



1. SPORTident Winter-Stundenlaufserie mit Musik (2. Lauf)

Arnstadt / 21.02.2024

Exploitation détaillée

Siegfried Ritter

Association: SPORTident

Dossard: 37

Circuit: 0.35 km/Tour

Stundenlauf

Catégorie:

Senioren M65 (65-69)

Temps total: 59:27

Vitesse: 11.10 km/h

Kilométrage: 5:08 min/km

Tours: 33 (11.55 km)

Place par parcours/Hommes: 22 (de 39)

Place par catégorie: 2(de 3)

| Poste | Temps intermédiaires | | | | | | | Résultats d'étape | | | | | | | Résultat total | | | | | | |
|---------|----------------------|-------------|--------------|-------------|--------------|------------|-------------|-------------------|-------------|--------------|-------------|--------------|------------|-------------|----------------|--|--|--|--|--|--|
| | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg. | Place Homm | Retard Homm | Total km | Total Temps | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm | | | | | | | |
| Tour 1 | 0.35 | 1:49 | 5:11 | 2 | 0:04 | 23 | 0:40 | 0.35 | 1:49 | 5:11 | 2 | 0:04 | 23 | 0:40 | | | | | | | |
| Tour 2 | 0.35 | 1:46 | 5:02 | 2 | 0:05 | 30 | 0:33 | 0.70 | 3:35 | 5:07 | 2 | 0:09 | 28 | 1:13 | | | | | | | |
| Tour 3 | 0.35 | 1:49 | 5:11 | 2 | 0:08 | 33 | 0:32 | 1.05 | 5:24 | 5:08 | 2 | 0:17 | 30 | 1:45 | | | | | | | |
| Tour 4 | 0.35 | 1:50 | 5:14 | 2 | 0:08 | 29 | 0:34 | 1.40 | 7:14 | 5:10 | 2 | 0:25 | 30 | 2:19 | | | | | | | |
| Tour 5 | 0.35 | 1:50 | 5:14 | 2 | 0:08 | 27 | 0:31 | 1.75 | 9:04 | 5:10 | 2 | 0:33 | 30 | 2:50 | | | | | | | |
| Tour 6 | 0.35 | 1:50 | 5:14 | 2 | 0:10 | 28 | 0:30 | 2.10 | 10:54 | 5:11 | 2 | 0:43 | 30 | 3:20 | | | | | | | |
| Tour 7 | 0.35 | 1:49 | 5:11 | 2 | 0:07 | 28 | 0:29 | 2.45 | 12:43 | 5:11 | 2 | 0:50 | 29 | 3:49 | | | | | | | |
| Tour 8 | 0.35 | 1:48 | 5:08 | 2 | 0:07 | 25 | 0:27 | 2.80 | 14:31 | 5:11 | 2 | 0:57 | 29 | 4:16 | | | | | | | |
| Tour 9 | 0.35 | 1:49 | 5:11 | 2 | 0:10 | 28 | 0:27 | 3.15 | 16:20 | 5:11 | 2 | 1:07 | 29 | 4:43 | | | | | | | |
| Tour 10 | 0.35 | 1:49 | 5:11 | 2 | 0:07 | 25 | 0:27 | 3.50 | 18:09 | 5:11 | 2 | 1:14 | 29 | 5:10 | | | | | | | |
| Tour 11 | 0.35 | 1:49 | 5:11 | 2 | 0:07 | 24 | 0:27 | 3.85 | 19:58 | 5:11 | 2 | 1:21 | 28 | 5:37 | | | | | | | |
| Tour 12 | 0.35 | 1:50 | 5:14 | 2 | 0:09 | 25 | 0:26 | 4.20 | 21:48 | 5:11 | 2 | 1:30 | 28 | 6:03 | | | | | | | |
| Tour 13 | 0.35 | 1:48 | 5:08 | 2 | 0:04 | 22 | 0:26 | 4.55 | 23:36 | 5:11 | 2 | 1:34 | 27 | 6:29 | | | | | | | |
| Tour 14 | 0.35 | 1:49 | 5:11 | 2 | 0:06 | 23 | 0:25 | 4.90 | 25:25 | 5:11 | 2 | 1:40 | 26 | 6:54 | | | | | | | |
| Tour 15 | 0.35 | 1:47 | 5:05 | 2 | 0:04 | 21 | 0:25 | 5.25 | 27:12 | 5:10 | 2 | 1:44 | 26 | 7:19 | | | | | | | |
| Tour 16 | 0.35 | 1:47 | 5:05 | 2 | 0:03 | 20 | 0:23 | 5.60 | 28:59 | 5:10 | 2 | 1:47 | 25 | 7:42 | | | | | | | |
| Tour 17 | 0.35 | 1:47 | 5:05 | 2 | 0:06 | 20 | 0:24 | 5.95 | 30:46 | 5:10 | 2 | 1:53 | 24 | 8:06 | | | | | | | |
| Tour 18 | 0.35 | 1:50 | 5:14 | 2 | 0:06 | 23 | 0:26 | 6.30 | 32:36 | 5:10 | 2 | 1:59 | 24 | 8:32 | | | | | | | |
| Tour 19 | 0.35 | 1:48 | 5:08 | 2 | 0:04 | 21 | 0:24 | 6.65 | 34:24 | 5:10 | 2 | 2:03 | 24 | 8:56 | | | | | | | |
| Tour 20 | 0.35 | 1:48 | 5:08 | 2 | 0:05 | 20 | 0:24 | 7.00 | 36:12 | 5:10 | 2 | 2:08 | 24 | 9:20 | | | | | | | |
| Tour 21 | 0.35 | 1:47 | 5:05 | 2 | 0:05 | 20 | 0:24 | 7.35 | 37:59 | 5:10 | 2 | 2:13 | 24 | 9:44 | | | | | | | |
| Tour 22 | 0.35 | 1:47 | 5:05 | 2 | 0:04 | 19 | 0:23 | 7.70 | 39:46 | 5:09 | 2 | 2:17 | 24 | 10:07 | | | | | | | |
| Tour 23 | 0.35 | 1:48 | 5:08 | 2 | 0:04 | 19 | 0:25 | 8.05 | 41:34 | 5:09 | 2 | 2:21 | 24 | 10:32 | | | | | | | |
| Tour 24 | 0.35 | 1:47 | 5:05 | 2 | 0:04 | 16 | 0:24 | 8.40 | 43:21 | 5:09 | 2 | 2:25 | 24 | 10:56 | | | | | | | |
| Tour 25 | 0.35 | 1:48 | 5:08 | 2 | 0:05 | 19 | 0:25 | 8.75 | 45:09 | 5:09 | 2 | 2:30 | 24 | 11:21 | | | | | | | |
| Tour 26 | 0.35 | 1:47 | 5:05 | 2 | 0:05 | 18 | 0:24 | 9.10 | 46:56 | 5:09 | 2 | 2:35 | 23 | 11:45 | | | | | | | |
| Tour 27 | 0.35 | 1:49 | 5:11 | 2 | 0:07 | 20 | 0:26 | 9.45 | 48:45 | 5:09 | 2 | 2:42 | 23 | 12:11 | | | | | | | |
| Tour 28 | 0.35 | 1:47 | 5:05 | 2 | 0:04 | 15 | 0:23 | 9.80 | 50:32 | 5:09 | 2 | 2:46 | 22 | 12:34 | | | | | | | |
| Tour 29 | 0.35 | 1:48 | 5:08 | 2 | 0:05 | 19 | 0:25 | 10.15 | 52:20 | 5:09 | 2 | 2:51 | 22 | 12:59 | | | | | | | |
| Tour 30 | 0.35 | 1:47 | 5:05 | 2 | 0:04 | 17 | 0:23 | 10.50 | 54:07 | 5:09 | 2 | 2:55 | 22 | 13:22 | | | | | | | |



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Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Temps intermédiaires | | | Résultats d'étape | | | | Résultat total | | | | | | |
|---------|----------------------|-------------|--------------|-------------------|--------------|------------|-------------|----------------|-------------|--------------|-------------|--------------|------------|-------------|
| | Etape km | Etape Temps | Etape min/km | Place catg. | Retard catg. | Place Homm | Retard Homm | Total km | Total Temps | Total min/km | Place catg. | Retard catg. | Place Homm | Retard Homm |
| Tour 31 | 0.35 | 1:49 | 5:11 | 2 | 0:07 | 25 | 0:24 | 10.85 | 55:56 | 5:09 | 2 | 3:02 | 22 | 13:46 |
| Tour 32 | 0.35 | 1:48 | 5:08 | 2 | 0:05 | 21 | 0:24 | 11.20 | 57:44 | 5:09 | 2 | 3:07 | 22 | 14:10 |
| Tour 33 | 0.35 | 1:43 | 4:54 | 2 | 0:01 | 13 | 0:19 | 11.55 | 59:27 | 5:08 | 2 | 3:08 | 22 | 14:29 |