



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detalizēti rezultāti

Keilmann, Christian

Klubs: DLRG Lorsch e.V.

Numurs: 2

Posms: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Grupa:

Senioren 1 (TM 40)

Kopējais laiks: 1:22:30

Vieta distancē/Kopā: 169 (no 313)

Vieta distancē/Vīrieši: 146 (no 231)

Distances labākais laiks: 58:01

Vieta grupā: 31(no 38)

Grupas labākais laiks: 1:05:31

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrollpunkts | Posma |       |       | Vietāztrūkums:Vietāztrūkums |       |         |         | Kopā  |         |       | Vietāztrūkums:Vietāztrūkums |       |         |         |
|----------------|-------|-------|-------|-----------------------------|-------|---------|---------|-------|---------|-------|-----------------------------|-------|---------|---------|
|                | km    | Laiks | km/h  | grupā                       | grupā | Vīrieši | Vīrieši | km    | Laiks   | km/h  | grupā                       | grupā | Vīrieši | Vīrieši |
| Schwimmen nett | 0.50  | 10:26 | 2.88  | 19                          | 3:08  | 87      | 3:23    | 0.50  | 10:26   | 2.88  | 39                          | 1:25  | 26      | 0:48    |
| Wechsel S->R   | -     | 3:15  | -     | 29                          | 1:32  | 152     | 2:07    | 0.50  | 13:41   | 2.19  | 39                          | 2:50  | 26      | 1:49    |
| Schwimmen Kop  | 0.50  | 13:41 | 2.19  | 39                          | 2:50  | 26      | 1:49    | 0.50  | 13:41   | 2.19  | 39                          | 2:50  | 26      | 1:49    |
| ZZ Rad         | 5.75  | 8:35  | 40.19 | 32                          | 1:51  | 169     | 2:09    | 6.25  | 22:16   | 16.84 | 39                          | 4:00  | 26      | 3:02    |
| ZZ Rad         | 4.25  | 11:54 | 21.43 | 31                          | 2:19  | 168     | 2:39    | 10.50 | 34:10   | 18.44 | 39                          | 6:05  | 26      | 4:51    |
| ZZ Rad         | 4.25  | 11:51 | 21.52 | 31                          | 2:21  | 164     | 2:32    | 14.75 | 46:01   | 19.23 | 39                          | 8:08  | 26      | 6:41    |
| Rad Ziel       | 5.75  | 9:12  | 37.50 | 28                          | 1:53  | 145     | 4:35    | 20.50 | 55:13   | 22.28 | 39                          | 9:24  | 26      | 8:05    |
| Rad Netto      | 20.00 | 41:32 | 28.89 | 31                          | 8:12  | 165     | 23:23   | 20.50 | 55:13   | 22.28 | 39                          | 9:24  | 26      | 8:05    |
| Wechsel R->L   | -     | 0:59  | -     | 20                          | 0:30  | 90      | 0:30    | 20.50 | 56:12   | 21.89 | 39                          | 9:37  | 26      | 8:08    |
| Rad Kopā       | 20.00 | 42:31 | 28.22 | 30                          | 8:28  | 160     | 22:19   | 20.50 | 56:12   | 21.89 | 39                          | 9:37  | 26      | 8:08    |
| ZZ Lauf        | 2.50  | 12:44 | 11.78 | 27                          | 3:10  | 154     | 4:45    | 23.00 | 1:08:56 | 20.02 | 39                          | 12:46 | 26      | 12:01   |
| Lauf Ziel      | 2.50  | 13:34 | 11.06 | 32                          | 3:51  | 161     | 5:01    | 25.50 | 1:22:30 | 18.55 | 31                          | 16:59 | 145     | 24:29   |
| Lauf Kopā      | 5.00  | 26:18 | 11.41 | 30                          | 7:01  | 158     | 9:39    | 25.50 | 1:22:30 | 18.55 | 31                          | 16:59 | 145     | 24:29   |