



6. Erfurter Campuslauf

Erfurt / 29.06.2022

Exploitation détaillée

AOK PLUS

Association: AOK PLUS

Dossard: 4

Circuit: 10.00 km

Teamlauf

Catégorie:

Team Frauen

Temps total: 46:38

Vitesse: 12.87 km/h

Kilométrage: 4:40 min/km

Place par parcours/Total: 8 (de 10)

Place par parcours/Total: 8 (de 10)

Meilleur temps dans le parcours: 34:25

Place par catégorie: 1(de 2)

Meilleur temps dans la catégorie: 46:38

Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Etape | | Etape | | Etape | | Place | | Retard | | Place | | Retard | | Total | | Total | | Total | | Place | | Retard | | Place | | Retard | |
|-------|-------|-------|--------|-------|-------|-------|-------|-------|--------|--------|-------|-------|--------|-------|-------|-------|--------|-------|-------|-------|-------|-------|--------|--------|-------|-------|--------|-------|
| | km | Temps | min/km | catg. | catg. | Total | Total | km | Temps | min/km | catg. | catg. | Total | Total | km | Temps | min/km | catg. | catg. | Total | Total | km | Temps | min/km | catg. | catg. | Total | Total |
| Runde | 0.40 | 2:13 | 5:32 | 2 | 0:47 | 10 | 1:04 | 0.40 | 2:13 | 5:32 | 2 | 0:47 | 10 | 1:04 | 0.40 | 2:13 | 5:32 | 2 | 0:47 | 10 | 1:04 | 0.40 | 2:13 | 5:32 | 2 | 0:47 | 10 | 1:04 |
| Runde | 0.40 | 1:44 | 4:19 | 2 | 0:02 | 8 | 0:32 | 0.80 | 3:57 | 4:56 | 2 | 0:49 | 10 | 1:27 | 0.80 | 3:57 | 4:56 | 2 | 0:49 | 10 | 1:27 | 0.80 | 3:57 | 4:56 | 2 | 0:49 | 10 | 1:27 |
| Runde | 0.40 | 1:26 | 3:34 | 1 | - | 3 | 0:09 | 1.20 | 5:23 | 4:29 | 2 | 0:31 | 10 | 1:36 | 1.20 | 5:23 | 4:29 | 2 | 0:31 | 10 | 1:36 | 1.20 | 5:23 | 4:29 | 2 | 0:31 | 10 | 1:36 |
| Runde | 0.40 | 2:20 | 5:49 | 2 | 0:46 | 9 | 1:09 | 1.60 | 7:43 | 4:49 | 2 | 1:17 | 9 | 2:37 | 1.60 | 7:43 | 4:49 | 2 | 1:17 | 9 | 2:37 | 1.60 | 7:43 | 4:49 | 2 | 1:17 | 9 | 2:37 |
| Runde | 0.40 | 1:52 | 4:39 | 1 | - | 8 | 0:38 | 2.00 | 9:35 | 4:47 | 2 | 1:17 | 9 | 3:09 | 2.00 | 9:35 | 4:47 | 2 | 1:17 | 9 | 3:09 | 2.00 | 9:35 | 4:47 | 2 | 1:17 | 9 | 3:09 |
| Runde | 0.40 | 1:31 | 3:47 | 1 | - | 6 | 0:14 | 2.40 | 11:06 | 4:37 | 2 | 0:40 | 9 | 3:14 | 2.40 | 11:06 | 4:37 | 2 | 0:40 | 9 | 3:14 | 2.40 | 11:06 | 4:37 | 2 | 0:40 | 9 | 3:14 |
| Runde | 0.40 | 2:10 | 5:24 | 2 | 0:21 | 9 | 0:50 | 2.80 | 13:16 | 4:44 | 2 | 1:01 | 9 | 4:04 | 2.80 | 13:16 | 4:44 | 2 | 1:01 | 9 | 4:04 | 2.80 | 13:16 | 4:44 | 2 | 1:01 | 9 | 4:04 |
| Runde | 0.40 | 1:52 | 4:39 | 1 | - | 6 | 0:30 | 3.20 | 15:08 | 4:43 | 2 | 1:01 | 9 | 4:25 | 3.20 | 15:08 | 4:43 | 2 | 1:01 | 9 | 4:25 | 3.20 | 15:08 | 4:43 | 2 | 1:01 | 9 | 4:25 |
| Runde | 0.40 | 1:29 | 3:42 | 1 | - | 4 | 0:15 | 3.60 | 16:37 | 4:36 | 1 | - | 8 | 4:35 | 3.60 | 16:37 | 4:36 | 1 | - | 8 | 4:35 | 3.60 | 16:37 | 4:36 | 1 | - | 8 | 4:35 |
| Runde | 0.40 | 2:09 | 5:22 | 2 | 0:07 | 10 | 0:46 | 4.00 | 18:46 | 4:41 | 2 | 0:06 | 9 | 5:21 | 4.00 | 18:46 | 4:41 | 2 | 0:06 | 9 | 5:21 | 4.00 | 18:46 | 4:41 | 2 | 0:06 | 9 | 5:21 |
| Runde | 0.40 | 1:49 | 4:32 | 1 | - | 6 | 0:27 | 4.40 | 20:35 | 4:40 | 2 | 0:01 | 9 | 5:48 | 4.40 | 20:35 | 4:40 | 2 | 0:01 | 9 | 5:48 | 4.40 | 20:35 | 4:40 | 2 | 0:01 | 9 | 5:48 |
| Runde | 0.40 | 1:32 | 3:50 | 1 | - | 4 | 0:13 | 4.80 | 22:07 | 4:36 | 1 | - | 8 | 5:50 | 4.80 | 22:07 | 4:36 | 1 | - | 8 | 5:50 | 4.80 | 22:07 | 4:36 | 1 | - | 8 | 5:50 |
| Runde | 0.40 | 2:10 | 5:24 | 2 | 0:17 | 10 | 0:57 | 5.20 | 24:17 | 4:40 | 1 | - | 8 | 6:35 | 5.20 | 24:17 | 4:40 | 1 | - | 8 | 6:35 | 5.20 | 24:17 | 4:40 | 1 | - | 8 | 6:35 |
| Runde | 0.40 | 1:52 | 4:39 | 1 | - | 7 | 0:33 | 5.60 | 26:09 | 4:40 | 1 | - | 8 | 7:08 | 5.60 | 26:09 | 4:40 | 1 | - | 8 | 7:08 | 5.60 | 26:09 | 4:40 | 1 | - | 8 | 7:08 |
| Runde | 0.40 | 1:32 | 3:50 | 1 | - | 3 | 0:06 | 6.00 | 27:41 | 4:36 | 1 | - | 8 | 7:14 | 6.00 | 27:41 | 4:36 | 1 | - | 8 | 7:14 | 6.00 | 27:41 | 4:36 | 1 | - | 8 | 7:14 |
| Runde | 0.40 | 2:15 | 5:37 | 2 | 0:23 | 10 | 0:54 | 6.40 | 29:56 | 4:40 | 1 | - | 8 | 8:08 | 6.40 | 29:56 | 4:40 | 1 | - | 8 | 8:08 | 6.40 | 29:56 | 4:40 | 1 | - | 8 | 8:08 |
| Runde | 0.40 | 1:54 | 4:44 | 1 | - | 8 | 0:40 | 6.80 | 31:50 | 4:40 | 1 | - | 8 | 8:35 | 6.80 | 31:50 | 4:40 | 1 | - | 8 | 8:35 | 6.80 | 31:50 | 4:40 | 1 | - | 8 | 8:35 |
| Runde | 0.40 | 1:34 | 3:54 | 1 | - | 3 | 0:11 | 7.20 | 33:24 | 4:38 | 1 | - | 8 | 8:46 | 7.20 | 33:24 | 4:38 | 1 | - | 8 | 8:46 | 7.20 | 33:24 | 4:38 | 1 | - | 8 | 8:46 |
| Runde | 0.40 | 2:13 | 5:32 | 2 | 0:25 | 9 | 0:50 | 7.60 | 35:37 | 4:41 | 1 | - | 8 | 9:33 | 7.60 | 35:37 | 4:41 | 1 | - | 8 | 9:33 | 7.60 | 35:37 | 4:41 | 1 | - | 8 | 9:33 |
| Runde | 0.40 | 1:49 | 4:32 | 1 | - | 5 | 0:27 | 8.00 | 37:26 | 4:40 | 1 | - | 8 | 10:00 | 8.00 | 37:26 | 4:40 | 1 | - | 8 | 10:00 | 8.00 | 37:26 | 4:40 | 1 | - | 8 | 10:00 |
| Runde | 0.40 | 1:36 | 4:00 | 1 | - | 6 | 0:22 | 8.40 | 39:02 | 4:38 | 1 | - | 8 | 10:05 | 8.40 | 39:02 | 4:38 | 1 | - | 8 | 10:05 | 8.40 | 39:02 | 4:38 | 1 | - | 8 | 10:05 |
| Runde | 0.40 | 2:28 | 6:10 | 2 | 0:39 | 10 | 1:12 | 8.80 | 41:30 | 4:42 | 1 | - | 8 | 11:07 | 8.80 | 41:30 | 4:42 | 1 | - | 8 | 11:07 | 8.80 | 41:30 | 4:42 | 1 | - | 8 | 11:07 |
| Runde | 0.40 | 1:52 | 4:39 | 1 | - | 6 | 0:34 | 9.20 | 43:22 | 4:42 | 1 | - | 8 | 11:38 | 9.20 | 43:22 | 4:42 | 1 | - | 8 | 11:38 | 9.20 | 43:22 | 4:42 | 1 | - | 8 | 11:38 |
| Runde | 0.40 | 1:33 | 3:52 | 1 | - | 3 | 0:12 | 9.60 | 44:55 | 4:40 | 1 | - | 8 | 11:50 | 9.60 | 44:55 | 4:40 | 1 | - | 8 | 11:50 | 9.60 | 44:55 | 4:40 | 1 | - | 8 | 11:50 |
| Ziel | 0.40 | 1:43 | 4:17 | 1 | - | 8 | 0:32 | 10.00 | 46:38 | 4:39 | 1 | - | 8 | 12:13 | 10.00 | 46:38 | 4:39 | 1 | - | 8 | 12:13 | 10.00 | 46:38 | 4:39 | 1 | - | 8 | 12:13 |