



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Exploitation détaillée

Häsler, Olaf

Temps total: 25:39:18

Association: SG Marßel Bremen /100 Marathon Club

Vitesse: 6.28 km/h

Dossard: 274

Kilométrage: 9:31 min/km

Circuit: 161.90 km

Place par parcours/Total: 146 (de 319)

100MeilenBerlin

Place par parcours/Hommes: 121 (de 257)

Meilleur temps dans le parcours: 15:20:48

Catégorie:

Place par catégorie: 25(de 50)

Senioren M50 (50-54 Jahre)

Meilleur temps dans la catégorie: 15:44:00

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste               | Etape    |             |              | Résultats d'étape |              |            |             | Résultat total |             |              |             |              |            |             |
|---------------------|----------|-------------|--------------|-------------------|--------------|------------|-------------|----------------|-------------|--------------|-------------|--------------|------------|-------------|
|                     | Etape km | Etape Temps | Etape min/km | Place catg.       | Retard catg. | Place Homm | Retard Homm | Total km       | Total Temps | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm |
| VP1 - Brandenbu     | 7.30     | 50:56       | 6:58         | 32                | 13:55        | 166        | 17:39       | 7.30           | 50:56       | 6:58         | 32          | 13:55        | 166        | 17:39       |
| VP2 - East Side C   | 6.46     | 44:53       | 6:56         | 27                | 12:33        | 144        | 14:47       | 13.76          | 1:35:49     | 6:57         | 27          | 26:28        | 146        | 32:11       |
| VP3 - Dammweg       | 5.90     | 41:24       | 7:01         | 30                | 11:21        | 144        | 13:49       | 19.66          | 2:17:13     | 6:58         | 27          | 37:49        | 145        | 44:32       |
| VP4 - Johannisth    | 5.64     | 41:13       | 7:18         | 31                | 12:28        | 155        | 14:38       | 25.30          | 2:58:26     | 7:03         | 29          | 50:17        | 145        | 59:10       |
| VP5 - U-Bahnhof     | 5.90     | 45:41       | 7:44         | 33                | 14:40        | 174        | 16:47       | 31.20          | 3:44:07     | 7:10         | 31          | 1:04:57      | 149        | 1:15:35     |
| VP6 - Buckow        | 4.92     | 36:24       | 7:23         | 25                | 9:49         | 125        | 11:46       | 36.12          | 4:20:31     | 7:12         | 30          | 1:14:42      | 143        | 1:27:21     |
| VP7 - Kirchhainer   | 6.17     | 49:05       | 7:57         | 34                | 14:25        | 145        | 18:01       | 42.29          | 5:09:36     | 7:19         | 30          | 1:29:02      | 143        | 1:45:22     |
| VP8 - Lichtenrad    | 4.37     | 33:29       | 7:39         | 33                | 9:16         | 136        | 11:24       | 46.66          | 5:43:05     | 7:21         | 32          | 1:37:20      | 144        | 1:56:46     |
| VP9 - Osdorfer St   | 5.71     | 44:10       | 7:44         | 31                | 13:33        | 149        | 14:38       | 52.37          | 6:27:15     | 7:23         | 31          | 1:43:41      | 143        | 2:11:24     |
| VP10 - Sportplatz   | 6.50     | 1:04:36     | 9:56         | 23                | 28:03        | 124        | 29:46       | 58.87          | 7:31:51     | 7:40         | 30          | 2:00:20      | 136        | 2:41:10     |
| VP11 - Königsw      | 6.22     | 55:29       | 8:55         | 27                | 16:58        | 130        | 21:19       | 65.09          | 8:27:20     | 7:47         | 30          | 2:17:10      | 134        | 2:55:07     |
| VP12 - Gedenkst     | 6.85     | 59:00       | 8:36         | 19                | 20:37        | 105        | 20:37       | 71.94          | 9:26:20     | 7:52         | 28          | 2:37:47      | 131        | 3:11:35     |
| VP13 - Brauhaus     | 6.88     | 1:05:16     | 9:29         | 28                | 26:36        | 137        | 26:36       | 78.82          | 10:31:36    | 8:00         | 29          | 3:04:23      | 133        | 3:33:11     |
| VP14 - Revierförs   | 5.70     | 51:07       | 8:58         | 22                | 19:03        | 93         | 19:03       | 84.52          | 11:22:43    | 8:04         | 29          | 3:23:26      | 130        | 3:49:58     |
| VP15 - Schloss S    | 6.24     | 1:07:49     | 10:52        | 21                | 29:17        | 101        | 31:18       | 90.76          | 12:30:32    | 8:16         | 25          | 3:52:43      | 124        | 4:18:33     |
| VP16 - Pagel & Fi   | 7.60     | 1:14:16     | 9:46         | 26                | 30:33        | 117        | 30:33       | 98.36          | 13:44:48    | 8:23         | 25          | 4:23:16      | 126        | 4:44:36     |
| VP17 - Karolinenl   | 4.91     | 47:11       | 9:36         | 25                | 18:44        | 114        | 18:44       | 103.27         | 14:31:59    | 8:26         | 25          | 4:42:00      | 124        | 5:00:24     |
| VP18 - Falkensee    | 6.60     | 59:51       | 9:04         | 14                | 21:29        | 82         | 21:29       | 109.87         | 15:31:50    | 8:28         | 25          | 5:03:29      | 123        | 5:20:55     |
| VP19 - Schönwal     | 5.95     | 1:05:00     | 10:55        | 30                | 29:22        | 124        | 29:44       | 115.82         | 16:36:50    | 8:36         | 26          | 5:32:51      | 123        | 5:50:39     |
| VP20 - Grenzturn    | 7.60     | 1:27:58     | 11:34        | 30                | 42:43        | 144        | 44:47       | 123.42         | 18:04:48    | 8:47         | 26          | 6:15:34      | 121        | 6:35:26     |
| VP21 - Ruderclub    | 4.78     | 1:09:43     | 14:35        | 33                | 39:17        | 159        | 42:28       | 128.20         | 19:14:31    | 9:00         | 27          | 6:54:51      | 124        | 7:17:54     |
| VP22 - Frohnau      | 4.07     | 42:28       | 10:26        | 23                | 17:59        | 101        | 17:59       | 132.27         | 19:56:59    | 9:02         | 26          | 7:12:50      | 123        | 7:35:47     |
| VP23 - Naturschu    | 6.61     | 1:10:41     | 10:41        | 21                | 31:02        | 95         | 31:02       | 138.88         | 21:07:40    | 9:07         | 26          | 7:43:52      | 122        | 8:05:22     |
| VP24 - Oranienbu    | 4.98     | 57:24       | 11:31        | 28                | 25:37        | 124        | 27:38       | 143.86         | 22:05:04    | 9:12         | 25          | 8:09:29      | 123        | 8:32:05     |
| VP25 - Laufftreff l | 5.34     | 1:10:20     | 13:10        | 39                | 38:28        | 178        | 40:23       | 149.20         | 23:15:24    | 9:21         | 25          | 8:47:57      | 123        | 9:09:35     |
| VP26 - Wilhelmsr    | 5.72     | 1:02:36     | 10:56        | 31                | 27:10        | 149        | 30:28       | 154.92         | 24:18:00    | 9:24         | 25          | 9:15:07      | 121        | 9:39:33     |
| VP27 - Wollankst    | 3.02     | 41:18       | 13:40        | 35                | 22:05        | 156        | 31:43       | 157.94         | 24:59:18    | 9:29         | 25          | 9:37:12      | 122        | 17:28:09    |
| Friedrich-Ludwig    | 3.96     | 40:00       | 10:06        | 29                | 18:06        | 131        | 19:35       | 161.90         | 25:39:18    | 9:30         | 25          | 9:55:18      | 121        | 10:18:30    |