



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Exploitation détaillée

SEIDEL, Christine

Association: laufSinn Laufteam

Dossard: 55

Circuit: 161.70 km

100MeilenBerlin

Catégorie:

Seniorinnen W50 (50-54 Jahre)

Temps total: 29:01:30

Vitesse: 5.57 km/h

Kilométrage: 10:46 min/km

Place par parcours/Total: 329 (de 459)

Place par parcours/Femmes: 45 (de 72)

Meilleur temps dans le parcours: 17:20:20

Place par catégorie: 12(de 18)

Meilleur temps dans la catégorie: 20:27:00

Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Etape | | | Résultats d'étape | | | | Résultat total | | | | | | |
|---------------------|----------|-------------|--------------|-------------------|--------------|-------------|---------------|----------------|-------------|--------------|-------------|--------------|-------------|---------------|
| | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg. | Place Femme | Retard Femmes | Total km | Total Temps | Total min/km | Place catg. | Retard catg. | Place Femme | Retard Femmes |
| VP1 - Wilhelmsru | 6.94 | 48:47 | 7:01 | 8 | 6:43 | 36 | 11:50 | 6.94 | 48:47 | 7:01 | 8 | 6:43 | 36 | 11:50 |
| VP2 - Laufftreff Li | 5.69 | 41:31 | 7:17 | 8 | 7:45 | 34 | 10:00 | 12.63 | 1:30:18 | 7:08 | 9 | 13:13 | 36 | 21:41 |
| VP3 - Oranienbur | 5.74 | 41:51 | 7:17 | 9 | 9:02 | 44 | 11:24 | 18.37 | 2:12:09 | 7:11 | 8 | 22:15 | 41 | 32:55 |
| VP4 - Naturschut | 4.70 | 39:02 | 8:18 | 10 | 7:06 | 41 | 10:46 | 23.07 | 2:51:11 | 7:25 | 9 | 29:21 | 40 | 43:11 |
| VP5 - Frohnau | 6.80 | 48:51 | 7:11 | 8 | 7:16 | 35 | 12:14 | 29.87 | 3:40:02 | 7:21 | 9 | 33:41 | 40 | 54:31 |
| VP6 - Ruderclub | 4.06 | 40:22 | 9:56 | 12 | 14:47 | 52 | 17:37 | 33.93 | 4:20:24 | 7:40 | 8 | 48:28 | 38 | 1:11:58 |
| VP7 - Grenzturm | 4.75 | 36:25 | 7:39 | 8 | 4:28 | 33 | 10:17 | 38.68 | 4:56:49 | 7:40 | 10 | 52:10 | 39 | 1:22:15 |
| VP8 - Schönwald | 7.52 | 57:41 | 7:40 | 8 | 10:07 | 37 | 15:20 | 46.20 | 5:54:30 | 7:40 | 9 | 56:49 | 39 | 1:37:35 |
| VP9 - Falkenseer | 5.76 | 59:43 | 10:22 | 14 | 19:29 | 58 | 25:17 | 51.96 | 6:54:13 | 7:58 | 10 | 1:13:45 | 44 | 2:02:02 |
| VP10 - Karolinenl | 6.54 | 1:04:13 | 9:49 | 13 | 18:22 | 52 | 24:52 | 58.50 | 7:58:26 | 8:10 | 10 | 1:32:01 | 46 | 2:25:52 |
| VP11 - Pagel & Fi | 4.90 | 47:23 | 9:40 | 12 | 11:31 | 47 | 17:04 | 63.40 | 8:45:49 | 8:17 | 10 | 1:43:03 | 44 | 2:42:56 |
| VP12 - Schloss S | 7.62 | 1:24:43 | 11:07 | 11 | 28:26 | 46 | 39:04 | 71.02 | 10:10:32 | 8:35 | 11 | 2:10:27 | 45 | 3:22:00 |
| VP13 - Revierförs | 6.21 | 1:00:49 | 9:47 | 12 | 17:49 | 48 | 21:43 | 77.23 | 11:11:21 | 8:41 | 11 | 2:28:16 | 46 | 3:43:21 |
| VP14 - Brauhaus | 6.00 | 1:06:29 | 11:04 | 14 | 26:04 | 55 | 30:44 | 83.23 | 12:17:50 | 8:51 | 11 | 2:54:20 | 47 | 4:10:36 |
| VP15 - Gedenkst. | 6.90 | 1:07:37 | 9:47 | 13 | 17:34 | 47 | 26:22 | 90.13 | 13:25:27 | 8:56 | 12 | 3:11:54 | 45 | 4:29:02 |
| VP16 - Königswe | 6.87 | 1:22:24 | 11:59 | 13 | 33:39 | 49 | 35:15 | 97.00 | 14:47:51 | 9:09 | 13 | 3:45:33 | 45 | 5:02:42 |
| VP17 - Sportplatz | 6.20 | 1:45:30 | 17:00 | 14 | 42:40 | 52 | 1:00:37 | 103.20 | 16:33:21 | 9:37 | 13 | 4:26:09 | 45 | 5:56:18 |
| VP18 - Osdorfer | 6.50 | 1:19:46 | 12:16 | 12 | 32:41 | 42 | 38:03 | 109.70 | 17:53:07 | 9:46 | 13 | 4:58:50 | 45 | 6:34:21 |
| VP19 - Lichtenra | 5.70 | 1:18:02 | 13:41 | 11 | 30:33 | 47 | 36:41 | 115.40 | 19:11:09 | 9:58 | 13 | 5:29:23 | 45 | 7:09:46 |
| VP20 - Kirchhain | 4.37 | 1:00:39 | 13:52 | 13 | 27:22 | 50 | 33:54 | 119.77 | 20:11:48 | 10:07 | 12 | 5:56:45 | 45 | 7:43:40 |
| VP21 - Buckow | 6.43 | 1:26:12 | 13:24 | 12 | 34:35 | 46 | 44:31 | 126.20 | 21:38:00 | 10:17 | 12 | 6:30:51 | 46 | 8:28:11 |
| VP22 - Rudow | 4.90 | 1:08:55 | 14:03 | 12 | 25:15 | 48 | 35:55 | 131.10 | 22:46:55 | 10:25 | 12 | 6:53:04 | 47 | 9:04:06 |
| VP23 - Johannistl | 5.90 | 1:13:54 | 12:31 | 10 | 19:06 | 42 | 34:43 | 137.00 | 24:00:49 | 10:31 | 12 | 7:10:42 | 47 | 9:38:49 |
| VP24 - Dammwe | 5.70 | 1:04:12 | 11:15 | 7 | 13:43 | 33 | 23:20 | 142.70 | 25:05:01 | 10:32 | 12 | 7:24:25 | 47 | 10:00:59 |
| VP25 - East Side | 5.80 | 1:18:49 | 13:35 | 12 | 22:05 | 45 | 33:59 | 148.50 | 26:23:50 | 10:39 | 12 | 7:46:30 | 47 | 10:31:40 |
| VP26 - Checkpoir | 5.28 | 46:55 | 8:53 | 4 | 9:37 | 29 | 16:42 | 153.78 | 27:10:45 | 10:36 | 12 | 7:56:07 | 46 | 10:48:22 |
| VP27 - Gedenkst. | 3.32 | 55:33 | 16:43 | 10 | 19:26 | 38 | 28:15 | 157.10 | 28:06:18 | 10:44 | 12 | 8:15:33 | 46 | 11:16:37 |
| Friedrich-Ludwig | 4.60 | 55:12 | 12:00 | 10 | 18:57 | 38 | 55:12 | 161.70 | 29:01:30 | 10:46 | 12 | 8:34:30 | 46 | 11:41:10 |