



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detalizēti rezultāti

Grundmann, Alexander

Klubs: SC Oberursel

Numurs: 372

Posms: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Grupa:

männliche AK 3 (TM 30)

Kopējais laiks: 1:14:15

Vieta distancē/Kopā: 69 (no 313)

Vieta distancē/Vīrieši: 64 (no 231)

Distances labākais laiks: 58:01

Vieta grupā: 8(no 20)

Grupas labākais laiks: 1:00:52

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts  | Posma |       |       | Vietāztrūkums:Vietāztrūkums |       |         |         | Kopā  |         |       | Vietāztrūkums:Vietāztrūkums |       |         |         |
|----------------|-------|-------|-------|-----------------------------|-------|---------|---------|-------|---------|-------|-----------------------------|-------|---------|---------|
|                | km    | Laiks | km/h  | grupā                       | grupā | Vīrieši | Vīrieši | km    | Laiks   | km/h  | grupā                       | grupā | Vīrieši | Vīrieši |
| Schwimmen nett | 0.50  | 11:27 | 2.62  | 14                          | 3:12  | 131     | 4:24    | 0.50  | 11:27   | 2.62  | 21                          |       | 232     | 1:49    |
| Wechsel S->R   | -     | 2:42  | -     | 9                           | 1:07  | 120     | 1:34    | 0.50  | 14:09   | 2.12  | 21                          |       | 232     | 2:17    |
| Schwimmen Kop  | 0.50  | 14:09 | 2.12  | 21                          |       | 232     | 2:17    | 0.50  | 14:09   | 2.12  | 21                          |       | 232     | 2:17    |
| ZZ Rad         | 5.75  | 7:59  | 43.22 | 9                           | 1:33  | 89      | 1:33    | 6.25  | 22:08   | 16.94 | 21                          |       | 232     | 2:54    |
| ZZ Rad         | 4.25  | 11:09 | 22.87 | 10                          | 1:45  | 101     | 1:54    | 10.50 | 33:17   | 18.93 | 21                          |       | 227     | 3:58    |
| ZZ Rad         | 4.25  | 11:01 | 23.15 | 11                          | 1:37  | 98      | 1:42    | 14.75 | 44:18   | 19.98 | 21                          |       | 227     | 4:58    |
| Rad Ziel       | 5.75  | 8:41  | 39.73 | 11                          | 1:14  | 93      | 4:04    | 20.50 | 52:59   | 23.21 | 21                          |       | 232     | 5:51    |
| Rad Netto      | 20.00 | 38:50 | 30.90 | 10                          | 5:43  | 98      | 20:41   | 20.50 | 52:59   | 23.21 | 21                          |       | 232     | 5:51    |
| Wechsel R->L   | -     | 1:07  | -     | 15                          | 0:32  | 120     | 0:38    | 20.50 | 54:06   | 22.74 | 21                          |       | 229     | 6:02    |
| Rad Kopā       | 20.00 | 39:57 | 30.04 | 10                          | 6:13  | 97      | 19:45   | 20.50 | 54:06   | 22.74 | 21                          |       | 229     | 6:02    |
| ZZ Lauf        | 2.50  | 9:52  | 15.20 | 5                           | 1:41  | 21      | 1:53    | 23.00 | 1:03:58 | 21.57 | 21                          |       | 228     | 7:03    |
| Lauf Ziel      | 2.50  | 10:17 | 14.59 | 6                           | 1:44  | 26      | 1:44    | 25.50 | 1:14:15 | 20.61 | 8                           | 13:23 | 64      | 16:14   |
| Lauf Kopā      | 5.00  | 20:09 | 14.89 | 5                           | 3:25  | 22      | 3:30    | 25.50 | 1:14:15 | 20.61 | 8                           | 13:23 | 64      | 16:14   |