



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Exploitation détaillée

**Wilhelm, Tilo**

Association: LG Mauerweg eV

Dossard: 121

Circuit: 161.90 km

100MeilenBerlin

Catégorie:

Senioren M45 (45-49 Jahre)

Temps total: 28:30:16

Vitesse: 5.65 km/h

Kilométrage: 10:34 min/km

Place par parcours/Total: 289 (de 397)

Place par parcours/Hommes: 232 (de 313)

Meilleur temps dans le parcours: 13:17:41

Place par catégorie: 54(de 70)

Meilleur temps dans la catégorie: 16:22:32

### Temps intermédiaires

### Résultats d'étape

### Résultat total

| Poste               | Etape    |             |              | Résultats d'étape |                  |              |               | Résultat total |             |              |             |                  |              |               |
|---------------------|----------|-------------|--------------|-------------------|------------------|--------------|---------------|----------------|-------------|--------------|-------------|------------------|--------------|---------------|
|                     | Etape km | Etape Temps | Etape min/km | Place catg.       | Retard catg.Homm | Place Hommes | Retard Hommes | Total km       | Total Temps | Total min/km | Place catg. | Retard catg.Homm | Place Hommes | Retard Hommes |
| VP1 - Checkpoint    | 8.60     | 1:11:46     | 8:20         | 70                | 27:32            | 301          | 27:38         | 8.60           | 1:11:46     | 8:20         | 70          | 27:32            | 301          | 27:38         |
| VP2 - East Side G   | 4.80     | 36:44       | 7:39         | 67                | 15:39            | 300          | 15:41         | 13.40          | 1:48:30     | 8:05         | 69          | 43:11            | 304          | 43:16         |
| VP3 - Dammweg       | 5.80     | 47:20       | 8:09         | 67                | 17:32            | 286          | 18:08         | 19.20          | 2:35:50     | 8:06         | 69          | 1:00:43          | 297          | 1:00:59       |
| VP4 - Johannisth    | 5.70     | 45:35       | 7:59         | 67                | 18:53            | 292          | 21:03         | 24.90          | 3:21:25     | 8:05         | 68          | 1:19:36          | 293          | 1:21:43       |
| VP5 - Imbiß "Am     | 9.50     | 1:23:10     | 8:45         | 69                | 35:48            | 303          | 41:38         | 34.40          | 4:44:35     | 8:16         | 68          | 1:55:24          | 298          | 2:03:18       |
| VP6 - Buckow        | 4.50     | 45:29       | 10:06        | 69                | 22:14            | 300          | 24:53         | 38.90          | 5:30:04     | 8:29         | 68          | 2:17:38          | 298          | 2:28:11       |
| Poste               | 7.60     | 1:04:33     | 8:29         | 64                | 23:51            | 261          | 30:31         | 46.50          | 6:34:37     | 8:29         | 69          | 2:41:26          | 295          | 2:58:42       |
| VP8 - Osdorfer St   | 6.30     | 50:58       | 8:05         | 53                | 17:19            | 221          | 23:32         | 52.80          | 7:25:35     | 8:26         | 68          | 2:58:45          | 286          | 3:22:14       |
| VP9 - Sportplatz    | 6.50     | 1:08:59     | 10:36        | 56                | 34:25            | 255          | 47:32         | 59.30          | 8:34:34     | 8:40         | 65          | 3:33:10          | 279          | 3:59:43       |
| VP10 - Königswe     | 6.20     | 1:00:30     | 9:45         | 64                | 24:27            | 271          | 31:05         | 65.50          | 9:35:04     | 8:46         | 65          | 3:57:37          | 281          | 4:30:48       |
| VP11 - Gedenkst     | 6.80     | 1:07:34     | 9:56         | 61                | 27:21            | 256          | 43:15         | 72.30          | 10:42:38    | 8:53         | 65          | 4:24:04          | 275          | 5:04:16       |
| VP12 - Brauhaus     | 6.90     | 1:14:04     | 10:44        | 65                | 32:44            | 272          | 40:57         | 79.20          | 11:56:42    | 9:02         | 64          | 4:52:30          | 273          | 5:45:13       |
| VP13 - Revierförs   | 5.70     | 49:24       | 8:39         | 38                | 14:45            | 151          | 19:21         | 84.90          | 12:46:06    | 9:01         | 63          | 4:29:31          | 265          | 6:04:34       |
| VP14 - Schloss S    | 6.30     | 1:31:52     | 14:34        | 61                | 54:17            | 267          | 1:00:25       | 91.20          | 14:17:58    | 9:24         | 61          | 5:18:15          | 263          | 7:04:59       |
| VP15 - Pagel & Fi   | 7.60     | 1:14:30     | 9:48         | 51                | 27:43            | 225          | 36:48         | 98.80          | 15:32:28    | 9:26         | 60          | 5:43:51          | 260          | 7:41:47       |
| VP16 - Karolinenl   | 4.90     | 51:17       | 10:27        | 44                | 19:15            | 196          | 25:42         | 103.70         | 16:23:45    | 9:29         | 60          | 6:03:06          | 250          | 8:07:29       |
| VP17 - Falkensee    | 6.50     | 1:04:01     | 9:50         | 47                | 21:42            | 196          | 31:30         | 110.20         | 17:27:46    | 9:30         | 57          | 6:24:48          | 243          | 8:38:59       |
| VP18 - Schönwal     | 5.80     | 1:09:33     | 11:59        | 57                | 33:38            | 241          | 40:28         | 116.00         | 18:37:19    | 9:37         | 57          | 6:58:26          | 243          | 9:19:27       |
| VP19 - Grenzturn    | 7.30     | 1:43:08     | 14:07        | 60                | 56:46            | 255          | 1:15:02       | 123.30         | 20:20:27    | 9:53         | 57          | 7:55:12          | 244          | 10:23:48      |
| VP20 - Rudercluk    | 4.80     | 1:01:32     | 12:49        | 54                | 32:11            | 236          | 37:12         | 128.10         | 21:21:59    | 10:00        | 57          | 8:27:23          | 240          | 11:01:00      |
| VP21 - Frohnau      | 4.10     | 1:04:16     | 15:40        | 53                | 38:29            | 231          | 41:37         | 132.20         | 22:26:15    | 10:11        | 56          | 9:05:52          | 237          | 11:42:37      |
| VP22 - Naturschu    | 6.40     | 1:18:34     | 12:16        | 55                | 38:09            | 235          | 45:22         | 138.60         | 23:44:49    | 10:16        | 56          | 9:44:01          | 238          | 12:27:59      |
| VP23 - Oranienbu    | 4.50     | 59:47       | 13:17        | 51                | 31:29            | 223          | 34:50         | 143.10         | 24:44:36    | 10:22        | 55          | 10:15:30         | 234          | 13:02:49      |
| VP24 - Laufftreff l | 5.30     | 1:06:47     | 12:36        | 53                | 34:20            | 228          | 38:33         | 148.40         | 25:51:23    | 10:27        | 55          | 10:49:50         | 235          | 13:41:22      |
| VP25 - Wilhelmsr    | 5.70     | 1:14:13     | 13:01        | 53                | 38:26            | 239          | 44:12         | 154.10         | 27:05:36    | 10:32        | 54          | 11:28:16         | 235          | 14:25:34      |
| VP26 - Wollankst    | 3.10     | 38:40       | 12:28        | 50                | 18:16            | 223          | 21:33         | 157.20         | 27:44:16    | 10:35        | 54          | 11:46:32         | 234          | 14:47:07      |
| Friedrich-Ludwig    | 4.20     | 46:00       | 10:57        | 52                | 21:21            | 233          | 26:14         | 161.90         | 28:30:16    | 10:33        | 54          | 12:07:44         | 233          | 15:12:35      |