43:47       | 6:46         | 8           | 6:08              | 127        | 13:41       | 13.76    | 1:31:12        | 6:37         | 6           | 10:48        | 112        | 27:34       |
| VP3 - Dammweg       | 5.90     | 39:42       | 6:43         | 6           | 5:51              | 106        | 12:07       | 19.66    | 2:10:54        | 6:39         | 6           | 16:39        | 111        | 38:13       |
| VP4 - Johannisth    | 5.64     | 38:06       | 6:45         | 5           | 5:39              | 103        | 11:31       | 25.30    | 2:49:00        | 6:40         | 6           | 22:18        | 107        | 49:44       |
| VP5 - U-Bahnhof     | 5.90     | 42:58       | 7:16         | 9           | 7:46              | 132        | 14:04       | 31.20    | 3:31:58        | 6:47         | 6           | 28:28        | 112        | 1:03:26     |
| VP6 - Buckow        | 4.92     | 34:54       | 7:05         | 6           | 4:45              | 97         | 10:16       | 36.12    | 4:06:52        | 6:50         | 5           | 33:13        | 108        | 1:13:42     |
| VP7 - Kirchhainer   | 6.17     | 45:22       | 7:21         | 6           | 6:37              | 96         | 14:18       | 42.29    | 4:52:14        | 6:54         | 5           | 39:50        | 107        | 1:28:00     |
| VP8 - Lichtenradi   | 4.37     | 31:26       | 7:11         | 7           | 4:55              | 101        | 9:21        | 46.66    | 5:23:40        | 6:56         | 5           | 43:11        | 104        | 1:37:21     |
| VP9 - Osdorfer St   | 5.71     | 41:49       | 7:19         | 5           | 4:41              | 117        | 12:17       | 52.37    | 6:05:29        | 6:58         | 5           | 47:28        | 105        | 1:49:38     |
| VP10 - Sportplatz   | 6.50     | 1:07:32     | 10:23        | 8           | 24:25             | 146        | 32:42       | 58.87    | 7:13:01        | 7:21         | 6           | 1:08:21      | 108        | 2:22:20     |
| VP11 - Königsw      | 6.22     | 48:03       | 7:43         | 2           | 2:43              | 59         | 13:53       | 65.09    | 8:01:04        | 7:23         | 6           | 59:47        | 106        | 2:28:51     |
| VP12 - Gedenkst     | 6.85     | 53:59       | 7:52         | 4           | 4:06              | 62         | 15:36       | 71.94    | 8:55:03        | 7:26         | 5           | 1:00:17      | 99         | 2:40:18     |
| VP13 - Brauhaus     | 6.88     | 58:09       | 8:27         | 4           | 5:30              | 84         | 19:29       | 78.82    | 9:53:12        | 7:31         | 4           | 1:02:00      | 90         | 2:54:47     |
| VP14 - Revierförs   | 5.70     | 52:22       | 9:11         | 5           | 10:23             | 107        | 20:18       | 84.52    | 10:45:34       | 7:38         | 4           | 1:07:49      | 91         | 3:12:49     |
| VP15 - Schloss S    | 6.24     | 1:10:22     | 11:16        | 10          | 19:08             | 115        | 33:51       | 90.76    | 11:55:56       | 7:53         | 4           | 1:16:49      | 92         | 3:43:57     |
| VP16 - Pagel & Fi   | 7.60     | 1:18:30     | 10:19        | 10          | 15:17             | 143        | 34:47       | 98.36    | 13:14:26       | 8:04         | 4           | 1:28:52      | 101        | 4:14:14     |
| VP17 - Karolinenl   | 4.91     | 47:51       | 9:44         | 8           | 11:03             | 118        | 19:24       | 103.27   | 14:02:17       | 8:09         | 4           | 1:35:51      | 102        | 4:30:42     |
| VP18 - Falkensee    | 6.60     | 1:00:21     | 9:08         | 4           | 5:54              | 88         | 21:59       | 109.87   | 15:02:38       | 8:12         | 4           | 1:41:45      | 97         | 4:51:43     |
| VP19 - Schönwal     | 5.95     | 1:03:16     | 10:37        | 9           | 12:36             | 111        | 28:00       | 115.82   | 16:05:54       | 8:20         | 4           | 1:47:37      | 100        | 5:19:43     |
| VP20 - Grenzturn    | 7.60     | 1:18:37     | 10:20        | 6           | 15:53             | 108        | 35:26       | 123.42   | 17:24:31       | 8:27         | 4           | 1:55:45      | 103        | 5:55:09     |
| VP21 - Ruderclub    | 4.78     | 52:28       | 10:58        | 6           | 12:15             | 76         | 25:13       | 128.20   | 18:16:59       | 8:33         | 6           | 2:08:00      | 101        | 6:20:22     |
| VP22 - Frohnau      | 4.07     | 41:51       | 10:16        | 7           | 8:27              | 96         | 17:22       | 132.27   | 18:58:50       | 8:36         | 5           | 2:16:27      | 100        | 6:37:38     |
| VP23 - Naturschu    | 6.61     | 1:20:09     | 12:07        | 12          | 27:21             | 142        | 40:30       | 138.88   | 20:18:59       | 8:46         | 6           | 2:32:48      | 104        | 7:16:41     |
| VP24 - Oranienbu    | 4.98     | 46:54       | 9:25         | 1           | -                 | 47         | 17:08       | 143.86   | 21:05:53       | 8:47         | 5           | 2:31:38      | 99         | 7:32:54     |
| VP25 - Laufftreff l | 5.34     | 51:17       | 9:36         | 4           | 3:48              | 62         | 21:20       | 149.20   | 21:57:10       | 8:49         | 5           | 2:35:26      | 95         | 7:51:21     |
| VP26 - Wilhelmsr    | 5.72     | 39:46       | 6:57         | 1           | -                 | 17         | 7:38        | 154.92   | 22:36:56       | 8:45         | 5           | 2:26:35      | 92         | 7:58:29     |
| VP27 - Wollankst    | 3.02     | 31:24       | 10:23        | 7           | 21:49             | 72         | 21:49       | 157.94   | 23:08:20       | 8:47         | 6           | 15:37:11     | 94         | 15:37:11    |
| Friedrich-Ludwig    | 3.96     | 29:23       | 7:25         | 2           | 0:14              | 50         | 8:58        | 161.90   | 23:37:43       | 8:45         | 5           | 2:24:50      | 89         | 8:16:55     |