



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detalizēti rezultāti

### COOL RUNNINGS

Klubs: Ang.  
Numurs: 494

Posms: 116.80 km  
Sola-Stafette

Grupa:  
Langsame

Kopējais laiks: 11:10:37

Ātrums: 10.38 km/h  
Skrējiena izpildījums: 5:44 min/km

Vieta distancē: 711 (no 790)  
Distances labākais laiks: 6:52:28

Vieta grupā: 410(no 477)  
Grupās labākais laiks: 8:43:10

### Vidējie laiki

### Posma rezultāts

### Kopējais rezultāts

| Kontrolpunkts | Posma |        | Posma  |       | Vietāztrūkum:Vietāztrūkums |      | Kopā  |        | Kopā     |        | Kopā  |          | Vietāztrūkum:Vietāztrūkums |          |
|---------------|-------|--------|--------|-------|----------------------------|------|-------|--------|----------|--------|-------|----------|----------------------------|----------|
|               | km    | Laiks  | min/km | grupā | grupā                      | Kopā | Kopā  | km     | Laiks    | min/km | grupā | grupā    | Kopā                       | Kopā     |
| Hönggerberg   | 4.40  |        | 7:03   | 457   | 13:53                      | 767  | 15:16 | 4.40   | 31:05    | 7:03   | 1     | 31:05    | 1                          | 31:05    |
| Buchlern      | 13.25 |        | 6:00   | 463   | 32:04                      | 769  | 36:34 | 17.65  | 1:50:40  | 6:16   | 1     | 1:50:40  | 1                          | 1:50:40  |
| Uetliberg     | 6.20  |        | 7:28   | 424   | 17:07                      | 725  | 20:43 | 23.85  | 2:36:59  | 6:34   | 1     | 2:36:59  | 1                          | 2:36:59  |
| Felsenegg     | 5.90  |        | 5:33   | 264   | 10:08                      | 506  | 12:49 | 29.75  | 3:09:45  | 6:22   | 1     | 3:09:45  | 1                          | 3:09:45  |
| Buchlern      | 14.02 |        | 4:42   | 103   | 14:06                      | 263  | 18:07 | 43.77  | 4:15:40  | 5:50   | 1     | 4:15:40  | 1                          | 4:15:40  |
| Hönggerberg   | 11.10 |        | 6:22   | 439   | 28:57                      | 740  | 31:38 | 54.87  | 5:26:27  | 5:56   | 1     | 5:26:27  | 1                          | 5:26:27  |
| Irchel        | 5.10  |        | 7:08   | 453   | 17:18                      | 757  | 19:38 | 59.97  | 6:02:51  | 6:03   | 1     | 6:02:51  | 1                          | 6:02:51  |
| Fluntern      | 6.34  |        | 5:25   | 276   | 10:31                      | 528  | 12:36 | 66.31  | 6:37:15  | 5:59   | 1     | 6:37:15  | 1                          | 6:37:15  |
| Forch         | 11.30 |        | 5:40   | 318   | 22:34                      | 595  | 25:26 | 77.61  | 7:41:21  | 5:56   | 1     | 7:41:21  | 1                          | 7:41:21  |
| Egg           | 8.75  |        | 5:49   | 346   | 17:31                      | 623  | 18:45 | 86.36  | 8:32:17  | 5:55   | 1     | 8:32:17  | 1                          | 8:32:17  |
| Zumikon       | 12.99 |        | 5:22   | 222   | 16:40                      | 460  | 22:49 | 99.35  | 9:42:05  | 5:51   | 1     | 9:42:05  | 1                          | 9:42:05  |
| Witikon       | 6.91  |        | 4:30   | 126   | 7:19                       | 293  | 10:07 | 106.26 | 10:13:14 | 5:46   | 1     | 10:13:14 | 1                          | 10:13:14 |
| Fluntern      | 4.90  |        | 6:02   | 367   | 12:44                      | 652  | 13:16 | 111.16 | 10:42:49 | 5:46   | 1     | 10:42:49 | 1                          | 10:42:49 |
| Kontrolpunkts | -     | fehlt! | -      | -     | -                          | -    | -     | 111.16 | -        | -      | -     | -        | -                          | -        |
| Irchel        | 5.64  |        | 4:55   | 161   | 7:35                       | 350  | 9:09  | 116.80 | 11:10:37 | 5:44   | 422   | 3:00:25  | 731                        | 4:18:41  |