



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Exploitation détaillée

Laig, Uwe

Association: TV Hohne  
Dossard: 134

Enduro E Bike

Catégorie:

Senioren M55 (55-59 Jahre)

Temps total: 28:45:05

Vitesse: - km/h  
Kilométrage: 10:40 min/km

Place par parcours/Total: 213 (de 319)

Place par parcours/Hommes: 172 (de 257)

Meilleur temps dans le parcours: 15:20:48

Place par catégorie: 21(de 32)

Meilleur temps dans la catégorie: 16:39:21

| Poste               | Temps intermédiaires |             |              | Résultats d'étape |              |            |             | Résultat total |             |              |             |              |            |             |
|---------------------|----------------------|-------------|--------------|-------------------|--------------|------------|-------------|----------------|-------------|--------------|-------------|--------------|------------|-------------|
|                     | Etape km             | Etape Temps | Etape min/km | Place catg.       | Retard catg. | Place Homm | Retard Homm | Total km       | Total Temps | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm |
| VP1 - Brandenbu     | 7.30                 | 57:01       | 7:48         | 28                | 17:20        | 225        | 23:44       | 7.30           | 57:01       | 7:48         | 28          | 17:20        | 225        | 23:44       |
| VP2 - East Side C   | 6.46                 | 57:16       | 8:51         | 28                | 22:58        | 234        | 27:10       | 13.76          | 1:54:17     | 8:18         | 28          | 40:18        | 228        | 50:39       |
| VP3 - Dammweg       | 5.90                 | 48:43       | 8:15         | 27                | 16:23        | 223        | 21:08       | 19.66          | 2:43:00     | 8:17         | 28          | 56:41        | 226        | 1:10:19     |
| VP4 - Johannisth    | 5.64                 | 47:49       | 8:28         | 25                | 17:49        | 216        | 21:14       | 25.30          | 3:30:49     | 8:19         | 26          | 1:14:30      | 227        | 1:31:33     |
| VP5 - U-Bahnhof     | 5.90                 | 54:36       | 9:15         | 26                | 22:51        | 225        | 25:42       | 31.20          | 4:25:25     | 8:30         | 26          | 1:37:21      | 229        | 1:56:53     |
| VP6 - Buckow        | 4.92                 | 47:06       | 9:34         | 25                | 19:27        | 221        | 22:28       | 36.12          | 5:12:31     | 8:39         | 26          | 1:56:16      | 230        | 2:19:21     |
| VP7 - Kirchhainer   | 6.17                 | 56:55       | 9:13         | 23                | 23:20        | 211        | 25:51       | 42.29          | 6:09:26     | 8:44         | 26          | 2:17:54      | 228        | 2:45:12     |
| VP8 - Lichtenradi   | 4.37                 | 43:55       | 10:02        | 26                | 20:15        | 230        | 21:50       | 46.66          | 6:53:21     | 8:51         | 25          | 2:38:09      | 227        | 3:07:02     |
| VP9 - Osdorfer St   | 5.71                 | 51:18       | 8:59         | 25                | 20:50        | 213        | 21:46       | 52.37          | 7:44:39     | 8:52         | 28          | 2:58:50      | 227        | 3:28:48     |
| VP10 - Sportplatz   | 6.50                 | 1:16:57     | 11:50        | 24                | 40:37        | 179        | 42:07       | 58.87          | 9:01:36     | 9:11         | 26          | 3:34:33      | 220        | 4:10:55     |
| VP11 - Königsw      | 6.22                 | 1:01:20     | 9:51         | 17                | 24:08        | 183        | 27:10       | 65.09          | 10:02:56    | 9:15         | 24          | 3:58:41      | 215        | 4:30:43     |
| VP12 - Gedenkst     | 6.85                 | 1:11:38     | 10:27        | 23                | 30:46        | 191        | 33:15       | 71.94          | 11:14:34    | 9:22         | 24          | 4:29:27      | 214        | 4:59:49     |
| VP13 - Brauhaus     | 6.88                 | 1:16:53     | 11:10        | 22                | 35:26        | 199        | 38:13       | 78.82          | 12:31:27    | 9:32         | 24          | 5:04:53      | 213        | 5:33:02     |
| VP14 - Revierförs   | 5.70                 | 57:14       | 10:02        | 18                | 22:48        | 158        | 25:10       | 84.52          | 13:28:41    | 9:34         | 24          | 5:27:41      | 206        | 5:55:56     |
| VP15 - Schloss S    | 6.24                 | 1:28:40     | 14:12        | 19                | 48:47        | 177        | 52:09       | 90.76          | 14:57:21    | 9:53         | 24          | 6:16:28      | 207        | 6:45:22     |
| VP16 - Pagel & Fi   | 7.60                 | 1:19:11     | 10:25        | 16                | 31:41        | 147        | 35:28       | 98.36          | 16:16:32    | 9:55         | 25          | 6:48:09      | 206        | 7:16:20     |
| VP17 - Karolinenl   | 4.91                 | 53:16       | 10:50        | 17                | 21:46        | 160        | 24:49       | 103.27         | 17:09:48    | 9:58         | 23          | 7:09:55      | 198        | 7:38:13     |
| VP18 - Falkensee    | 6.60                 | 1:17:01     | 11:40        | 19                | 34:19        | 172        | 38:39       | 109.87         | 18:26:49    | 10:04        | 22          | 7:44:14      | 194        | 8:15:54     |
| VP19 - Schönwal     | 5.95                 | 1:06:09     | 11:07        | 15                | 26:22        | 131        | 30:53       | 115.82         | 19:32:58    | 10:07        | 22          | 8:10:36      | 190        | 8:46:47     |
| VP20 - Grenzturn    | 7.60                 | 1:32:31     | 12:10        | 19                | 40:45        | 161        | 49:20       | 123.42         | 21:05:29    | 10:15        | 22          | 8:51:21      | 186        | 9:36:07     |
| VP21 - Ruderclub    | 4.78                 | 1:02:42     | 13:07        | 15                | 29:25        | 130        | 35:27       | 128.20         | 22:08:11    | 10:21        | 20          | 9:20:46      | 176        | 10:11:34    |
| VP22 - Frohnau      | 4.07                 | 47:10       | 11:35        | 15                | 18:45        | 141        | 22:41       | 132.27         | 22:55:21    | 10:23        | 19          | 9:39:31      | 172        | 10:34:09    |
| VP23 - Naturschu    | 6.61                 | 1:18:21     | 11:51        | 17                | 34:36        | 137        | 38:42       | 138.88         | 24:13:42    | 10:28        | 20          | 10:14:07     | 172        | 11:11:24    |
| VP24 - Oranienbu    | 4.98                 | 1:03:54     | 12:49        | 19                | 29:32        | 162        | 34:08       | 143.86         | 25:17:36    | 10:32        | 20          | 10:43:39     | 171        | 11:44:37    |
| VP25 - Laufftreff l | 5.34                 | 1:06:03     | 12:22        | 17                | 27:40        | 162        | 36:06       | 149.20         | 26:23:39    | 10:36        | 20          | 11:11:19     | 172        | 12:17:50    |
| VP26 - Wilhelmsr    | 5.72                 | 59:17       | 10:21        | 13                | 23:48        | 129        | 27:09       | 154.92         | 27:22:56    | 10:36        | 20          | 11:35:07     | 172        | 12:44:29    |
| VP27 - Wollankst    | 3.02                 | 42:18       | 14:00        | 19                | 17:27        | 166        | 32:43       | 157.94         | 28:05:14    | 10:40        | 21          | 11:52:34     | 173        | 20:34:05    |
| Friedrich-Ludwig    | 3.96                 | 39:51       | 10:03        | 14                | 13:10        | 129        | 19:26       | -              | 28:45:05    | -            | 21          | 12:05:44     | 172        | 13:24:17    |