



38. SOLA-Stafette

Zürich / 07.05.2011

Detalizēti rezultāti

RUN FOR FUN

Klubs: FH

Numurs: 140

Posms: 116.80 km

Sola-Stafette

Grupa:

Langsame

Kopējais laiks: 11:04:46

Ātrums: 10.54 km/h

Skrējiena izpildījums: 5:41 min/km

Vieta distancē: 692 (no 790)

Distances labākais laiks: 6:52:28

Vieta grupā: 393(no 477)

Grupas labākais laiks: 8:43:10

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma | | Posma | | Vietāztrūkum:Vietāztrūkums | | Kopā | | Kopā | | Kopā | | Vietāztrūkum:Vietāztrūkums | |
|---------------|-------|--------|--------|-------|----------------------------|------|---------|--------|----------|--------|-------|----------|----------------------------|----------|
| | km | Laiks | min/km | grupā | grupā | Kopā | Kopā | km | Laiks | min/km | grupā | grupā | Kopā | Kopā |
| Hönggerberg | 4.40 | | 6:25 | 415 | 11:06 | 713 | 12:29 | 4.40 | 28:18 | 6:25 | 1 | 28:18 | 1 | 28:18 |
| Buchlern | 13.25 | | 4:26 | 89 | 11:26 | 245 | 15:56 | 17.65 | 1:27:15 | 4:56 | 1 | 1:27:15 | 1 | 1:27:15 |
| Uetliberg | 6.20 | | 6:56 | 365 | 13:52 | 656 | 17:28 | 23.85 | 2:10:19 | 5:27 | 1 | 2:10:19 | 1 | 2:10:19 |
| Felsenegg | 5.90 | | 4:55 | 100 | 6:23 | 249 | 9:04 | 29.75 | 2:39:20 | 5:21 | 1 | 2:39:20 | 1 | 2:39:20 |
| Buchlern | 14.02 | | 4:52 | 157 | 16:30 | 357 | 20:31 | 43.77 | 3:47:39 | 5:12 | 1 | 3:47:39 | 1 | 3:47:39 |
| Hönggerberg | 11.10 | | 5:24 | 248 | 18:17 | 488 | 20:58 | 54.87 | 4:47:46 | 5:14 | 1 | 4:47:46 | 1 | 4:47:46 |
| Irchel | 5.10 | | 6:00 | 325 | 11:32 | 604 | 13:52 | 59.97 | 5:18:24 | 5:18 | 1 | 5:18:24 | 1 | 5:18:24 |
| Fluntern | 6.34 | | 4:56 | 107 | 7:28 | 268 | 9:33 | 66.31 | 5:49:45 | 5:16 | 1 | 5:49:45 | 1 | 5:49:45 |
| Forch | 11.30 | | 4:49 | 61 | 13:01 | 192 | 15:53 | 77.61 | 6:44:18 | 5:12 | 1 | 6:44:18 | 1 | 6:44:18 |
| Egg | 8.75 | | 4:45 | 42 | 8:17 | 144 | 9:31 | 86.36 | 7:26:00 | 5:09 | 1 | 7:26:00 | 1 | 7:26:00 |
| Zumikon | 12.99 | | 5:43 | 324 | 21:20 | 608 | 27:29 | 99.35 | 8:40:28 | 5:14 | 1 | 8:40:28 | 1 | 8:40:28 |
| Witikon | 6.91 | | 12:41 | 477 | 1:03:53 | 788 | 1:06:41 | 106.26 | 10:08:11 | 5:43 | 1 | 10:08:11 | 1 | 10:08:11 |
| Fluntern | 4.90 | | 5:51 | 334 | 11:52 | 610 | 12:24 | 111.16 | 10:36:54 | 5:43 | 1 | 10:36:54 | 1 | 10:36:54 |
| Kontrolpunkts | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 4:56 | 168 | 7:39 | 359 | 9:13 | 116.80 | 11:04:46 | 5:41 | 405 | 2:54:34 | 711 | 4:12:50 |