



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detalizēti rezultāti

Malig, Ralf

Klubs: Bowlingclub Senftenberg

Numurs: 7

Posms: 160.90 km

100MeilenBerlin

Grupa:

Senioren M50 (50-54 Jahre)

Kopējais laiks: 23:46:39

Ātrums: 6.73 km/h

Skrējiena izpildījums: 8:52 min/km

Vieta distancē/Kopā: 105 (no 221)

Vieta distancē/Vīrieši: 94 (no 193)

Distances labākais laiks: 15:53:45

Vieta grupā: 25(no 52)

Grupas labākais laiks: 18:08:24

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | Kopējais rezultāts | | | | | | | | | | |
|------------------|-----------------|-------------|--------------|---------------------|----------------------|------------------------|------------------------|---------|------------|-------------|---------------------|----------------------|------------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši |
| km 6,28 Gedenk: | 6.28 | 45:11 | 7:11 | 35 | 8:59 | 143 | 11:51 | 6.28 | 45:11 | 7:11 | 35 | 8:59 | 143 | 11:51 |
| km 11,32 Behms | 5.04 | 34:09 | 6:46 | 30 | 6:20 | 130 | 9:27 | 11.32 | 1:19:20 | 7:00 | 32 | 12:37 | 136 | 21:18 |
| km 22,10 Lübars | 10.78 | 1:14:37 | 6:55 | 30 | 18:50 | 126 | 23:41 | 22.10 | 2:33:57 | 6:57 | 30 | 29:38 | 126 | 40:46 |
| km 32,52 Naturs | 10.42 | 1:14:54 | 7:11 | 29 | 17:16 | 115 | 23:08 | 32.52 | 3:48:51 | 7:02 | 29 | 46:24 | 119 | 59:21 |
| km 43,36 Ruderc | 10.84 | 1:25:34 | 7:53 | 34 | 25:31 | 128 | 32:46 | 43.36 | 5:14:25 | 7:15 | 31 | 1:11:29 | 123 | 1:30:14 |
| km 55,35 Schönv | 11.99 | 1:27:26 | 7:17 | 18 | 20:16 | 84 | 27:09 | 55.35 | 6:41:51 | 7:15 | 29 | 1:31:45 | 112 | 1:57:23 |
| km 68,07 Garten | 12.72 | 1:40:59 | 7:56 | 15 | 20:10 | 73 | 28:02 | 68.07 | 8:22:50 | 7:23 | 21 | 1:51:55 | 94 | 2:24:41 |
| km 80,53 Schloß | 12.46 | 1:40:46 | 8:05 | 12 | 19:51 | 54 | 29:43 | 80.53 | 10:03:36 | 7:29 | 19 | 2:11:46 | 85 | 2:46:28 |
| km 99,65 Geden | 19.12 | 2:35:38 | 8:08 | 20 | 32:00 | 68 | 50:55 | 99.65 | 12:39:14 | 7:37 | 17 | 2:43:46 | 80 | 3:24:12 |
| km 112,75 Sport | 13.10 | 1:58:09 | 9:01 | 16 | 24:42 | 60 | 1:51:17 | 112.75 | 14:37:23 | 7:46 | 16 | 3:08:28 | 77 | 4:00:54 |
| km 124,92 Lichte | 12.17 | 2:22:23 | 11:41 | 32 | 56:54 | 121 | 1:03:37 | 124.92 | 16:59:46 | 8:09 | 17 | 3:56:47 | 77 | 5:02:56 |
| km 134,98 Buck | 10.06 | 1:47:31 | 10:41 | 34 | 30:30 | 108 | 50:02 | 134.98 | 18:47:17 | 8:21 | 20 | 4:13:14 | 84 | 5:46:34 |
| Test | 9.89 | 1:56:03 | 11:44 | 32 | 35:22 | 93 | 53:16 | 144.87 | 20:43:20 | 8:34 | 22 | 4:43:48 | 84 | 6:39:27 |
| Stadion Lobeckst | 16.01 | 3:03:19 | 11:27 | 32 | 1:01:44 | 98 | 1:13:27 | 160.90 | 23:46:39 | 8:52 | 25 | 5:38:15 | 94 | 7:52:54 |