



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Exploitation détaillée

NOA, Frank

Association: Rennsteiglaufverein

Dossard: 126

Circuit: 161.70 km

100MeilenBerlin

Catégorie:

Senioren M55 (55-59 Jahre)

Temps total: 28:18:08

Vitesse: 5.69 km/h

Kilométrage: 10:30 min/km

Place par parcours/Total: 310 (de 459)

Place par parcours/Hommes: 193 (de 302)

Meilleur temps dans le parcours: 13:39:56

Place par catégorie: 22(de 46)

Meilleur temps dans la catégorie: 13:39:56

Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Etape | | | Résultats d'étape | | | | Résultat total | | | | | | |
|---------------------|----------|-------------|--------------|-------------------|------------------|------------|-------------|----------------|-------------|--------------|-------------|------------------|------------|-------------|
| | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg.Homm | Place Homm | Retard Homm | Total km | Total Temps | Total min/km | Place catg. | Retard catg.Homm | Place Homm | Retard Homm |
| VP1 - Wilhelmsru | 6.94 | 50:24 | 7:15 | 29 | 19:23 | 228 | 19:23 | 6.94 | 50:24 | 7:15 | 29 | 19:23 | 228 | 19:23 |
| VP2 - Laufftreff Li | 5.69 | 43:48 | 7:41 | 32 | 19:43 | 238 | 19:43 | 12.63 | 1:34:12 | 7:27 | 29 | 39:06 | 232 | 39:06 |
| VP3 - Oranienbur | 5.74 | 41:16 | 7:11 | 28 | 17:10 | 221 | 17:10 | 18.37 | 2:15:28 | 7:22 | 30 | 56:16 | 234 | 56:16 |
| VP4 - Naturschut | 4.70 | 40:25 | 8:35 | 29 | 17:59 | 232 | 17:59 | 23.07 | 2:55:53 | 7:37 | 28 | 1:14:15 | 229 | 1:14:15 |
| VP5 - Frohnau | 6.80 | 51:44 | 7:36 | 29 | 22:49 | 230 | 22:49 | 29.87 | 3:47:37 | 7:37 | 28 | 1:37:04 | 232 | 1:37:04 |
| VP6 - Ruderclub | 4.06 | 37:55 | 9:20 | 27 | 19:45 | 210 | 19:48 | 33.93 | 4:25:32 | 7:49 | 28 | 1:56:49 | 226 | 1:56:49 |
| VP7 - Grenzturm | 4.75 | 39:22 | 8:17 | 31 | 17:39 | 228 | 17:39 | 38.68 | 5:04:54 | 7:52 | 28 | 2:14:28 | 226 | 2:14:28 |
| VP8 - Schönwald | 7.52 | 1:01:52 | 8:13 | 28 | 25:38 | 225 | 26:02 | 46.20 | 6:06:46 | 7:56 | 27 | 2:40:06 | 228 | 2:40:06 |
| VP9 - Falkenseer | 5.76 | 54:57 | 9:32 | 29 | 26:09 | 232 | 26:37 | 51.96 | 7:01:43 | 8:06 | 28 | 3:06:15 | 230 | 3:06:15 |
| VP10 - Karolinenl | 6.54 | 1:00:56 | 9:19 | 28 | 28:44 | 225 | 28:44 | 58.50 | 8:02:39 | 8:15 | 29 | 3:34:59 | 234 | 3:34:59 |
| VP11 - Pagel & Fi | 4.90 | 46:44 | 9:32 | 26 | 23:41 | 215 | 23:41 | 63.40 | 8:49:23 | 8:20 | 29 | 3:58:40 | 231 | 3:58:40 |
| VP12 - Schloss S | 7.62 | 1:20:21 | 10:32 | 26 | 43:28 | 208 | 43:28 | 71.02 | 10:09:44 | 8:35 | 29 | 4:42:08 | 228 | 4:42:08 |
| VP13 - Revierförs | 6.21 | 56:37 | 9:07 | 21 | 27:47 | 199 | 27:47 | 77.23 | 11:06:21 | 8:37 | 27 | 5:09:55 | 223 | 5:09:55 |
| VP14 - Brauhaus | 6.00 | 54:25 | 9:04 | 19 | 25:52 | 196 | 25:52 | 83.23 | 12:00:46 | 8:39 | 27 | 5:35:47 | 222 | 5:35:47 |
| VP15 - Gedenkst. | 6.90 | 1:07:03 | 9:43 | 26 | 34:08 | 218 | 34:08 | 90.13 | 13:07:49 | 8:44 | 27 | 6:09:55 | 221 | 6:09:55 |
| VP16 - Königswe | 6.87 | 1:13:16 | 10:39 | 20 | 38:31 | 184 | 38:31 | 97.00 | 14:21:05 | 8:52 | 26 | 6:48:26 | 219 | 6:48:26 |
| VP17 - Sportplatz | 6.20 | 1:04:58 | 10:28 | 10 | 31:13 | 100 | 31:13 | 103.20 | 15:26:03 | 8:58 | 24 | 7:19:39 | 199 | 7:19:39 |
| VP18 - Osdorfer | 6.50 | 1:38:41 | 15:10 | 28 | 1:01:57 | 223 | 1:04:14 | 109.70 | 17:04:44 | 9:20 | 25 | 8:21:36 | 210 | 8:21:36 |
| VP19 - Lichtenra | 5.70 | 1:18:13 | 13:43 | 26 | 42:16 | 221 | 44:03 | 115.40 | 18:22:57 | 9:33 | 26 | 9:03:52 | 207 | 9:03:52 |
| VP20 - Kirchhain | 4.37 | 53:54 | 12:20 | 23 | 35:04 | 206 | 35:04 | 119.77 | 19:16:51 | 9:39 | 26 | 9:38:56 | 207 | 9:38:56 |
| VP21 - Buckow | 6.43 | 1:20:24 | 12:30 | 24 | 46:48 | 202 | 46:48 | 126.20 | 20:37:15 | 9:48 | 24 | 10:25:44 | 201 | 10:25:44 |
| VP22 - Rudow | 4.90 | 1:06:35 | 13:35 | 25 | 40:36 | 210 | 40:36 | 131.10 | 21:43:50 | 9:56 | 24 | 11:06:20 | 198 | 11:06:20 |
| VP23 - Johannistl | 5.90 | 1:18:01 | 13:13 | 23 | 46:26 | 191 | 46:26 | 137.00 | 23:01:51 | 10:05 | 24 | 11:52:46 | 199 | 11:52:46 |
| VP24 - Dammwe | 5.70 | 1:13:53 | 12:57 | 23 | 42:13 | 193 | 42:42 | 142.70 | 24:15:44 | 10:12 | 23 | 12:34:59 | 194 | 12:34:59 |
| VP25 - East Side | 5.80 | 1:18:26 | 13:31 | 23 | 38:58 | 177 | 41:29 | 148.50 | 25:34:10 | 10:19 | 21 | 13:13:57 | 194 | 13:13:57 |
| VP26 - Checkpoir | 5.28 | 52:24 | 9:55 | 23 | 28:21 | 187 | 30:51 | 153.78 | 26:26:34 | 10:19 | 22 | 13:42:18 | 195 | 13:42:18 |
| VP27 - Gedenkst. | 3.32 | 56:44 | 17:05 | 25 | 29:57 | 194 | 32:07 | 157.10 | 27:23:18 | 10:27 | 22 | 14:12:15 | 194 | 14:12:15 |
| Friedrich-Ludwig | 4.60 | 54:50 | 11:55 | 22 | 25:57 | 170 | 30:38 | 161.70 | 28:18:08 | 10:30 | 22 | 14:38:12 | 193 | 14:38:12 |