



### 3. Sparkasse Charity Triathlon Bidingen

Bidingen / 16.06.2013

#### Detalizēti rezultāti

**Loder, Frank**

Klubs: LT Freigericht

Numurs: 313

Posms: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Grupa:

Senioren 3 MK50

Kopējais laiks: 2:09:54

Ātrums: 22.17 km/h

Skrējiena izpildījums: 2:39 min/km

Vieta distancē/Kopā: 9 (no 60)

Vieta distancē/Vīrieši: 9 (no 53)

Distances labākais laiks: 1:53:51

Vieta grupā: 1(no 7)

Grupas labākais laiks: 2:09:54

#### Vidējie laiki

#### Posma rezultāts

#### Kopējais rezultāts

| Kontrollpunkts  | Posma rezultāts |             |              | Kopējais rezultāts  |                     |         |         |         |            |             |                     |                     |         |         |
|-----------------|-----------------|-------------|--------------|---------------------|---------------------|---------|---------|---------|------------|-------------|---------------------|---------------------|---------|---------|
|                 | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vīrieši | Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vīrieši | Vīrieši |
| Schwimmen       | 0.95            | 23:47       | 25:02        | 2                   | 3:07                | 25      | 8:57    | 0.95    | 23:47      | 25:02       | 2                   |                     |         | 54      |
| Zwischen Rad 1  | -               | 10:54       | -            | 1                   | -                   | 10      | 1:01    | 0.95    | 34:41      | -           | 2                   |                     |         | 54      |
| Zwischen Rad 2  | -               | 6:22        | -            | 2                   | 0:04                | 20      | 0:47    | 0.95    | 41:03      | -           | 2                   |                     |         | 54      |
| Zwischen Rad 1  | -               | 9:02        | -            | 1                   | -                   | 15      | 1:13    | 0.95    | 50:05      | -           | 2                   |                     |         | 53      |
| Zwischen Rad 2  | -               | 6:20        | -            | 2                   | 0:16                | 18      | 0:47    | 0.95    | 56:25      | -           | 2                   |                     |         | 53      |
| Zwischen Rad 1  | -               | 8:57        | -            | 1                   | -                   | 12      | 1:06    | 0.95    | 1:05:22    | -           | 2                   |                     |         | 53      |
| Zwischen Rad 2  | -               | 6:25        | -            | 2                   | 0:19                | 20      | 0:45    | 0.95    | 1:11:47    | -           | 2                   |                     |         | 53      |
| Zwischen Rad 1  | -               | 8:58        | -            | 1                   | -                   | 13      | 1:02    | 0.95    | 1:20:45    | -           | 2                   |                     |         | 53      |
| Zwischen Rad 2  | -               | 6:31        | -            | 4                   | 0:26                | 31      | 0:52    | 0.95    | 1:27:16    | -           | 2                   |                     |         | 53      |
| Rad             | 38.00           | 3:19        | 0:05         | 3                   | 0:37                | 11      | 0:54    | 38.95   | 1:30:35    | 2:19        | 2                   |                     |         | 53      |
| Zwischen Lauf 1 | -               | 10:55       | -            | 2                   | 0:26                | 14      | 1:34    | 38.95   | 1:41:30    | -           | 2                   |                     |         | 52      |
| Zwischen Lauf 3 | -               | 2:24        | -            | 2                   | 0:02                | 12      | 0:20    | 38.95   | 1:43:54    | -           | 2                   |                     |         | 52      |
| Zwischen Lauf 2 | -               | 5:39        | -            | 2                   | 0:10                | 11      | 0:43    | 38.95   | 1:49:33    | -           | 2                   |                     |         | 52      |
| Zwischen Lauf 3 | -               | 4:31        | -            | 1                   | -                   | 1       | -       | 38.95   | 1:54:04    | -           | 2                   |                     |         | 52      |
| Zwischen Lauf 2 | -               | 5:35        | -            | 1                   | -                   | 10      | 0:41    | 38.95   | 1:59:39    | -           | 2                   |                     |         | 52      |
| Zwischen Lauf 3 | -               | 6:00        | -            | 3                   | 0:37                | 27      | 1:25    | 38.95   | 2:05:39    | -           | 2                   |                     |         | 52      |
| Zwischen Lauf 2 | -               | 0:04        | -            | 1                   | -                   | 1       | -       | 38.95   | 2:05:43    | -           | 2                   |                     |         | 52      |
| Strafzeit       | -               | fehlt!      | -            | -                   | -                   | -       | -       | 38.95   | -          | -           | -                   | -                   | -       | -       |
| Lauf            | 10.00           | 4:11        | 0:25         | 7                   | 0:52                | 47      | 2:26    | 48.95   | 2:09:54    | 2:39        | 1                   | -                   | 11      | 1:35:10 |