



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

## Exploitation détaillée

Gurkenpower

Temps total: 16:07:37

Dossard: 1025

Vitesse: 9.98 km/h

Kilométrage: 5:59 min/km

Circuit: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (104) Place par parcours: 19 (de 31)

Meilleur temps dans le parcours: 12:19:11

Catégorie:

Place par catégorie: 19(de 31)

10Plus-Staffel / 10plus relay

Meilleur temps dans la catégorie: 12:19:11

| Poste              | Temps intermédiaires |             |              |             |              |             |              | Résultats d'étape |             |              |             | Résultat total |             |              |  |
|--------------------|----------------------|-------------|--------------|-------------|--------------|-------------|--------------|-------------------|-------------|--------------|-------------|----------------|-------------|--------------|--|
|                    | Etape km             | Etape Temps | Etape min/km | Place catg. | Retard catg. | Place Total | Retard Total | Total km          | Total Temps | Total min/km | Place catg. | Retard catg.   | Place Total | Retard Total |  |
| VP1 - Checkpoint   | 8.60                 | 55:57       | 6:30         | 20          | 15:24        | 20          | 15:24        | 8.60              | 55:57       | 6:30         | 20          | 15:24          | 20          | 15:24        |  |
| VP2 - East Side G  | 4.80                 | 28:22       | 5:54         | 21          | 8:51         | 21          | 8:51         | 13.40             | 1:24:19     | 6:17         | 22          | 24:02          | 22          | 24:02        |  |
| VP3 - Dammweg      | 5.80                 | 51:45       | 8:55         | 31          | 27:15        | 31          | 27:15        | 19.20             | 2:16:04     | 7:05         | 26          | 51:17          | 26          | 51:17        |  |
| VP4 - Johannisth   | 5.70                 | 28:00       | 4:54         | 9           | 5:37         | 9           | 5:37         | 24.90             | 2:44:04     | 6:35         | 23          | 56:54          | 23          | 56:54        |  |
| VP5 - Imbiß "Am    | 9.50                 | 54:54       | 5:46         | 15          | 13:24        | 15          | 13:24        | 34.40             | 3:38:58     | 6:21         | 24          | 1:06:45        | 24          | 1:06:45      |  |
| VP6 - Buckow       | 4.50                 | 34:52       | 7:44         | 27          | 15:32        | 27          | 15:32        | 38.90             | 4:13:50     | 6:31         | 24          | 1:19:29        | 24          | 1:19:29      |  |
| Poste              | 7.60                 | 48:23       | 6:21         | 19          | 16:52        | 19          | 16:52        | 46.50             | 5:02:13     | 6:29         | 25          | 1:29:54        | 25          | 1:29:54      |  |
| VP8 - Osdorfer St  | 6.30                 | 44:10       | 7:00         | 27          | 16:09        | 27          | 16:09        | 52.80             | 5:46:23     | 6:33         | 25          | 1:45:00        | 25          | 1:45:00      |  |
| VP9 - Sportplatz   | 6.50                 | 44:44       | 6:52         | 28          | 16:32        | 28          | 16:32        | 59.30             | 6:31:07     | 6:35         | 25          | 2:00:18        | 25          | 2:00:18      |  |
| VP10 - Königswe    | 6.20                 | 38:45       | 6:15         | 22          | 12:08        | 22          | 12:08        | 65.50             | 7:09:52     | 6:33         | 24          | 2:06:14        | 24          | 2:06:14      |  |
| VP11 - Gedenkst    | 6.80                 | 45:01       | 6:37         | 23          | 17:03        | 23          | 17:03        | 72.30             | 7:54:53     | 6:34         | 25          | 2:12:09        | 25          | 2:12:09      |  |
| VP12 - Brauhaus    | 6.90                 | 33:57       | 4:55         | 8           | 4:40         | 8           | 4:40         | 79.20             | 8:28:50     | 6:25         | 25          | 2:14:19        | 25          | 2:14:19      |  |
| VP13 - Revierförs  | 5.70                 | 31:13       | 5:28         | 12          | 6:20         | 12          | 6:20         | 84.90             | 9:00:03     | 6:21         | 25          | 2:17:37        | 25          | 2:17:37      |  |
| VP14 - Schloss S   | 6.30                 | 32:13       | 5:06         | 8           | 4:06         | 8           | 4:06         | 91.20             | 9:32:16     | 6:16         | 24          | 2:17:40        | 24          | 2:17:40      |  |
| VP15 - Pagel & Fi  | 7.60                 | 41:50       | 5:30         | 13          | 10:07        | 13          | 10:07        | 98.80             | 10:14:06    | 6:12         | 22          | 2:19:41        | 22          | 2:19:41      |  |
| VP16 - Karolinenl  | 4.90                 | 28:14       | 5:45         | 19          | 7:08         | 19          | 7:08         | 103.70            | 10:42:20    | 6:11         | 22          | 2:26:49        | 22          | 2:26:49      |  |
| VP17 - Falkensee   | 6.50                 | 32:45       | 5:02         | 6           | 2:48         | 6           | 2:48         | 110.20            | 11:15:05    | 6:07         | 22          | 2:29:37        | 22          | 2:29:37      |  |
| VP18 - Schönwal    | 5.80                 | 30:51       | 5:19         | 10          | 6:20         | 10          | 6:20         | 116.00            | 11:45:56    | 6:05         | 22          | 2:34:35        | 22          | 2:34:35      |  |
| VP19 - Grenzturn   | 7.30                 | 41:38       | 5:42         | 12          | 10:08        | 12          | 10:08        | 123.30            | 12:27:34    | 6:03         | 21          | 2:44:43        | 21          | 2:44:43      |  |
| VP20 - Rudercluk   | 4.80                 | 29:11       | 6:04         | 19          | 8:38         | 19          | 8:38         | 128.10            | 12:56:45    | 6:03         | 20          | 2:53:21        | 20          | 2:53:21      |  |
| VP21 - Frohnau     | 4.10                 | 20:23       | 4:58         | 6           | 2:16         | 6           | 2:16         | 132.20            | 13:17:08    | 6:01         | 20          | 2:55:37        | 20          | 2:55:37      |  |
| VP22 - Naturschu   | 6.40                 | 41:17       | 6:27         | 22          | 16:18        | 22          | 16:18        | 138.60            | 13:58:25    | 6:02         | 21          | 3:11:55        | 21          | 3:11:55      |  |
| VP23 - Oranienbu   | 4.50                 | 25:44       | 5:43         | 12          | 6:47         | 12          | 6:47         | 143.10            | 14:24:09    | 6:02         | 19          | 3:18:42        | 19          | 3:18:42      |  |
| VP24 - Lauftreff l | 5.30                 | 30:29       | 5:45         | 16          | 9:00         | 16          | 9:00         | 148.40            | 14:54:38    | 6:01         | 19          | 3:27:42        | 19          | 3:27:42      |  |
| VP25 - Wilhelmsr   | 5.70                 | 33:04       | 5:48         | 21          | 10:07        | 21          | 10:07        | 154.10            | 15:27:42    | 6:01         | 19          | 3:37:49        | 19          | 3:37:49      |  |
| VP26 - Wollankst   | 3.10                 | 17:06       | 5:30         | 13          | 5:22         | 13          | 5:22         | 157.20            | 15:44:48    | 6:00         | 19          | 3:42:06        | 19          | 3:42:06      |  |
| Friedrich-Ludwig   | 4.20                 | 22:49       | 5:25         | 19          | 6:20         | 19          | 6:20         | 161.90            | 16:07:37    | 5:58         | 19          | 3:48:26        | 19          | 3:48:26      |  |