



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Detalizēti rezultāti

Kiel, Silke

Klubs: Laufteam Fürth 2010

Numurs: 195

Posms: 160.90 km

100MeilenBerlin

Grupa:

Seniorinnen W45 (45-49 Jahre)

Kopējais laiks: 22:46:29

Ātrums: 7.03 km/h

Skrējiena izpildījums: 8:29 min/km

Vieta distancē/Kopā: 86 (no 246)

Vieta distancē/Sievietes: 6 (no 35)

Distances labākais laiks: 18:16:29

Vieta grupā: 2(no 7)

Grupas labākais laiks: 18:59:19

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts     | Posma rezultāts |             |              | Kopējais rezultāts  |                               |         |            |             |                     |                               |   |         |    |         |
|-------------------|-----------------|-------------|--------------|---------------------|-------------------------------|---------|------------|-------------|---------------------|-------------------------------|---|---------|----|---------|
|                   | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkums grupā | Vietāztrūkums grupā sievietes | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkums grupā | Vietāztrūkums grupā sievietes |   |         |    |         |
| VP1 - Mahnmal P   | 9.02            | 1:01:21     | 6:48         | 3                   | 9:49                          | 10      | 9:49       | 9.02        | 1:01:21             | 6:48                          | 3 | 9:49    | 10 | 9:49    |
| VP2 - Schlesische | 5.98            | 35:23       | 5:55         | 2                   | 2:24                          | 8       | 2:24       | 15.00       | 1:36:44             | 6:26                          | 2 | 12:13   | 8  | 12:13   |
| VP3 - Sonnenalle  | 6.00            | 37:10       | 6:11         | 2                   | 3:41                          | 10      | 3:41       | 21.00       | 2:13:54             | 6:22                          | 2 | 15:54   | 8  | 15:54   |
| VP4 - Stubenrauc  | 5.73            | 35:38       | 6:13         | 2                   | 4:16                          | 7       | 4:16       | 26.73       | 2:49:32             | 6:20                          | 2 | 20:10   | 8  | 20:10   |
| VP5 - U-Bahnhof   | 4.30            | 30:29       | 7:05         | 2                   | 3:54                          | 6       | 3:54       | 31.03       | 3:20:01             | 6:26                          | 2 | 24:04   | 8  | 24:04   |
| VP6 - Buckower I  | 5.40            | 37:39       | 6:58         | 2                   | 5:05                          | 11      | 5:05       | 36.43       | 3:57:40             | 6:31                          | 2 | 29:09   | 8  | 29:09   |
| VP7 - Kirchhainer | 5.54            | 40:33       | 7:19         | 2                   | 7:37                          | 9       | 7:37       | 41.97       | 4:38:13             | 6:37                          | 2 | 36:46   | 8  | 36:46   |
| VP8 - Lichtenrad  | 4.42            | 32:07       | 7:15         | 2                   | 5:52                          | 12      | 5:52       | 46.39       | 5:10:20             | 6:41                          | 2 | 42:38   | 8  | 42:38   |
| VP9 - Osdorfer St | 5.77            | 46:14       | 8:00         | 4                   | 11:20                         | 16      | 11:20      | 52.16       | 5:56:34             | 6:50                          | 2 | 53:58   | 9  | 53:58   |
| VP10 - Sportplatz | 6.41            | 58:13       | 9:04         | 5                   | 14:24                         | 15      | 18:09      | 58.57       | 6:54:47             | 7:04                          | 2 | 1:08:22 | 10 | 1:08:22 |
| VP11 - Königsw    | 6.18            | 51:41       | 8:21         | 5                   | 13:03                         | 15      | 13:03      | 64.75       | 7:46:28             | 7:12                          | 2 | 1:21:25 | 8  | 1:21:25 |
| VP12 - Gedenkst   | 6.18            | 1:11:41     | 11:35        | 7                   | 25:23                         | 27      | 28:12      | 70.93       | 8:58:09             | 7:35                          | 3 | 1:46:48 | 12 | 1:46:48 |
| VP13 - Brauhaus   | 6.84            | 57:46       | 8:26         | 3                   | 9:28                          | 8       | 14:59      | 77.77       | 9:55:55             | 7:39                          | 2 | 1:56:16 | 11 | 1:56:16 |
| VP14 - Revierförs | 6.06            | 48:33       | 8:00         | 4                   | 8:07                          | 7       | 8:07       | 83.83       | 10:44:28            | 7:41                          | 2 | 2:04:23 | 11 | 2:04:23 |
| VP15 - Schloß Sa  | 6.20            | 1:08:36     | 11:03        | 4                   | 19:08                         | 12      | 22:02      | 90.03       | 11:53:04            | 7:55                          | 2 | 2:23:31 | 11 | 2:23:31 |
| VP16 - Pagel & Fi | 7.63            | 1:07:01     | 8:46         | 5                   | 10:56                         | 12      | 17:41      | 97.66       | 13:00:05            | 7:59                          | 2 | 2:34:27 | 11 | 2:40:42 |
| VP17 - Wilhelmst  | 4.84            | 43:09       | 8:54         | 4                   | 3:03                          | 11      | 10:10      | 102.50      | 13:43:14            | 8:01                          | 2 | 2:37:30 | 9  | 2:50:52 |
| VP18 - Falkensee  | 6.58            | 56:00       | 8:30         | 2                   | 5:20                          | 7       | 11:18      | 109.08      | 14:39:14            | 8:03                          | 2 | 2:42:50 | 9  | 3:02:10 |
| VP19 - Schönwal   | 5.70            | 52:28       | 9:12         | 2                   | 8:04                          | 9       | 10:26      | 114.78      | 15:31:42            | 8:07                          | 2 | 2:50:54 | 8  | 3:12:36 |
| VP20 - Grenzturn  | 7.53            | 1:09:32     | 9:14         | 4                   | 8:48                          | 9       | 21:05      | 122.31      | 16:41:14            | 8:11                          | 2 | 2:59:42 | 8  | 3:27:13 |
| VP21 - Ruderclub  | 4.78            | 55:54       | 11:41        | 5                   | 12:56                         | 14      | 15:38      | 127.09      | 17:37:08            | 8:19                          | 2 | 3:12:38 | 8  | 3:42:51 |
| VP22 - Frohnau (  | 4.03            | 38:34       | 9:34         | 3                   | 6:08                          | 7       | 8:25       | 131.12      | 18:15:42            | 8:21                          | 2 | 3:18:46 | 8  | 3:51:16 |
| VP23 - Naturschu  | 6.78            | 1:04:08     | 9:27         | 3                   | 8:30                          | 6       | 11:46      | 137.90      | 19:19:50            | 8:24                          | 2 | 3:24:19 | 8  | 4:03:02 |
| VP24 - Oranienbu  | 4.75            | 46:43       | 9:50         | 4                   | 6:44                          | 7       | 8:11       | 142.65      | 20:06:33            | 8:27                          | 2 | 3:30:47 | 8  | 4:11:13 |
| VP25 - Lübars     | 5.69            | 50:58       | 8:57         | 4                   | 5:31                          | 5       | 5:31       | 148.34      | 20:57:31            | 8:28                          | 2 | 3:35:33 | 7  | 4:15:49 |
| VP26 - S-Bahnhö   | 5.71            | 51:19       | 8:59         | 4                   | 7:10                          | 7       | 7:10       | 154.05      | 21:48:50            | 8:29                          | 2 | 3:39:56 | 6  | 4:22:08 |
| VP27 - Wollankst  | 3.09            | 22:02       | 7:07         | 4                   | 5:03                          | 8       | 5:03       | 157.14      | 22:10:52            | 8:28                          | 2 | 3:41:51 | 6  | 4:25:29 |
| Friedrich-Ludwig  | 3.76            | 35:37       | 9:28         | 3                   | 9:31                          | 7       | 9:31       | 160.90      | 22:46:29            | 8:29                          | 2 | 3:47:10 | 6  | 4:30:00 |