



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

## Detalizēti rezultāti

**Hennig, Sven Heiko**

Klubs: Gedenken an Fiedel 1985

Numurs: 175

Posms: 160.90 km

100MeilenBerlin

Grupa:

Senioren M45 (45-49 Jahre)

Kopējais laiks: 25:30:57

Ātrums: 6.31 km/h

Skrējiena izpildījums: 9:31 min/km

Vieta distancē/Kopā: 123 (no 221)

Vieta distancē/Vīrieši: 110 (no 193)

Distances labākais laiks: 15:53:45

Vieta grupā: 16(no 35)

Grupas labākais laiks: 17:53:12

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts    | Posma rezultāts |             |              | Vietāztrūkums:Vietāztrūkums |                     |         |         | Kopā    |            |             | Vietāztrūkums:Vietāztrūkums |                     |         |         |
|------------------|-----------------|-------------|--------------|-----------------------------|---------------------|---------|---------|---------|------------|-------------|-----------------------------|---------------------|---------|---------|
|                  | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkums grupā         | Vietāztrūkums grupā | Vīrieši | Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkums grupā         | Vietāztrūkums grupā | Vīrieši | Vīrieši |
| km 6,28 Gedenk:  | 6.28            | 45:01       | 7:10         | 27                          | 8:48                | 139     | 11:41   | 6.28    | 45:01      | 7:10        | 27                          | 8:48                | 139     | 11:41   |
| km 11,32 Behms   | 5.04            | 37:35       | 7:27         | 33                          | 10:29               | 179     | 12:53   | 11.32   | 1:22:36    | 7:17        | 30                          | 16:33               | 163     | 24:34   |
| km 22,10 Lübars  | 10.78           | 1:14:44     | 6:55         | 23                          | 18:01               | 127     | 23:48   | 22.10   | 2:37:20    | 7:07        | 27                          | 31:27               | 153     | 44:09   |
| km 32,52 Naturs  | 10.42           | 1:12:30     | 6:57         | 22                          | 16:13               | 93      | 20:44   | 32.52   | 3:49:50    | 7:04        | 24                          | 47:40               | 121     | 1:00:20 |
| km 43,36 Ruderc  | 10.84           | 1:18:32     | 7:14         | 18                          | 18:46               | 83      | 25:44   | 43.36   | 5:08:22    | 7:06        | 23                          | 1:04:48             | 111     | 1:24:11 |
| km 55,35 Schönv  | 11.99           | 1:28:38     | 7:23         | 18                          | 22:59               | 88      | 28:21   | 55.35   | 6:37:00    | 7:10        | 20                          | 1:26:27             | 103     | 1:52:32 |
| km 68,07 Garten  | 12.72           | 1:49:02     | 8:34         | 20                          | 33:36               | 103     | 36:05   | 68.07   | 8:26:02    | 7:26        | 20                          | 1:59:29             | 101     | 2:27:53 |
| km 80,53 Schloß  | 12.46           | 1:51:03     | 8:54         | 18                          | 34:01               | 86      | 40:00   | 80.53   | 10:17:05   | 7:39        | 20                          | 2:33:30             | 96      | 2:59:57 |
| km 99,65 Geden   | 19.12           | 2:56:56     | 9:15         | 22                          | 1:03:53             | 113     | 1:12:13 | 99.65   | 13:14:01   | 7:58        | 20                          | 3:18:12             | 101     | 3:58:59 |
| km 112,75 Sport  | 13.10           | 2:53:00     | 13:12        | 25                          | 1:25:21             | 143     | 2:46:08 | 112.75  | 16:07:01   | 8:34        | 19                          | 4:16:36             | 114     | 5:30:32 |
| km 124,92 Lichte | 12.17           | 2:13:19     | 10:57        | 17                          | 37:51               | 93      | 54:33   | 124.92  | 18:20:20   | 8:48        | 18                          | 4:40:55             | 108     | 6:23:30 |
| km 134,98 Buck   | 10.06           | 1:47:14     | 10:39        | 17                          | 35:43               | 106     | 49:45   | 134.98  | 20:07:34   | 8:56        | 18                          | 5:16:38             | 111     | 7:06:51 |
| Test             | 9.89            | 2:12:47     | 13:25        | 19                          | 1:03:53             | 123     | 1:10:00 | 144.87  | 22:20:21   | 9:15        | 16                          | 6:20:31             | 107     | 8:16:28 |
| Stadion Lobeckst | 16.01           | 3:10:36     | 11:54        | 19                          | 1:17:14             | 122     | 1:20:44 | 160.90  | 25:30:57   | 9:30        | 16                          | 7:37:45             | 110     | 9:37:12 |