



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Exploitation détaillée

**MEIER, Rüdiger**

Association: (ohne)

Dossard: 328

Circuit: 161.70 km

100MeilenBerlin

Catégorie:

Senioren M55 (55-59 Jahre)

Temps total: 28:12:43

Vitesse: 5.71 km/h

Kilométrage: 10:28 min/km

Place par parcours/Total: 307 (de 459)

Place par parcours/Hommes: 192 (de 302)

Meilleur temps dans le parcours: 13:39:56

Place par catégorie: 21(de 46)

Meilleur temps dans la catégorie: 13:39:56

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste               | Etape |         | Place | Retard | Etape  |       | Place | Retard | Total     |       | Place | Retard   | Total |          |
|---------------------|-------|---------|-------|--------|--------|-------|-------|--------|-----------|-------|-------|----------|-------|----------|
|                     | km    | Temps   |       |        | min/km | catg. |       |        | catg.Homm | km    |       |          | Temps | min/km   |
| VP1 - Wilhelmsru    | 6.94  | 47:01   | 6:46  | 11     | 16:00  | 155   | 16:00 | 6.94   | 47:01     | 6:46  | 11    | 16:00    | 155   | 16:00    |
| VP2 - Laufftreff Li | 5.69  | 39:23   | 6:55  | 16     | 15:18  | 166   | 15:18 | 12.63  | 1:26:24   | 6:50  | 11    | 31:18    | 156   | 31:18    |
| VP3 - Oranienbur    | 5.74  | 38:11   | 6:39  | 18     | 14:05  | 174   | 14:05 | 18.37  | 2:04:35   | 6:46  | 13    | 45:23    | 163   | 45:23    |
| VP4 - Naturschut    | 4.70  | 37:18   | 7:56  | 26     | 14:52  | 193   | 14:52 | 23.07  | 2:41:53   | 7:01  | 17    | 1:00:15  | 171   | 1:00:15  |
| VP5 - Frohnau       | 6.80  | 47:26   | 6:58  | 21     | 18:31  | 178   | 18:31 | 29.87  | 3:29:19   | 7:00  | 18    | 1:18:46  | 174   | 1:18:46  |
| VP6 - Ruderclub     | 4.06  | 36:53   | 9:05  | 25     | 18:43  | 203   | 18:46 | 33.93  | 4:06:12   | 7:15  | 20    | 1:37:29  | 176   | 1:37:29  |
| VP7 - Grenzturm     | 4.75  | 35:01   | 7:22  | 20     | 13:18  | 170   | 13:18 | 38.68  | 4:41:13   | 7:16  | 19    | 1:50:47  | 177   | 1:50:47  |
| VP8 - Schönwald     | 7.52  | 56:52   | 7:33  | 22     | 20:38  | 189   | 21:02 | 46.20  | 5:38:05   | 7:19  | 20    | 2:11:25  | 178   | 2:11:25  |
| VP9 - Falkenseer    | 5.76  | 48:53   | 8:29  | 23     | 20:05  | 177   | 20:33 | 51.96  | 6:26:58   | 7:26  | 20    | 2:31:30  | 178   | 2:31:30  |
| VP10 - Karolinenl   | 6.54  | 52:23   | 8:00  | 18     | 20:11  | 157   | 20:11 | 58.50  | 7:19:21   | 7:30  | 20    | 2:51:41  | 175   | 2:51:41  |
| VP11 - Pagel & Fi   | 4.90  | 55:54   | 11:24 | 32     | 32:51  | 251   | 32:51 | 63.40  | 8:15:15   | 7:48  | 24    | 3:24:32  | 188   | 3:24:32  |
| VP12 - Schloss S    | 7.62  | 1:26:35 | 11:21 | 29     | 49:42  | 232   | 49:42 | 71.02  | 9:41:50   | 8:11  | 24    | 4:14:14  | 196   | 4:14:14  |
| VP13 - Revierförs   | 6.21  | 55:13   | 8:53  | 19     | 26:23  | 189   | 26:23 | 77.23  | 10:37:03  | 8:14  | 24    | 4:40:37  | 195   | 4:40:37  |
| VP14 - Brauhaus     | 6.00  | 57:03   | 9:30  | 24     | 28:30  | 216   | 28:30 | 83.23  | 11:34:06  | 8:20  | 24    | 5:09:07  | 199   | 5:09:07  |
| VP15 - Gedenkst.    | 6.90  | 1:03:40 | 9:13  | 20     | 30:45  | 199   | 30:45 | 90.13  | 12:37:46  | 8:24  | 24    | 5:39:52  | 200   | 5:39:52  |
| VP16 - Königswe     | 6.87  | 1:28:18 | 12:51 | 28     | 53:33  | 232   | 53:33 | 97.00  | 14:06:04  | 8:43  | 24    | 6:33:25  | 205   | 6:33:25  |
| VP17 - Sportplatz   | 6.20  | 1:11:27 | 11:31 | 18     | 37:42  | 139   | 37:42 | 103.20 | 15:17:31  | 8:53  | 22    | 7:11:07  | 192   | 7:11:07  |
| VP18 - Osdorfer     | 6.50  | 1:10:19 | 10:49 | 20     | 33:35  | 176   | 35:52 | 109.70 | 16:27:50  | 9:00  | 21    | 7:44:42  | 190   | 7:44:42  |
| VP19 - Lichtenra    | 5.70  | 1:09:53 | 12:15 | 23     | 33:56  | 194   | 35:43 | 115.40 | 17:37:43  | 9:09  | 21    | 8:18:38  | 188   | 8:18:38  |
| VP20 - Kirchhain    | 4.37  | 45:10   | 10:20 | 18     | 26:20  | 172   | 26:20 | 119.77 | 18:22:53  | 9:12  | 20    | 8:44:58  | 186   | 8:44:58  |
| VP21 - Buckow       | 6.43  | 1:14:42 | 11:37 | 20     | 41:06  | 181   | 41:06 | 126.20 | 19:37:35  | 9:19  | 20    | 9:26:04  | 185   | 9:26:04  |
| VP22 - Rudow        | 4.90  | 1:04:08 | 13:05 | 24     | 38:09  | 198   | 38:09 | 131.10 | 20:41:43  | 9:28  | 20    | 10:04:13 | 187   | 10:04:13 |
| VP23 - Johannistl   | 5.90  | 1:08:47 | 11:39 | 22     | 37:12  | 167   | 37:12 | 137.00 | 21:50:30  | 9:33  | 20    | 10:41:25 | 185   | 10:41:25 |
| VP24 - Dammwe       | 5.70  | 1:16:24 | 13:24 | 24     | 44:44  | 199   | 45:13 | 142.70 | 23:06:54  | 9:43  | 20    | 11:26:09 | 183   | 11:26:09 |
| VP25 - East Side    | 5.80  | 1:34:04 | 16:13 | 28     | 54:36  | 209   | 57:07 | 148.50 | 24:40:58  | 9:58  | 20    | 12:20:45 | 183   | 12:20:45 |
| VP26 - Checkpoir    | 5.28  | 1:09:59 | 13:15 | 28     | 45:56  | 215   | 48:26 | 153.78 | 25:50:57  | 10:05 | 20    | 13:06:41 | 184   | 13:06:41 |
| VP27 - Gedenkst.    | 3.32  | 1:11:41 | 21:35 | 28     | 44:54  | 215   | 47:04 | 157.10 | 27:02:38  | 10:19 | 21    | 13:51:35 | 191   | 13:51:35 |
| Friedrich-Ludwig    | 4.60  | 1:10:05 | 15:14 | 28     | 41:12  | 212   | 45:53 | 161.70 | 28:12:43  | 10:28 | 21    | 14:32:47 | 192   | 14:32:47 |