



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

Detalizēti rezultāti

Grittner, Werner

Klubs: LC Duisburg

Numurs: 101

Posms: 42.18 km

Marathon

Grupa:

Senioren M50 (50-54 Jahre)

Kopējais laiks: 4:56:19

Ātrums: 8.50 km/h

Skrējiena izpildījums: 7:01 min/km

Vieta distancē/Kopā: 142 (no 220)

Vieta distancē/Vīrieši: 129 (no 194)

Distances labākais laiks: 3:07:34

Vieta grupā: 23(no 38)

Grupas labākais laiks: 3:42:15

| Kontrolpunkts | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|---------------|-----------------|-------------|--------------|---------------------|----------------------|------------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|------------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši |
| Runde | 3.47 | 21:34 | 6:12 | 22 | 5:42 | 125 | 7:06 | 3.47 | 21:34 | 6:12 | 5 | 0:40 | 132 | |
| Runde | 3.47 | 23:10 | 6:40 | 27 | 7:28 | 158 | 8:34 | 6.94 | 44:44 | 6:26 | 4 | 0:30 | 131 | |
| Runde | 3.47 | 23:07 | 6:39 | 24 | 7:01 | 147 | 8:11 | 10.41 | 1:07:51 | 6:31 | 33 | 16:43 | 177 | |
| Runde | 3.47 | 23:25 | 6:44 | 27 | 6:47 | 152 | 8:19 | 13.88 | 1:31:16 | 6:34 | 4 | 0:10 | 116 | |
| Runde | 3.47 | 23:25 | 6:44 | 21 | 6:37 | 134 | 8:10 | 17.35 | 1:54:41 | 6:36 | 6 | | 130 | 9:23 |
| Runde | 3.47 | 24:13 | 6:58 | 21 | 7:12 | 134 | 8:47 | 20.82 | 2:18:54 | 6:40 | 5 | | 109 | 9:21 |
| Runde | 3.47 | 26:16 | 7:34 | 28 | 8:51 | 157 | 11:09 | 24.29 | 2:45:10 | 6:47 | 6 | | 118 | 1:00:00 |
| Runde | 3.47 | 24:31 | 7:03 | 16 | 6:40 | 103 | 8:48 | 27.76 | 3:09:41 | 6:49 | 4 | | 110 | 1:04:09 |
| Runde | 3.47 | 24:34 | 7:04 | 12 | 5:38 | 78 | 8:20 | 31.23 | 3:34:15 | 6:51 | 6 | | 110 | 1:17:08 |
| Runde | 3.47 | 26:50 | 7:43 | 21 | 5:20 | 113 | 10:16 | 34.70 | 4:01:05 | 6:56 | 33 | 2:38 | 178 | 1:27:21 |
| Runde | 3.47 | 27:26 | 7:54 | 19 | 6:17 | 113 | 10:34 | 38.17 | 4:28:31 | 7:02 | 5 | | 120 | 1:37:48 |
| Runde | 3.97 | 27:48 | 7:00 | 20 | 6:51 | 125 | 10:57 | 42.18 | 4:56:19 | 7:01 | 23 | 1:14:04 | 132 | 3:34:30 |